9. Sports apparatus of any of claims 1 to 8, wherein the area covered by the lower part (32) of the support structure (30) contacting the base (2) is less than the area bounded by the perpendicular projection of the foundation body (10) on the base (2) supporting the sports apparatus (1).

10. Sports apparatus of any of claims 1 to 9, wherein the obstacle element (20) is made of rigid material.

11. Sports apparatus of claim ~~1~~10, wherein the obstacle element (20) is accompanied with a spacing adjuster component (22) to adjust the distance between the upper edge (21) of the obstacle element (20) and the convex top surface (15) of the upper member (10a) of the foundation body (~~2~~10).