

Method and device for heating pre-prepared meals

The invention relates to a method for heating pre-prepared meals and a device, it being possible to carry
5 out a wide variety of application areas in the catering industry, such as for example the holding of banquets, serving of meals in public establishments, such as hospitals and care homes in particular, and also the serving of meals in vehicles, in particular on
10 aircraft.

The invention is based on the method and device for heating food described in DE 27 11 088, in which the heating of the food located in closed containers takes
15 place by means of induction heating of conducting elements in the containers.

In the case of the solution described there, the use of special food receptacles is generally necessary, as is
20 also the case elsewhere for the inductive heating of food. The use of special kitchenware or, as likewise specified in DE 27 11 088, specially fitted-out containers or trays, the increased cost aspect of which is not generally justified, has also generally only
25 been accepted rarely by users up until now.

Furthermore, the heating which can be achieved by induced eddy currents takes place in the known systems exclusively by means of heat conduction, convection and
30 radiation, which, in particular in the case of convection

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are

handed out.

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Since the various catering companies also use different receptacles of different materials and in different dimensions, there may be further increased energy consumption and not optimum utilization of the space available in the ovens used there.

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Furthermore, JP-A-100 28 648 discloses a pot for cooking gyoza. Gyozas are filled pockets of pasta

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which are an Asiatic specialty. The gyozas can be inductively heated in this pot, being arranged on a metallic or carbon-containing base plate and induction coils separated by a plate of non-inductive material being arranged under said plate. Also in such a pot there is water, which is heated by using the induced heat, so that the gyozas can be prepared in a pot using the pressure cooker principle.

10 It is therefore the object of the invention to specify a possible way of heating prepared meals in a short time, to the extent that they are suitable for consumption, with low expenditure, in a highly effective manner and with good quality.

15 This object is achieved according to the invention by the features of patent claims 1 and 7. Advantageous refinements and developments of the invention emerge from the features contained in the subordinate claims.

20 In the invention, it is important in particular that the heating of the items of food or meals, if at all, by convection, induction or heat radiation is achieved additionally by hot steam. In this way, not only can the effectiveness, i.e. the efficiency, be improved and the heating time reduced, but a regeneration of the prepared meals can also be achieved, having positive effects not only in terms of improving the esthetic appearance but also in terms of flavor.

30 For this purpose, the way of proceeding is that the steam is generated directly in a device with which the meals are to be heated.

35 The temperature is maintained at an adequate level with the aid of induction, so that condensation of the steam during the heating phase can be avoided. The steam is generated directly in the device during the heating, it

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being intended for the temperature to be chosen such that hot steam can be used for heating the meals.

5 The steam is generated with the aid of the induction heating coils, so that it is possible to dispense with other heating systems or elements.

10 In a favorable way, the receptacles in which the meals to be heated are contained are placed into a corresponding device and positioned with respect to the induction heating coils, it being possible for particularly favorable induction heating coils for heat from above and below to be arranged above and below such a receptacle which contains meals to be heated.

15 Since, according to the invention, virtually any receptacles are to be used, in other words it is not necessary to resort to special kitchenware, it is favorable [lacuna] the eddy currents in electrically
20 conducting materials (preferably ferro- or paramagnetic), which in the form of foils, foil parts or metal sheets favorably constitute part of such a heating device or of push-in containers, which will be discussed in more detail later.

25 In this case, the metallic sheet-like elements generally to be used in particular for the heat from above may be

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20 of a slotted or plastic-coated form,
allowing an automatic regulation of power, and
accordingly also the temperature, an increase in the
corrosion resistance and/or heat emitting capacity.

25 The sheet-like elements in which the required heat for
the heat from below is to be generated by induction may
also be advantageously used for the generation of the
steam. In this case, these parts may be designed in
specific regions in such a way that they can take the
water for the steam generation required for the heating
30 and regeneration of the meals and may be designed for
example in a channel-like manner and, particularly
advantageously, in an annular manner around the
respective receptacle.

35 Such foils or metal sheets may be surface-treated, in
order on the one hand to improve their heat emitting
capacity and on the other hand to form a corrosion
protection.

In this case, the foils or metal sheets may be arranged such that they are individually assigned to an induction heating coil, or else one such element is assigned to a plurality of such coils.

