

ABSTRACT

The present invention aims to provide a technique that reduces the bitterness of Hyp-Gly in liquid oral compositions containing a specific amount of Hyp-Gly. The present invention relates to, but is not limited to, a liquid oral composition containing Hyp-Gly in an amount of 1.0 mg/100 mL or more and a C2-C4 mono- to trihydric alcohol.