15. The article of manufacture of claim 11, wherein the at least one adhesion promoter further comprises at least one compound containing at least one heteroatom-containing functional group and at least one metathesis-active olefin.

16. Use of at least one compound containing at least two isocyanate groups as an adhesion promoter for adhering a metathesis-polymerized resin composition to a substrate material.

~~17. A method for modifying the onset of a ROMP reaction of a cyclic olefin catalyzed by an olefin metathesis catalyst, comprising:~~

~~combining a hydroperoxide gel modifier with a cyclic olefin and an olefin metathesis catalyst, thereby forming a ROMP composition, and~~

~~subjecting the ROMP composition to conditions effective to promote a ROMP reaction of the cyclic olefin in the presence of the olefin metathesis catalyst and the added hydroperoxide gel modifier,~~

~~wherein the hydroperoxide is added in an amount effective to increase the gel time of the ROMP reaction of the cyclic olefin catalyzed by the olefin metathesis catalyst in the absence of the added hydroperoxide.~~