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There is also the possibility of using an additional induction in the receptacles containing the meals, in which such a receptacle is enclosed by a ring of a material suitable for this purpose, which can
10 concentrate the field in the direction of the receptacle base.

It must be noted that the sheet-like element responsible for the heat from below in some cases can
15 absorb only certain parts of the field, if it consists for example of a relatively unfavorable material, is slotted or does not have an adequate thickness for a full skin depth, so that the remaining proportion is transferred into the base of the receptacle.

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A further possibility which can be used with the solution according to the invention is that of using receptacles closed by lids, the lids consisting of an electrically conducting material, for example metal,
25 and it being possible for them to be designed in a way similar for example to yoghurt pots. In this case, the upper edge of the receptacle and/or the lid may be designed in such a way that these receptacles can be placed or hung in a frame-shaped element, and the
30 heating can consequently be carried out in a corresponding device. In this case, the latching of the frame-shaped element and the size of the receptacles can be optimally adapted to the surface area available for the heating, so that maximum space
35 utilization is possible.

The steam to be used for the heating may, however, also be generated by heating water, which can be stored for example in a porous body, which may consist at least

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partially of an electrically conducting material. Various sintered metal bodies with adequately large pores and pore volumes may be used for example for this purpose. Such a porous body may be designed as a ring
5 which has a greater diameter than the respective receptacles used and into which such receptacles can be placed, here again appropriate positioning with respect to at least one induction heating coil having to be taken into consideration. The porous bodies have,
10 furthermore, the advantage that a quite specific amount of water can be absorbed and stored in them without any great expenditure. The porous bodies may, however, also consist of some other material as a pure water reservoir and the evaporation may be achieved by
15 utilizing heat conduction, convection and/or radiation to the bodies.

A further possible way in which water can be provided for the evaporation is that of using, for example,
20 structures in the form of small tubes, in the cavities of which the water can be temporarily stored. The steam formed can then possibly diffuse through permeable membranes or emerge from openings. In principle there is also the possibility of keeping the
25 water available in small exchangeable storage bottles, which are preferably arranged with their opening downward during the heating. In this way, water or externally generated steam can be filled into or passed through small tubes, in which holes are possibly
30 temporarily closed by foils or films, advantageously of semipermeable material.

The water may, however, also be temporarily stored in receptacles consisting completely of foils or films.
35 Pure plastic films, plastic films and metal foils together or metal-coated films may be used. Such a receptacle may be a disposable product. The water or the already formed steam can emerge after manual opening of the film or foil or, in a temperature-

dependent manner, after exceeding a certain temperature during heating.

For the case in which receptacles which are suitable by their design and material selection for being heated inductively are used for the meals to be heated, there is in the simplest form the possibility of keeping the water required for the steam generation available directly in such a receptacle before the heating of the meals, in which case possibly separated receptacle regions or at least partially flexible receptacles of/with film or foil material can be used for this purpose, said receptacle regions or receptacles bursting open, releasing openings or possibly disintegrating under increasing steam pressure.

If the steam which is used for heating the meals is generated directly in the receptacles, it is expedient to cover the receptacle or a region around this receptacle with a lid-like formation, preferably in a gastight manner, so that a self-contained environment is produced. This solution is suitable in particular when using already loaded, relatively large trays or similar such formations on which receptacles with various items of food or drinks can be arranged, not all of which are to be heated. This has the advantage that such a tray can be automatically pre-loaded and, following heating, no additional efforts have to be expended to bring the various items of food and drinks together to form a complete portion.

It is also important that the amount of steam required for the heating is influenced by providing a meal-specific amount of water, so that the quality of the items of food heated is not influenced negatively but positively.

By contrast with the tray solution already described, the heating of prepared meals accommodated in

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receptacles may also be achieved by slight modification of conventional devices, such as they are [sic] for example the circulating air ovens used up until now on aircraft. In this case, such heating devices are
5 dimensioned at least virtually identically and are fitted out with appropriate connection possibilities for electrical energy.

The elements for controlling and operating such a
10 heating device for meals should be arranged on a removable panel or be integrated in a door, in order to minimize the space required. Other elements, such as for example the electronics present in any case on aircraft, may also be used for the control.

