Claims

1. Use of *Bifidobacterium lactis* in the manufacture of a composition for use in prevention and/or amelioration of gastritis, wherein the *Bifidobacterium lactis* is *Bifidobacterium lactis* having the deposit number of CGMCC No. 15650.
2. The use according to claim 1, wherein the prevention and/or amelioration of gastritis comprises one or more of the following efficacies:
   ameliorating the symptoms of functional dyspepsia;
   increasing the levels of pepsinogen I (PGI) and/or PGI/PGII indicators;
   regulating the amount of gastric acid secretion; and/or
   reducing the expression of inflammatory factors IL-6 and/or TNF-α.
3. The use according to claim 1, wherein the prevention and/or amelioration of gastritis comprises:
   preventing and/or ameliorating chronic gastritis, and/or
   preventing and/or ameliorating gastric mucosal atrophy associated with gastritis.
4. The use according to claim 1, wherein the composition comprises a food composition, a feed composition, or a pharmaceutical composition.
5. The use according to claim 1, wherein the *Bifidobacterium lactis* is used in the form of a solid or liquid bacterial preparation for the preparation of the composition.
6. The use according to claim 1, wherein the *Bifidobacterium lactis* is used in the form of live bacteria or inactivated bacteria for the preparation of the composition.
7. The use according to claim 4, wherein the pharmaceutical composition further comprises a pharmaceutically acceptable auxiliary material, and the auxiliary material comprises an excipient, a diluent, a filler, and/or an absorption enhancer.
8. The use according to any one of claims 4-7, wherein the *Bifidobacterium lactis* is taken in an amount of 1.0×10^3 CFU/day to 1.0×10^{12} CFU/day, preferably 1.0×10^7 CFU/day to 1.0×10^{11} CFU/day.
9. The use according to any one of claims 4-7, wherein the composition is a food composition.
10. The use according to claim 9, wherein the food is a fermented dairy product, cheese, a dairy beverage, a solid beverage, a tableted candy, a milk tablet, ice cream, or milk powder.
11. A composition for use in prevention and/or amelioration of gastritis, comprising an effective amount of *Bifidobacterium lactis* having the deposit number of CGMCC No. 15650.

12. The composition according to claim 11, wherein the composition comprises a food composition, a feed composition, or a pharmaceutical composition.