

SOLID PASTE COMPOSITION FOR COOKING AND METHOD FOR PRODUCING SAME

ABSTRACT

A solid paste composition for cooking that contains beans and satisfies all of the following (1) to (4).

- (1) Containing 3 % by mass or higher, on a dry mass basis, of an insoluble dietary fiber.
- (2) Containing 10 % by mass or higher, on a dry mass basis, of a starch.
- (3) Containing 4 % by mass or higher, on a dry mass basis, of a protein.
- (4) After isothermally treating the solid paste composition in 40 times as much water at 90 °C for 5 minutes, the Haze value of the water being 25% or lower.

[No Available Figure]