15 The combination of heating and alternating cooling in such an oven or meal transporting cart is advantageous. Combined units in which the items of food and drinks are first cooled and only heated up immediately before
20 consumption can be used. As a result, storage space can be saved. For the cooling, it is possible to resort to conventional principles.

The receptacles filled with meals are introduced into
25 additional push-in containers and, preferably by their own shape and dimensioning, positioned with respect to induction heating coils in such a way that optimum heating is achieved. Such induction heating coils are arranged at least in the base of such a push-in
30 container, it also being possible for achieving an appropriate heat from above for corresponding induction heating coils to be integrated in the upper part of such a push-in container. For the inductive heating, the base and top of such a push-in container may be
35 provided, again as already described, with sheet-like elements which can be heated by induction. Furthermore, the steam generation can, as likewise already described, also again be achieved by virtually

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exclusively inductive heating in such a push-in container, which in that case is closed.

Such push-in containers may also be used for the heating/regeneration of, for example, meals already covered on plates, it also being required here for the dimensioning of the containers to conform to the customary standard sizes.

10 Since, as already mentioned, standard dimensions have to be observed for the heating device [sic] (ovens) and meal transporting carts with which the heated meals are transported from the heating to the place where they are actually consumed, it is expedient to dimension the
15 receptacles used for heating in an appropriately space-optimized manner, so that the space available for the heating and transport can be utilized to the maximum. For this purpose, the surface area respectively available on one level should be almost exactly an
20 integral multiple of the surface area requirement of individual containers, whereby an increase in the surface area utilization and capacity of up to 50% can be achieved.

25 Such meal transporting carts are generally insulated with respect to the outside, in order to at least hinder undesired cooling or heating of the corresponding meals contained in them. For this purpose, conventional insulating materials which
30 achieve limited K values and bring about an increase in mass are used. In particular on aircraft, on which such meal transporting carts are usually referred to as trolleys, it is extremely favorable, however, to achieve the insulation by creating a vacuum, or at
35 least a partial vacuum, in the walls of such a trolley. Since on aircraft the corresponding negative pressure is available above certain altitudes and such a negative-pressure generating system is present in any case for the toilet systems customarily to be used

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there, at least a partial vacuum can be created by a corresponding connection, or can be readily renewed again as and when required. In this case, not only can the walls then be partially evacuated, but also the entire content of such a trolley can be at least partially evacuated if there is appropriate sealing. Furthermore, the vacuum or partial vacuum may be favorably created by means of ejectors. In a corresponding way, the push-in containers may also be subjected to a vacuum on their own or additionally.

The heating of the meals may also take place, however, directly in such a meal transporting cart, this possibility preferably being able to be used whenever already pre-loaded trays [lacuna] on which various items of food and drinks to be heated or kept cold are arranged.

In this case it is possible to use planar, tongue-like elements which are connected to a high-voltage frequency generator via lines and into which induction heating coils are integrated. These tongue-like elements can then be introduced into such a trolley through opened doors of at least one side, or slots formed for example in the side walls, the induction heating coils, possibly in conjunction with the planar sheet-like elements which are to be inductively heated, being arranged in a way corresponding to the positioning of the receptacles in which the meals to be heated are accommodated, so that only heated [sic] where necessary and the other items of food and drinks remain virtually uninfluenced.

Profilings, with the aid of which the positioning or [sic] meals to be heated is facilitated, may be formed on the tongue-shaped elements.

For detecting the activation of the induction heating coils and also for measuring the temperature, the

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change in inductance, the impedance, the capacitance and/or the change in frequency may be taken into consideration. The corresponding sensing and/or current or voltage measurement then preferably takes place by means of the electronics for the control of the frequency generator.

Since a plurality of induction heating coils, which are not to be, or do not always have to be, used simultaneously for the heating of meals, may be arranged in the tongue-shaped elements, it is favorable to provide a so-called "pot detection", which may take place for example in the form of a measurement of inductance, impedance or capacitance.

Since the ohmic resistance and inductance of many materials changes [sic] temperature-dependently, these properties can be used for contactless temperature monitoring.

