

Abstract

Provided is an oil-in-water oil and/or fat emulsion composition containing water, a protein, and an oil and/or fat, wherein an amount of the oil and/or fat is 50 mass% or more when a total amount of water, the protein, and the oil and/or fat in the oil and/or fat emulsion composition is 100 mass%, a compressive load of the oil and/or fat emulsion composition measured at 25°C is 2.0 N or more, and 50 mass% or more in a protein material related to the protein is derived from a plant protein material having all characteristics of a) to c) below: a) a protein content in a solid content is 70 mass% or more; b) an NSI is 80 or more; and c) an area ratio of 2000 Da or more and less than 20000 Da is 30% or more and an area ratio of 20000 Da or more is 70% or less in a measurement result of molecular weight distribution.

FIG. 2 and FIG. 3