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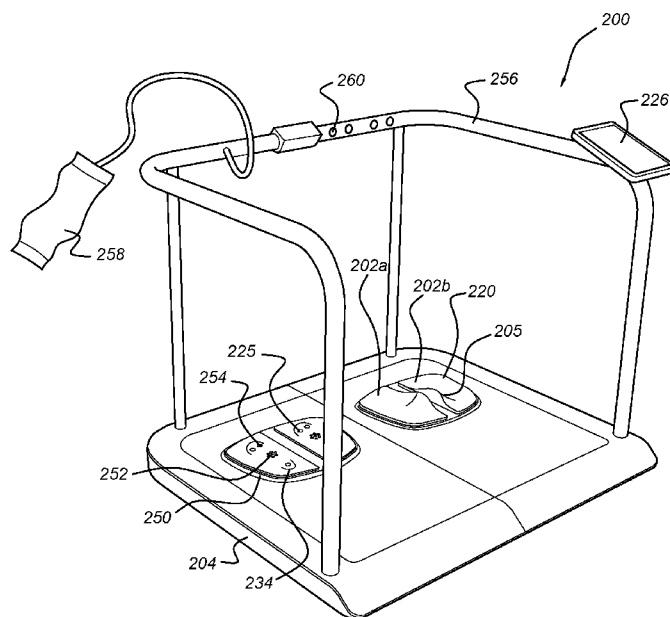
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(54) Title: DEVICE FOR REBALANCING THE PELVIS AND TRAINING METHOD ASSOCIATED THEREWITH

Fig. 12



(57) Abstract: A device for rebalancing the pelvis, has first and second support elements and a base, wherein the support elements are such that in a position of use for an individual standing on the base the support element is situated underneath a large part of the arch of the foot in such a way that the arch is raised above its usual position. Feedback signals indicate to a user the correct position of the feet and correct performance of a training and rebalancing routine.