Such tongue-like elements in conjunction with the corresponding high-frequency generator may be permanently installed in buildings, but also in vehicles, so that a correspondingly pre-loaded meal transporting cart [lacuna] be transported to such a device, the desired meals be appropriately heated with the latter and subsequently be transported to the respective final consumer. As a result, a considerable rationalizing effect can be achieved for a wide variety of application areas.

In this case, these tongue-like elements can of course also be arranged on a plurality of levels appropriately above and below the receptacles to be heated and for example metal sheets possibly in between.

It is advantageous in any case to arrange the induction coils in removable carriers, so that they can be removed from the oven for cleaning.

The electronically controlled high-frequency generator is operated in a frequency range above the audible limit for man, normally in the range between 20 and 50 kHz, it being the case in the aviation application in particular that the electronics are preferably of a redundant configuration, appropriate filters are used on the electrical energy supply and an input of preferably 400 Hz is used there. Both the electronics and the generator should be arranged in a separate housing, which is preferably also of a suitably shielded design, in order to avoid negative influences on the surroundings.

It is favorable to arrange additional components, in particular at the top and bottom in an oven, as ferrites, in order to counteract heating of the housing and to influence the electromagnetic field (EMC protective function).

Receptacles which, in a sandwich type of construction, on the outside [lacuna] of a plastic, including of an foamed form (improvement of the insulation), possibly provided with a fiber reinforcement, and on the inside with metal inserts or coatings, can be used as receptacles for heating. In this case, it is particularly favorable that also the edge is enclosed above with a metallic material, so that no direct contact can occur between plastic and food. These receptacles may also be closed by a lid, likewise of such a composite material, correspondingly metallically coated or exclusively of metal.

The lid or an insert may also be provided with a separate coil, which serves exclusively for the evaporation of water. The lid or an insert of receptacles or other elements may be designed in such a way that food (for example bread), drinks or other items (hand towels) can likewise be heated on it.

The plastic and metal composite may be permanently bonded for example by lamination, injection molding, adhesive bonding. There is also the possibility, however, of using a corresponding metal insert, which can be inserted into the plastic in a shape-adapted manner. In this case, the metal insert can be removed from the plastic, stored separately and cleaned relatively easily in this form.

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A further advantageous refinement of the invention can be achieved by it being possible for the various items of food, and in this case in particular also the items of food to be heated, to be detected on the basis of the receptacles used by sensors suitable for this purpose, so that heating does not take place at all or a heating regime which is optimum for the respective item of food can be selected. For this purpose, receptacles of different colors or provided with a corresponding coding may be used, so that the temperatures and heating times can be optimally selected.

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It has advantageous effects if at least a partial vacuum is created by internal pressure reduction in the receptacles filled with prepared meals. As a result, it is even possible in many cases to dispense with cooling, even for several days, and for the oxidation of the food to be at least hindered. For this purpose, the receptacles may have additional connections with valves, which can be connected to a negative-pressure-generating unit (for example an ejector).

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In the case of the invention, temperature measurements may also be carried out to control or regulate the respective eddy currents, and accordingly also the corresponding heating. The temperature measurement in conjunction with a time measurement ensures that the respective items of food are heated to the correct

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temperature and undesired impairment of the items of food by overheating can be avoided.

5 With the temperature measurement, the power electronics for controlling the frequency generator or the activation of individual induction coils is influenced in particular.

10 For this purpose, the electrical or magnetic coil parameters can be measured, for example via auxiliary coils. There is also the possibility, however, of measuring the temperature via sensors. In this case, such sensors which are contacted directly with the respective receptacles, or possibly a frame-shaped
15 element into which the receptacles can be inserted, may be used. Pin-shaped or spring-shaped temperature measuring contacts, for example measuring on a semiconductor basis, may be used for this purpose. Pins may engage in openings in the receptacles for the
20 measurement.

The already mentioned push-in containers, or possibly also appropriate receptacles for meals, should advantageously be differently designed with respect to
25 width and length, so that they can only ever be introduced in a certain position into a heating device or a meal transporting cart. Their outer shaping should be such that they can also be stacked securely and with the least space requirement. Furthermore,
30 there should be edge regions which make it possible for push-in containers or receptacles arranged in a series or next to one another to be temporarily connected to one another positively, for example by hooking.

