

ABSTRACT

An object of the present invention is to provide a processed food containing livestock meat and/or a vegetable protein materials which provides juiciness even immediately after heating and also provides juiciness even after heating and leaving to cool, that is, the processed food in which a flavor is maintained. Another object of the present invention is to provide a processed food having excellent workability in production of the processed food. Further another object of the present invention is to provide a pure vegetable oil-and-fat that satisfies both of these requirements. It has been found that when an oil-and-fat to be kneaded into a processed food that exhibits a specific solid fat content and is pure vegetable is used for a processed food containing livestock meat and/or a vegetable protein material, it is possible to simply prepare a processed food containing livestock meat and/or a vegetable protein material which satisfies both excellent workability and maintenance of juiciness immediately after heating and after heating and leaving to cool.