

ABSTRACT

5 The present invention relates to a method for producing granules, the method including a step of mixing at least one raw material selected from the group consisting of a crystalline sugar and a crystalline sugar alcohol with a solvent, and obtaining a crystal suspension including a portion of the raw material in a crystalline state, without performing dissolution of the entirety of the raw material and crystallization of the raw material after the dissolution; and a step of spray drying the crystal suspension under low temperature conditions.