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(54) **Title:** COMMUNICATION METHOD AND APPARATUS

(54) 发明名称: 一种通信方法及装置

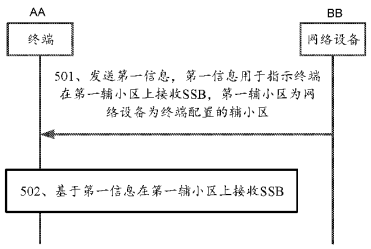

图 5

501 Send first information, which is used for instructing the terminal to receive an SSB on a first secondary cell, wherein the first secondary cell is a secondary cell configured by the network device for the terminal
502 Receive the SSB on the first secondary cell on the basis of the first information
AA Terminal
BB Network device

(57) **Abstract:** A communication method and apparatus. In the communication method, a terminal can receive first information from a network device, so as to learn about, by means of the first information, an SSB being received on a first secondary cell (that is, the network device is a secondary cell configured for the terminal), such that the terminal can receive the SSB on the first secondary cell on the basis of the first information. That is, the terminal receives the SSB on the first secondary cell only after learning about, by means of the first information, the SSB being received on the first secondary cell, thereby reducing the power consumption of the terminal. On the basis of the same reasoning, it is also not necessary for the network device to send the SSB on the first secondary cell all the time, for example, the network device can send the SSB on the first secondary cell when or after same sends the first information to the terminal. In this way, the power consumption of the network device can be reduced.

(57) 摘要: 一种通信方法及装置，在该通信方法中，终端可以接收来自网络设备的第一信息，以通过第一信息获知在第一辅小区(即网络设备为终端配置的辅小区)上接收SSB，所以终端可以基于第一信息在第一辅小区上接收SSB。即终端是通过第一信息获知在第一辅小区上接收SSB时才在第一辅小区上接收SSB的，这降低了终端的功耗。同理，对于网络设备来说，也无需一直在第一辅小区上发送SSB，例如，在向终端发送第一信息时或之后在第一辅小区上发送SSB。这样可以减少网络设备的功耗。

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