35 The push-in containers should be produced essentially from high-temperature-resistant plastics, for example polyhydroxybutyrate - compostable), which [sic] have at their lateral edges electrodes which serve as contacts. Via these electrodes, the high-frequency electrical

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energy can pass from the outside to the induction heating coils arranged in the base or in the top region, via connecting lines likewise integrated there. These electrodes may at the same time serve for keeping
5 the push-in containers in connection with counterelectrodes arranged in the housing of an oven.

The induction heating coils are advantageously arranged and connected both in series and in parallel.

10 With the invention it is possible to reduce the time for adequate and optimum heating of meals in the catering industry by at least 50% and also to achieve a considerable increase in efficiency.

15 The invention is to be described in more detail below on the basis of exemplary embodiments.

In the drawing:
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Figure 1 shows a heating device with tongue-shaped elements, which can be introduced into an opened meal transporting cart;

25 Figure 2 shows a plurality of meal transporting carts as a battery for loading in series, with a heating device with tongue-shaped elements;

Figure 3 shows tongue-shaped elements with various
30 receptacles for meals and a tray;

Figure 4 shows a device for heating meals with a push-in container;

35 Figure 5 shows push-in units with through-flow channels and.

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Figure 6 shows a plurality of frame-shaped elements (racks), for accommodating receptacles, in a stacked arrangement.

5 Represented in Figure 1 is a device 2 for heating prepared meals accommodated in receptacles, which device has tongue-shaped elements 3 on a plurality of levels arranged one above the other, in each of which elements at least one induction heating coil is
10 arranged. The tongue-shaped elements 3 are dimensioned in such a way that they can be introduced into a meal transporting cart 1, in which receptacles 5 to be heated or such receptacles arranged on trays are arranged on a plurality of levels. Such receptacles
15 may also be closed boxes. The inductive heating may again take place by receptacles suitable for this purpose or additional planar metal sheets or foils of suitable materials, as already explained in the general part of the description.

20 In this case, the tongue-shaped elements 3 are in this example profiled at the edge, to make an increase in stability and easier and more exact positioning of the meals to be heated possible, an asymmetric profiling
25 additionally having favorable effects for the latter.

The tongue-shaped elements 3 may be of such a length that they cover the entire length of the meal transporting cart 1, and in this way a plurality of
30 receptacles arranged one behind the other there, or only receptacles specifically selected and positioned with respect to the induction heating coils, are heated.

35 Also represented is a push-in container 5, which can be introduced into the meal transporting cart 1, and into which again other receptacles with meals to be heated can be introduced. Metallic parts which can be inductively heated may be integrated into this push-in

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container 5, so that heat from above and below can be used.

Shown in Figure 2 is a battery of a plurality of meal transporting carts 1, which can also be used in series as a result of the short heating times which can be achieved with the invention. As a result, a heating device 2, here again with tongue-shaped elements 3, can be used for a plurality of meal transporting carts, so that it is also possible for the loading of trays to be rationalized and the required number to be reduced.

On the left in Figure 2 there can be seen a transporting cart 1' with larger receiving boxes, which are suitable for accommodating for example duty-free articles or bottles (as a temporary store).

Represented in front of the meal transporting cart 1 provided with reference numeral 1 are various receptacles 6, 7 and 8. The receptacle 6 is in the form of a tray and is intended only for the heating. In this case it is possible to use at least one receptacle (not represented) which can preferably be covered at the top by a lid or a cover, so that generated steam can be used in the receptacle for heating and regeneration. In this case, in/on the receptacle 6 there may be metallic foil 9, which can be inductively heated, so that it is possible to dispense with special tableware, and receptacles of different materials or composites can be used.

The receptacle 7 is a box, with a multiple interior space division for separating various regions, which may be hot, cold and neutral, so that pre-loading for a portion or an entire menu is possible.

The lower receptacle 8 is closed and, in a way similar to in the case of a receptacle 7, a menu, items of food

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exclusively to be heated or else for example sauna towels or similar articles can be pre-heated.

