

COMMUNICATION APPARATUS AND COMMUNICATION METHOD

ABSTRACT

5 [Object] To provide a communication apparatus and a communication method which are capable of suppressing a decrease in communication efficiency in UL communication of a random access scheme.

[Solution] Provided is a communication apparatus, including a communication unit configured to transmit a first frame including wireless communication resource information in which resources selectable as uplink resources are specified from a plurality of resources and attribute information related to transmission of a second frame and receive the second frame transmitted as a response to the first frame. Provided is a communication apparatus, including a communication unit configured to receive a first frame including wireless communication resource information in which resources selectable as uplink resources are specified from a plurality of resources and attribute information related to transmission of a second frame and transmit the second frame as a response to the first frame.

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20 Representative Drawing

FIG. 6