WHAT IS CLAIMED IS:

1. A tube with gussets comprising a fitment with at least one substantially curved concave region, and a tube body joined to the fitment, wherein the tube body is interconnected at a first end to the fitment such as to form at least one side gusset along at least a portion of the length of the tube body and complementary to the at least one substantially curved concave region of the fitment, and wherein the tube body is sealed at a second end distant from the fitment.

2. The tube of claim 1, wherein the fitment further includes a dispensing portion.

3. The tube of claim 2, wherein the dispensing portion is selected from the group consisting of spout, a hole or an aperture.

4. The tube of claim 3 further including a cap interconnected to the fitment.

5. The tube of claim 4, wherein the cap is interconnected to the fitment via a screw-on system, a hinged system or a mechanical coupling system.

6. The tube of claim 1, wherein the fitment has one substantially curved concave region and the tube body has one complementary side gusset.

7. The tube of claim 1, wherein the fitment has two substantially curved concave regions and the tube body has two complementary side gussets.

8. The tube of claim 7, wherein the two substantially curved concave regions are located on opposing sides of the fitment.

9. The tube of claim 1, wherein the fitment has three substantially curved concave regions and the tube body has three complementary side gussets.

10. The tube of claim 9, wherein the three substantially curved concave regions are located about equidistant from one another on the fitment.

11. The tube of claim 1, wherein the at least one side gusset is formed along substantially the entire length of the tube body.

12. The tube of claim 1, wherein the at least one side gusset is formed along about one-third of the length of the tube body.

13. The tube of claim 1, wherein the at least one side gusset is formed along about one-half of the length of the tube body.

14. The tube of claim 1, wherein the at least one side gusset is formed along about two-thirds of the length of the tube body.

15. The tube of claim 1, wherein the fitment is formed from polypropylene, polystyrene, polyester, nylon, polyethylene, polyhydroxyalkanoate, polylactic acid, polyester from sugar cane or corn derived ethanol or molded pulp.

16. The tube of claim 1, wherein the tube body is formed from a film selected from the group consisting of a monolayer film, a coextruded film, a multilayer film, a laminated film or a film in film type construction.

17. The tube of claim 16, wherein the film is formed from polypropylene, polystyrene, polyester, nylon, ethylene vinyl alcohol, polyethylene, polyhydroxyalkanoate, polylactic acid, polyester from sugar cane or corn derived ethanol, cellulose, aluminum foil or combinations thereof.

18. The tube of claim 16 wherein the thickness of the film is at least 10% less than the film thickness for a comparably sized tube without the at least one side gusset formed along at least a portion of the length of the tube body.

19. The tube of claim 1, wherein the tube body fits over the outside diameter of the fitment or the tube body fits within the inside diameter of the fitment.

20. The tube of claim 19, further including a ring or split ring to fasten the tube body over the outside diameter of the fitment.

21. The tube of claim 1, wherein the fitment further includes a recessed area in the outside diameter of the first end.

22. The tube of claim 21, wherein the tube body is seated in the recessed area in the outside diameter of the fitment such the tube body is flush with the outside diameter of the fitment in the non-recessed area of the outer diameter of the fitment.

23. The tube of claim 1 further comprising at least two fitment shoulders on either side of the at least one substantially curved concave region of the fitment.

24. The tube of claim 23 further comprising at least two gusset shoulders on either side of the at least one side gusset.

25. The tube of claim 24 wherein the at least two gusset shoulders are complementary to the at least two fitment shoulders.

26. The tube of claim 1 wherein the at least one side gusset along at least a portion of the length of the tube body decreases in depth along the length of the tube body.

27. The tube of claim 1 wherein the at least one side gusset along at least a portion of the length of

the tube body increases in depth along the length of the tube body.

28. The tube of claim 1 wherein the at least one side gusset further includes at least one crease or seal along at least a portion of the length of the tube body.

29. The tube of claim 1 further including a hang hole in the second end of the sealed tube body.

30. A method of making a tube with gussets comprising: i) providing a fitment with at least one substantially curved concave region, and a tube body formed of a film; ii) joining one end of the fitment to a first end of the tube body such as to form at least one side gusset along at least a portion of the length of the tube body and complementary to the at least one substantially curved concave region of the fitment; and iii) sealing the tube body at a second end distant from the fitment to form a tube.

31. The method of claim 30, wherein the fitment further includes a dispensing portion selected from the group consisting of spout, a hole or an aperture.

32. The method of claim 31 further comprising providing a cap and interconnecting the cap to the fitment via a screw-on system, a hinged system or a mechanical coupling system.

33. The method of claim 30 wherein the tube body is printed.

34. The method of claim 30 wherein the film of the tube body is selected from the group consisting of a monolayer film, a coextruded film, a multilayer film, a laminated film and a film in film type construction.

35. The method of claim 34 wherein the film is formed from a method selected from the group consisting of monolayer blown film extrusion, monolayer cast film extrusion, multilayer blown film coextrusion, multilayer cast film coextrusion, extrusion lamination, thermal lamination, solvent adhesive lamination, solventless adhesive lamination, and combinations thereof.

36. The method of claim 30 wherein the sealing of the tube body at a second end distant from the fitment occurs by a method selected from group consisting of heating, gluing, ultrasonic, RF and combinations thereof.

37. The method of claim 30 further including filling the interior of the tube with a liquid, a solid or combinations thereof through the second end of the tube body distant from the fitment prior to the sealing step.

38. The method of claim 31 further including filling the interior of the tube with a liquid, a powdered solid or combinations thereof through the dispensing portion of the fitment.

