

ABSTRACT

RIDING TYPE EXERCISE MACHINE

Provided is a riding type exercise machine capable of applying a complicated balance movement (movement allowing to feel as if riding a horse) with a simple mechanism. A riding type exercise machine (1) of the present invention includes: an installation part (2) to be installed on a floor surface (F); a seat part (3) provided above the installation part (2) and on which a user can ride; and a swing device (6) provided between the installation part (2) and the seat part (3) for applying a reciprocal swing to the seat part (3), and in this configuration, the swing device (6) includes a first drive mechanism (10) for reciprocally swinging the seat part (3) at least in a left and right direction and a second drive mechanism (12) for reciprocally swinging the seat part (3) at least in a vertical direction. (Fig. 1)