

ABSTRACT

A nasal congestion reliever (1) is mounted to the nose in order to relieve nasal congestion. The nasal congestion reliever (1) is provided with a pair of storage parts (2) in which a chemical exothermic composition (4) is stored, and a connection part (3) that connects the pair of storage parts (2). Each storage part (2) has an aeration part for bringing the chemical exothermic composition (4) into contact with air. The moisture permeability of each aeration part is $600\text{g}/(\text{m}^2\cdot 24\text{h})$ to $20,000\text{g}/(\text{m}^2\cdot 24\text{h})$.