Claims

1. A hypotensive and neutral fat elevation-suppressing composition, comprising a casein hydrolysate and an indigestible dextrin, wherein

the casein hydrolysate comprises a peptide composed of Met-Lys-Pro,

an amount of the indigestible dextrin to be used by a subject of application of the composition is 0.01 to 1 g/kg body weight/day, and

the indigestible dextrin is contained at 5,000 to 100,000 parts by mass with respect to 1 part by mass of the peptide.

2. The composition according to claim 1, wherein suppression of elevation of neutral fat is within six hours after meal including the application of the composition.

3. The composition according to claim 1, which is used to lower blood pressure and suppress elevation of neutral fat within six hours after meal including the application of the composition.

4. The composition according to any one of claims 1 to 3, which is in the form of powder, granule, tablet or capsule.

5. The composition according to any one of claims 1 to 3, wherein the composition is a fermented food or beverage.

6. The composition according to any one of claims 1 to 3, wherein the composition is a pharmaceutical composition or a food or beverage composition.

7. The composition according to any one of claims 1 to 6, wherein the composition is for lowering blood pressure, suppressing of elevation of neutral fat, and suppressing of the postprandial blood glucose elevation