Claims

1. A composition, comprising a GLP-1 secretion-promoting component and an emulsified particle comprising an oil-in-water emulsifier, and wherein the GLP-1 secretion-promoting component comprises a glycoside sweetener.

2. The composition according to claim 1, wherein an HLB (hydrophile lipophile balance) value of the oil-in-water emulsifier is 7 to 18.

3. The composition according to claim 1 or 2, wherein the oil-in-water emulsifier comprises at least one selected from the group consisting of a polyglycerol fatty acid ester, a propylene glycol fatty acid ester, an enzyme-treated lecithin, a sucrose fatty acid ester, and an organic acid monoglyceride.

4. The composition according to any one of claims 1 to 3, wherein a hydrophilic group of the oil-in-water emulsifier comprises a phosphate group.

5. The composition according to any one of claims 1 to 4, wherein the glycoside sweetener comprises at least one selected from the group consisting of rebaudioside A, rebaudioside B, rebaudioside C, mogroside V, and stevioside.

6. The composition according to any one of claims 1 to 5, wherein the emulsified particle does not comprise the GLP-1 secretion-promoting component in a core.

7. The composition according to any one of claims 1 to 6, wherein a surface tension of the GLP-1 secretion-promoting component measured by a plate method is 40 to 70 mN/m.

8. The composition according to any one of claims 1 to 7, wherein a proportion of the oil-in-water emulsifier based on the GLP-1 secretion-promoting component is 0.001 to 50% by mass.

9. The composition according to any one of claims 1 to 8, wherein the composition comprises the oil-in-water emulsifier in a proportion of 0.1 to 5% by mass.

10. The composition according to any one of claims 1 to 9, wherein the composition comprises the GLP-1 secretion-promoting component in a proportion of 1 to 99.9% by mass.

11. A beverage comprising the composition according to any one of claims 1 to 10.

12. A food comprising the composition according to any one of claims 1 to 10.

13. A pharmaceutical composition comprising the composition according to any one of claims 1 to 10.

14. A method of producing a composition, comprising the steps of:

stirring an oil-in-water emulsifier, an aqueous medium, and a fat and oil to form an emulsified particle so as to prepare an emulsified particle-containing mixture; and

mixing the emulsified particle-containing mixture and a GLP-1 secretion-promoting component-containing mixture that comprises a GLP-1 secretion-promoting component and an aqueous medium, and wherein the GLP-1 secretion-promoting component comprises a glycoside sweetener.