

ABSTRACT

The present invention provides a composition containing a sugar-based surfactant and a water-based solvent, a coated food product having a coating containing the sugar-based surfactant, and a coated food product manufacturing method and a coating formation method in which the composition is applied to the food product. Further, the present invention provides a food product shipping method that includes a step (A) of conveying a food product, a step (B) of forming a coating on the food product, and a step (C) of inspecting the coated food product by using an evaluation device, in which in the step (B), the coating is formed by the coating formation method. It is possible to propose a composition which can maintain the freshness of food products without using a packaging film made of resin, a coated food product, a coated food product manufacturing method, a coating formation method and a food product shipping method.