What is claimed is:

1. A tube with gussets comprising a fitment with at least one substantially curved concave region, and a tube body with a single chamber joined to the fitment, wherein the tube body is interconnected at a first end to the fitment such as to form at least one side gusset along at least a portion of the length of the tube body and complementary to the at least one substantially curved concave region of the fitment, and wherein the tube body is sealed at a second end distant from the fitment, wherein the at least one side gusset is a substantially concave region of the tube body where the tube body is pushed inwards towards the center of the tube along a side of the tube body.

2. The tube of claim 1, wherein the fitment further includes a dispensing portion.

3. The tube of claim 2, wherein the dispensing portion is selected from the group consisting of spout, a hole or an aperture.

4. The tube of claim 3 further including a cap interconnected to the fitment.

5. The tube of claim 4, wherein the cap is interconnected to the fitment via a screw-on system, a hinged system or a mechanical coupling system.

6. The tube of claim 1, wherein the fitment has one substantially curved concave region and the tube body has one complementary side gusset.

7. The tube of claim 1, wherein the fitment has two substantially curved concave regions and the tube body has two complementary side gussets.

8. The tube of claim 7, wherein the two substantially curved concave regions are located on opposing sides of the fitment.

9. The tube of claim 1, wherein the fitment has three substantially curved concave regions and the tube body has three complementary side gussets.

10. The tube of claim 9, wherein the three substantially curved concave regions are located about equidistant from one another on the fitment.

11. The tube of claim 1, wherein the at least one side gusset is formed along substantially the entire length of the tube body.

12. The tube of claim 1, wherein the at least one side gusset is formed along about one-third of the length of the tube body.

13. The tube of claim 1, wherein the at least one side gusset is formed along about one-half of the length of the tube body.

14. The tube of claim 1, wherein the at least one side gusset is formed along about two-thirds of the length of the tube body.

15. The tube of claim 1, wherein the fitment is formed from polypropylene, polystyrene, polyester, nylon, polyethylene, polyhydroxyalkanoate, polylactic acid, polyester from sugar cane or corn derived ethanol or molded pulp.

16. The tube of claim 1, wherein the tube body is formed from a film selected from the group consisting of a monolayer film, a coextruded film, a multilayer film, a laminated film or a film in film type construction.

17. The tube of claim 16, wherein the film is formed from polypropylene, polystyrene, polyester, nylon, ethylene vinyl alcohol, polyethylene, polyhydroxyalkanoate, polylactic acid, polyester from sugar cane or corn derived ethanol, cellulose, aluminum foil or combinations thereof.

18. The tube of claim 16 wherein the thickness of the film is at least 10% less than the film thickness for a comparably sized tube without the at least one side gusset formed along at least a portion of the length of the tube body.

19. The tube of claim 1, wherein the tube body fits over the outside diameter of the fitment or the tube body fits within the inside diameter of the fitment.

20. The tube of claim 19, further including a ring or split ring to fasten the tube body over the outside diameter of the fitment.

21. The tube of claim 1, wherein the fitment further includes a recessed area in the outside diameter of the first end.

22. The tube of claim 21, wherein the tube body is seated in the recessed area in the outside diameter of the fitment such the tube body is flush with the outside diameter of the fitment in the non-recessed area of the outer diameter of the fitment.

23. The tube of claim 1 further comprising at least two fitment shoulders on either side of the at least one substantially curved concave region of the fitment.

24. The tube of claim 23 further comprising at least two gusset shoulders on either side of the at least one side gusset.

25. The tube of claim 24 wherein the at least two gusset shoulders are complementary to the at least two fitment shoulders.

26. The tube of claim 1 wherein the at least one side gusset along at least a portion of the length of the tube body decreases in depth along the length of the tube body.

27. The tube of claim 1 wherein the at least one side gusset along at least a portion of the length of the tube body increases in depth along the length of the tube body.

28. The tube of claim 1 wherein the at least one side gusset further includes at least one crease or seal along at least a portion of the length of the tube body.

29. The tube of claim 1 further including a hang hole in the second end of the sealed tube body.

30. A method of making a tube with gussets comprising: i) providing a fitment with at least one substantially curved concave region, and a tube body with a single chamber formed of a film; ii) joining one end of the fitment to a first end of the tube body such as to form at least one side gusset along at least a portion of the length of the tube body and complementary to the at least one substantially curved concave region of the fitment; and iii) sealing the tube body at a second end distant from the fitment to form a tube, wherein the at least one side gusset is a substantially concave region of the tube body where the tube body is pushed inwards towards the center of the tube along a side of the tube body.

31. The method of claim **30**, wherein the fitment further includes a dispensing portion selected from the group consisting of spout, a hole or an aperture.

32. The method of claim **31** further comprising providing a cap and interconnecting the cap to the fitment via a screw-on system, a hinged system or a mechanical coupling system.

33. The method of claim **30** wherein the tube body is printed.

34. The method of claim **30** wherein the film of the tube body is selected from the group consisting of a monolayer film, a coextruded film, a multilayer film, a laminated film and a film in film type construction.

35. The method of claim **34** wherein the film is formed from a method selected from the group consisting of monolayer blown film extrusion, monolayer cast film extrusion, multilayer blown film coextrusion, multilayer cast film coextrusion, extrusion lamination, thermal lamination, solvent adhesive lamination, solventless adhesive lamination, and combinations thereof.

36. The method of claim **30** wherein the sealing of the tube body at a second end distant from the fitment occurs by a method selected from group consisting of heating, gluing, ultrasonic, RF and combinations thereof.

37. The method of claim **30** further including filling the interior of the tube with a liquid, a solid or combinations thereof through the second end of the tube body distant from the fitment prior to the sealing step.

38. The method of claim **31** further including filling the interior of the tube with a liquid, a powdered solid or combinations thereof through the dispensing portion of the fitment.