Claims

1. A method for preparing a substance for treatment and/or prevention of diseases, comprising:

preparing a stable structure corresponding to a substance as the substance for treatment and/or prevention of diseases associated with the substance, or diseases caused by the substance, which comprises:

preparing a stable structure corresponding to a pathologically changed substance as the substance for treatment and/or prevention of diseases caused by a pathologically changed substance identical or similar to the pathologically changed substance, or

preparing a stable structure corresponding to a pathologically unchanged substance as the substance for treatment and/or prevention of diseases caused by a pathological change in a substance identical or similar to the pathologically unchanged substance;

wherein the stable structure corresponding to the substance refers to a structure of the substance that is present in a solid state under a high temperature of 500°C or more,

wherein the diseases associated with the substance include a disease caused by some materials in the substance and/or a disease caused by changes in some materials in the substance.

2. The method of claim 1, wherein the disease is a lactose intolerance, and the method comprising:

using a stable structure corresponding to lactose or to a lactose-containing substance as the substance for treatment and/or prevention of lactose intolerance;

wherein the stable structure corresponding to the substance refers to a structure of the substance that is present in a solid state under a high temperature of 500°C or more.

3. The method of claim 1, comprising,

using a stable structure corresponding to substance C or a substance containing substance C as the substance for treatment and/or prevention of disease A caused by a certain substance,

wherein

disease A is a disease caused directly by the certain substance or caused by a pathological change in the certain substance;

substance B is a substance associated with disease A;

substance C is similar to or of the same type as substance B, and the certain substance does not induce disease A in an organism containing substance C;

the stable structure corresponding to the substance refers to a structure of the substance that is present in a solid state under a high temperature of 500°C or more.

4. The method of claim 1, comprising:

using a stable structure corresponding to substance C or a substance containing substance C as the substance for treatment and/or prevention of disease A,

wherein
disease A is the disease to be treated or prevented;
substance B is a substance associated with disease A;
substance C is similar to or of the same type as substance B, and an organism containing substance C would not have disease A;
the stable structure corresponding to the substance refers to a structure of the substance that is present in a solid state under a high temperature of 500°C or more.

5. The method of claim 1, wherein the disease is a rhinitis, and the method comprising:
using a stable structure corresponding to a substance associated with rhinitis as the substance for treatment and/or prevention of rhinitis;
wherein the stable structure corresponding to the substance refers to a structure of the substance that is present in a solid state under a high temperature of 500°C or more.

6. The method of claim 5, wherein the stable structure corresponding to the substance associated with rhinitis is one or more selected from:
(1) a stable structure corresponding to a substance causing rhinitis in an organism;
(2) a stable structure corresponding to a rhinitis-associated substance of an organism itself;
(3) a stable structure corresponding to a substance containing a rhinitis-inhibiting structure; and
(4) a stable structure corresponding to a substance containing the substance according to any one of (1) to (3) above.

7. A substance for treatment and/or prevention of diseases, prepared according to the method of claim 1.

8. The substance for treatment and/or prevention of diseases of claim 7, wherein the stable structure corresponding to the substance or a substance comprising the substance is prepared by carbonization at high-temperature of 500°C or more.

9. The substance for treatment and/or prevention of diseases of claim 7, which is usable for manufacture of medicaments, health products, food, and food additives.