

ABSTRACT

COMPOSITION

The present invention provides a composition comprising:
honey; bee pollen; royal jelly; and propolis, wherein the content of the
honey is 70% by mass or more and less than 100% by mass relative to
the whole amount of the composition; the content of the bee pollen is
more than 0% by mass and 10% by mass or less in terms of solid
content relative to the whole amount of the composition; the content of
the royal jelly is more than 0% by mass and 10% by mass or less in
terms of solid content relative to the whole amount of the composition;
and the content of the propolis is more than 0% by mass and 10% by
mass or less in terms of solid content relative to the whole amount of the
composition.