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(54) **Title:** HERBAL PHARMACEUTICAL COMPOSITIONS FOR PROPHYLAXIS AND/OR TREATMENT OF CARDIOVASCULAR DISEASES AND THE METHOD OF PREPARING THE SAME

(57) **Abstract:** The present invention provides an herbal pharmaceutical composition comprising extracts of the root of scutellaria, the rhizome of coptis, the root and rhizome of rhubarb, and the root of ginseng (or American ginseng), The herbal pharmaceutical composition is effective in treating hypertension or ischemia, protecting vascular endothelia from degeneration, and lowering blood pressure or maintaining stable blood pressure.