Patent Claims:

1. Support (10) with

one row (13) of at least two successively arranged segments (15),

wherein the segments (15) of the row (13) are braced with respect to each other by means of a tensioning element (14) extending inside the support (10),

wherein at least one row (13) of segments (15) extends from one end (21a) of the support (10) to the opposite end (21b) of the support (10),

wherein the tensioning element (14) is anchored to opposite ends (25a,b) of the row (13) of segments (15) in order to brace the segments (15) of the row (13) with respect to each other,
the tensioning element (14) extends through the row (13) and is segmented by being constructed of at least two tensioning element segments, which are arranged successively in a longitudinal direction of the tensioning element (14), and
the tensioning element (14) is formed by a rod.

2. Support (10) according to claim 1,
wherein, between two adjacent segments (15) of the row (13), there is no integrally bonded connection, in particular weld connection, and/or screw connection, for connecting the adjacent segments (15) to each other, that is loaded in tension.

3. Support (10) according to claim 1 or 2,

wherein the tensioning element (14) is anchored to one end (25) of the row (13) or to both ends (25a,b) of the row (13), outside the row (13) of segments (15).

4. Support (10) according to any one of the previous claims, wherein the length (L) of the segments (15) is at most 1.2 meters.

5. Support (10) according to any one of the previous claims, wherein a segment (15) has a bottom (15a), a cap (15c), as well as two lateral walls (15b) extending in row orientation (R).

6. Support (10) according to any one of the previous claims, wherein the support (10) is a truss girder, the truss girder comprising a lower chord (11) and an upper chord (12).

7. Support (10) according to Claim 6,
wherein the support (10) comprises at least one row (13) of segments (15) in the lower chord (11) of the support (10) and/or at least one row (13) of segments (15) in the upper chord (12) of the support (10).

8. Support (10) according to Claim 6 or 7,
wherein, between the lower chord (11) and the upper chord (12), there are arranged framework elements (18) extending in an inclined manner relative to vertical framework elements (18), wherein at least one end section (20) of a framework element (18) is held between adjacent segments (15).

9. A device (33, 34) with at least one support (10) according to any one of the previous claims.

10. The device (33, 34) according to Claim 9, wherein the device (33, 34) comprises at least one end carriage (35) that is arranged on one end (21a,b) of the support (10), wherein the tensioning element(14) is anchored in the end carriage (35) in order to fasten the end carriage (35), by bracing the end carriage (35) against the segments (15) of the row (13), to the support (10) by means of the tensioning element (14).

11. A method for providing a support (10) according to any one of Claims 1 to 8, comprising the steps:

- Providing the segments (15) and the tensioning element (14) at a construction site at the location of use;
- Arranging the provided segments (15) to form a row (13);
- Bracing the segments (15) arranged in the row (13) with respect to each other by means of the tensioning element (14).