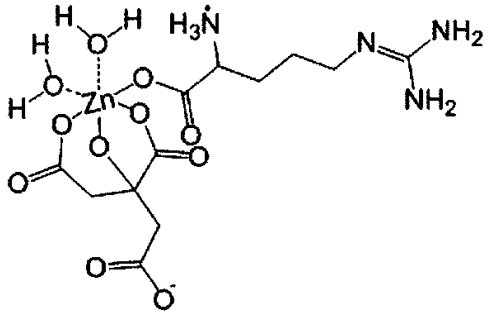
【CLAIMS】

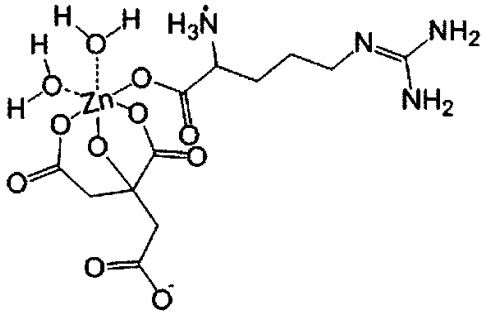
1. A complex compound of the following formula (1) or a hydrate thereof in which zinc has a divalent oxidation number and two water molecules are coordinated together with citric acid and arginine:

   Formula (1)



2. A method for preparing a complex compound of following formula (1) thereof in which zinc has a divalent oxidation number and two water molecules are coordinated together with citric acid and arginine, the method comprising mixing a zinc compound, citric acid and arginine:

   Formula (1)



3. The method of claim 2, wherein the complex compound is prepared in an aqueous solution and a pH of a solution is adjusted.