5 Represented in Figure 3 are three tongue-shaped elements in conjunction with various push-in containers. In this case, the upper one is box-shaped and may contain, for example, a complete menu and be entirely or partially closed. The middle one is a closed box, and a tray is shown at the bottom.

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Represented in Figure 4 is a further example of a device 10 according to the invention, which can be used in a way similar to conventional ovens. In this case, push-in containers 11 which can be filled in advance
15 can be used. In this case, conventional plates with meals can be heated in these containers, here, too, the steam generated or used having advantageous effects in conjunction with inductive heating.

20 The individual heat sources in the form of in this case circular metallic foils 12, with which the converted energy can be used as heat, are represented schematically in the push-in containers 11.

25 The electronics and the generator are favorably accommodated here in the rear part of the device 4. To facilitate maintenance and repair, however, a drawer solution, which is accessible from the front or even can be pulled out, may also be used.

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The example represented in Figure 5 takes into consideration a problem which may occur if using receptacles, push-in elements or trays positioned closely together in rows and possibly also positively
35 connected to one another temporarily (improved handling) which are arranged on a plurality of levels one above the other in a meal transporting cart. In this case, a virtually closed surface area is formed for each level and heat exchange is hindered. Since

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meal transporting carts are generally cooled from above, in that a compartment containing dry ice is arranged there, it may happen that the uppermost level is cooled so much that the meals are deep-frozen, the
5 next level is frozen and the level lying thereunder is cold, to the point where no cooling can be achieved at all on the levels lying further below. This may lead to impairments, in particular of the meals arranged on the lower levels, and to serious illnesses when they
10 are consumed.

To counteract this disadvantage and make it possible for cold also to penetrate to the lower levels, through-flow channels are formed in the push-in
15 containers, represented here [lacuna] a menu box, which channels are preferably arranged around the meals to be heated or receptacles which contain such meals. With the through-flow channels, a relatively uniform cooling can be achieved in each case on one level and on the
20 various levels.

In Figure 6, a plurality of frame-shaped elements 15 (racks) are shown in a stack arrangement. These may essentially consist of a suitable plastic or for example also aluminum. Cover plates of a poorly heat-conducting material (for example wood), which can also
25 assume a gripping function, may also be fitted.

These elements 15 primarily facilitate handling, but
30 may also serve as adaptors for adapting the various sizes of receptacles or ovens or meal transporting carts of different sizes.

In a form not represented, lids which, by means of
35 hinges, temporarily cover the meals accommodated in receptacles may be present on the elements 15. This may be the case in heating, storing or cooling phases. The lids may be of a one-part or multi-part form, it being required that at least partially inductively

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heatable regions should be present on such a lid construction. The lids may also act partly as water reservoirs. The water can be evaporated via for example temporarily closable openings.

Patent claims

1. A process for heating pre-prepared meals
5 accommodated in closed receptacles (5, 6, 7, 8, 11), with induction heating coils (12) and hot steam, in which process the hot steam is generated by evaporation of a meal-specific amount of water using the inductively generated heat in the
10 receptacles (5, 6, 7, 8, 11).
2. The process as claimed in claim 1, characterized in that the water to be evaporated is filled into an at least partially open channel, a tube or a porous
15 body, which respectively consist at least partially of an electrically conducting material, in an amount specific for the respective meal to be heated.
- 20 3. The process as claimed in claim 1 or 2, characterized in that the water is filled into a receptacle (5, 6, 7, 8, 11) which contains the meal to be heated and consists at least partially of an electrically conducting material, contains such a
25 material or is coated with such a material, and the receptacle is closed by a lid.
4. The process as claimed in one of claims 1 to 3,
30 characterized in that the receptacles (5, 6, 7, 8) containing the meals are introduced into closable push-in containers (11) and subsequently into an oven (2, 4, 10), the water in the oven (2, 4, 10) or in the respective push-in container (11) being evaporated and/or kept above the condensation
35 temperature by induction heating coils (12) in the oven (2, 4, 10) or by induction heating coils (12) integrated at least in the bases of the push-in containers (11).

