CLAIMS

1. The use of fresh bovine milk in the manufacture of a medicament for preventing or reducing one or more of abdominal bloating and cramps, flatulence, diarrhoea, nausea, rumbling stomach, and vomiting in a human, wherein the medicament contains beta-casein, and wherein the beta-casein comprises at least 75% by weight beta-casein A2.

2. The use as claimed in claim 1, wherein the beta-casein comprises at least 90% by weight beta-casein A2.

3. The use as claimed in claim 1 or claim 2, wherein the beta-casein comprises 100% beta-casein A2.

4. The use as claimed in any one of claims 1 to 3, wherein the medicament is milk or a milk product.

5. The use as claimed in claim 4, wherein the milk is milk powder, liquid milk reconstituted from powder, skim milk, homogenised milk, condensed milk, evaporated milk, pasteurised milk, or non-pasteurised milk.

6. The use as claimed in claim 4, wherein the milk product is cream, yoghurt, quark, cheese, butter, or ice cream.