Claims

1. A medicine for treating a depression, ~~comprising~~characterized by ~~a~~ jujuba extract containing a jujuba cyclic adenosine monophosphate (jujuba cAMP) as the only active ingredient.
2. The medicine according to claim 1 being manufactured as an oral medicine.
3. The medicine according to claim 1 having a dosage form being one selected from a group consisting of a tablet, a capsule, a powder, a pill, a dust, a solution, a microcapsule, a suspension, an emulsion, a particle, a dropping pill and a roll.
4. The medicine according to claim 3, ~~wherein~~ characterized in that the dosage form is a first oral dosage form for taking once per day and has 0.003 mg to 0.3 mg of the jujuba cAMP, and preferably has 0.01 mg to 0.25 mg of the jujuba cAMP.

~~5. The medicine according to claim 4, wherein the first oral dosage form has 0.01 mg to 0.25 mg of the jujuba cAMP.~~

~~6.~~5. The medicine according to claim 3, ~~wherein~~ characterized in that the dosage form is a second oral dosage form for taking twice per day and has 0.002 mg to 0.2 mg of the jujuba cAMP, and preferably has 0.005 mg to 0.12 mg of the jujuba cAMP .

~~7. The medicine according to claim 6, wherein the second oral dosage form has 0.005 mg to 0.12 mg of the jujuba cAMP~~.

~~8.~~6. The medicine according to claim 3, ~~wherein~~ characterized in that the dosage form is a third oral dosage form for taking thrice per day and has 0.001 mg to 0.1 mg of the jujuba cAMP, and preferably has 0.003 mg to 0.08 mg of the jujuba cAMP.

~~9. The medicine according to claim 8, wherein the third oral dosage form has 0.003 mg to 0.08 mg of the jujuba cAMP.~~

~~10.~~7. The medicine according to claim 3, ~~wherein~~ characterized in that the dosage form is a fourth oral dosage form for taking four times per day and has 0.0008 mg to 0.06 mg of the jujuba cAMP, and preferably has 0.002 mg to 0.04 mg of the jujuba cAMP .

~~11. The medicine according to claim 10, wherein the fourth oral dosage form has 0.002 mg to 0.04 mg of the jujuba cAMP.~~

~~12.~~8. The medicine according to claim 1 further characterized by comprising at least one of a pharmacologically acceptable carrier and an additive.

~~13.~~9. The medicine according to claim 1 being manufactured as one of a health food and a nutrient supplement.

~~14.~~10. The medicine according to claim 1, ~~wherein~~ characterized in that the jujuba cAMP is extracted from a jujuba.

~~15.~~11. The medicine according to claim 1~~4~~0, ~~wherein~~ characterized in that the jujuba is extracted for obtaining a first extract having a first jujuba cAMP concentration, the first extract is further extracted for obtaining a second extract having a second jujuba cAMP concentration, the second jujuba cAMP concentration is higher than the first jujuba cAMP concentration, and the second extract is a raw material in the medicine.

~~16.~~12. A preparation method ~~of a jujuba cyclic adenosine monophosphate (jujuba cAMP) of a medicine for treating a depression~~ for preparing a medicine according to claim 1, characterized by~~,~~ comprising steps of:

(a) extracting a jujuba for obtaining a first extract having a first jujuba cAMP concentration; and

(b) ~~purifying~~ chromatographing the first extract with a macroporous resin bound with an aldehyde group for obtaining a second extract having a second jujuba cAMP concentration,

wherein the second jujuba cAMP concentration is higher than the first jujuba cAMP concentration.

~~17. The preparation method according to claim 16, wherein the step (b) is processed by chromatographing the first extract with a macroporous resin bound with an aldehyde group.~~

~~18.~~13. The preparation method according to claim 1~~7~~2, ~~wherein~~characterized in that the step (b) further comprises steps of:

(b1) chromatographing the first extract with an OU-2 macroporous resin bound with the aldehyde group; and

(b2) chromatographing the first extract with an ME-2 macroporous resin bound with the aldehyde group.

~~19. A method for preparing a jujuba cyclic adenosine monophosphate (jujuba cAMP), comprising steps of:~~

~~(a) extracting a jujuba for obtaining a first extract; and~~

~~(b) chromatographing the first extract with a macroporous resin having an aldehyde group bound thereon.~~