5. The process as claimed in one of claims 1 to 4, characterized in that an insulated meal transporting cart (1) [lacuna] filled with trays loaded [lacuna] receptacles (5, 6, 7, 8) containing items of food and drinks, and the receptacles (5, 6, 7, 8) containing meals to be heated are then arranged thereon in a locally defined manner with respect to induction heating coils (12);

and the induction heating coils (12) are integrated in planar tongue-shaped, fixed elements (3) which, when the meal transporting cart (1) is opened, are introduced into the latter or through slots and are positioned with respect to the trays.

6. The process as claimed in one of claims 1 to 5, characterized in that the temperature and the time are measured during the heating.

7. A device for heating pre-prepared meals accommodated in closed receptacles (5, 6, 7, 8, 11) with induction coils (12) and hot steam, in which device the hot steam is generated by the inductively generated heat in the receptacles (5, 6, 7, 8, 11), characterized in that the outer dimensions and the shape of the receptacles (5, 6, 7, 8) is [sic] chosen in such a way that an integral fraction of a surface area available for heating in a level is filled.

8. The device as claimed in claim 7, characterized in that a meal-specific amount of water is contained in the receptacles (5, 6, 7, 8).

9. The device as claimed in claim 7 or 8, characterized in that induction heating coils (12) are integrated at least in the base of push-in

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containers (11), with which coils eddy currents can be induced in elements arranged thereabove and these elements form the reservoir or the holder of a reservoir for the amount of water to be evaporated.

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10. The device as claimed in one of claims 7 to 9, characterized in that induction heating coils (12) with sheet-like elements lying at least thereunder, into which eddy currents can be induced, are additionally arranged in the top region of the push-in containers (11).
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11. The device as claimed in claim 10, [lacuna] that the sheet-like elements are slotted and/or plastic-coated.
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12. The device as claimed in one of claims 7 to 11, characterized in that a porous body of electrically conducting material for receiving evaporation water is positioned with respect to at least one induction heating coil (12) in such a way that the water evaporates due to inductive heating of the body.
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13. The device as claimed in one of claims 7 to 12, characterized in that water is contained in a receptacle for steam generation consisting of film or foil.
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14. A device as claimed in claim 10, characterized in that induction heating coils are integrated in tongue-shaped elements (3).
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15. The device as claimed in claim 14, characterized in that the tongue-shaped elements (3) are permanently installed and are connected to a controllable frequency generator.
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16. The device as claimed in claim 14 or 15,
characterized in that the induction heating coils
are arranged in the tongue-shaped elements (3) with
respect to receptacles (5, 6, 7, 8, 11) which
contain meals to be heated and an amount of water
to be evaporated, and are positioned on a tray, and
the receptacles (5, 6, 7, 8, 11) are closed by a
covering.
17. The device as claimed in one of claims 14 to 16,
characterized in that the tongue-shaped elements
(3) are arranged on a plurality of levels one above
the other and/or next to one another.
18. The device as claimed in one of claims 7 to 17,
characterized in that the edge region of the
receptacles (5, 6, 7, 8) is at least partially
designed in such a way that edges of neighboring
receptacles (5, 6, 7, 8) can be temporarily
connected to one another positively.
19. The device as claimed in claim 18, characterized in
that a jutting-out edge, which serves for the
receptacle (5, 6, 7, 8) to be received in a frame-
shaped element (15), is formed on the outside.
20. The device as claimed in one of claims 7 to 19,
characterized in that the receptacle (5, 6, 7, 8,
11) at least partially consists of an electrically
conducting material, is coated with such a material
and/or is closed with such a material.
21. The device as claimed in one of claims 7 to 20,
characterized in that, in the receptacle (5, 6, 7,
8, 11), a compartment separated from the items of
food to be heated is present for receiving water
and/or a water-containing formation.

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22. The device as claimed in one of claims 7 to 21, characterized in that the receptacle (5, 6, 7, 8, 11) can be at least partially evacuated.

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23. The device as claimed in one of claims 7 to 22, characterized in that water is temporarily stored in the hinge of a lid of the receptacle (5, 6, 7, 8, 11).

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24. The device as claimed in one of claims 7 to 23, characterized in that there is a frame-shaped element (15) for placing receptacles (5, 6, 7, 8).

15 25. The device as claimed in claim 24, [lacuna] that the receptacles (5, 6, 7, 8) are closed by a lid of the frame-shaped element (15).