CLAIMS

1. Compositions consisting of phospholipid-complexed curcumin and an *Echinacea angustifolia* extract, mixed with acceptable excipients, wherein the compositions contain 0.2% w/w of curcumin complexed with phospholipids and 0.2% w/w of the *Echinacea angustifolia* extract or 500 mg of curcumin complexed with phospholipids and 5 mg of the *Echinacea angustifolia* extract.

2. Compositions according to claim 1 wherein the *Echinacea angustifolia* extract is prepared by extraction with supercritical carbon dioxide.

3. Compositions according to claim 1 or 2, for oral administration.

4. Compositions according to claim 1 or 2, for topical administration.

5. Compositions according to any one of claims 1-4 for use in the treatment of peripheral pain, joint and muscle pain, inflammatory conditions, superficial pain and deep pain conditions.

6. Compositions according to any one of claims 1-4 for use in the treatment of osteoarthritis and rheumatoid arthritis.

7. Use of compositions according to any one of claims 1-4 in the manufacture of a medicament for the treatment of peripheral pain, joint and muscle pain, inflammatory conditions, superficial pain and deep pain conditions.

8. Use of compositions according to any one of claims 1-4 in the manufacture of a medicament for the treatment of osteoarthritis and rheumatoid arthritis.