CLAIMS

The invention is claimed as follows:

1. A packaged food product comprising:

a tray defining at least three compartments; and

a removable food cartridge located in each of the compartments and comprising a food product sealed in the food cartridges;

wherein each of the food cartridges comprise a snap-in element that connects to a corresponding receiving aperture in the compartments~~.~~;

wherein the food cartridges comprise a complete meal; and

wherein each food cartridge and compartment is associated with a distinct classification that is representative of a food category.

~~2. A packaged food product comprising:~~

~~at least three food containers each comprising a lid and a food compartment comprising food product sealed in a food cartridge of the food compartment,~~

~~wherein each of the lids comprises at least one snap-in element attachable to a bottom portion of the food compartment;~~

~~wherein each food cartridge in the food compartment comprises a complete meal.~~

~~3. A packaged food product comprising:~~

~~a container having a lid removably attached to the container; and~~

~~at least three food packages, each corresponding to a food cartridge and each located in a food compartment within the container,~~

~~wherein each food package comprises a food product sealed in the food package;~~

~~wherein each food package is associated with a corresponding color, shape or symbol that is representative of a food category;~~

~~wherein each food cartridge and compartment is associated with a distinct classification that is representative of a food category.~~

~~4. A packaged food product comprising:~~

~~a tray defining at least three food compartments and having a peelable lid, wherein a first food compartment comprises a vegetable product, a second food compartment comprises a protein product and a third food compartment comprises a fruit product.~~

~~5. A packaged food product comprising:~~

~~a tray defining at least two food compartments and having a lid removably attached to the tray, wherein a first food compartment comprises at least one of a vegetable product, a protein product and a fruit product and a second food compartment comprises at least one of a vegetable product, a protein product and a fruit product that is different that of the first food compartment.~~

~~6. A method of customizing children's nutrition, the method comprising:~~

~~providing a tray defining at least three compartments;~~

~~providing individual food cartridges located in each of the compartments and comprising a food product sealed in the food cartridges, wherein each food cartridge is associated with a corresponding color that is representative of a food category.~~

2. The packaged food product of Claim 1, wherein each food cartridge and compartment is associated with a corresponding color that is representative of the food category.

3. The packaged food product of Claim 1, wherein each food cartridge and compartment is associated with a corresponding shape that is representative of the food category.

4. The packaged food product of Claim 1, wherein each food cartridge and compartment is associated with a corresponding symbol that is representative of the food category.

5. The packaged food product of Claim 1, wherein the snap-in element comprises a shape selected from the group consisting of square, triangle, circle, oval, star and rectangle.

6. The packaged food product of Claim 1, wherein a first food cartridge comprises a vegetable product, a second food cartridge comprises a protein product and a third food cartridge comprises a fruit product.

7. A method of customizing children's nutrition, the method comprising:

providing a tray defining at least three compartments;

providing individual food cartridges located in each of the compartments and comprising a food product sealed in the food cartridges, wherein each food cartridge and compartment is associated with a corresponding shape or symbol that is representative of a food category.

8. The packaged food product of Claim 1 or Claim 2, wherein each food cartridge and compartment is associated with a corresponding color, shape or symbol that is representative of a food category.

9. The packaged food product of Claim 1 or the method of claim 6, wherein each of the food cartridges comprises a snap-in element that connects to a corresponding receiving aperture in the compartments.

10. The packages food product or the method of Claim 9, wherein the snap-in element comprises a shape selected from the group consisting of square, triangle, circle, oval, star and rectangle.

11. The packaged food product of any one of Claims 1 to 3 or the method of Claim 6, wherein a first food cartridge of Claim 1 or Claim 6 or a first food compartment of Claim 2 or a first food package of Claim 3 comprises a vegetable product, a second food cartridge of Claim 1 or Claim 6 or a second food compartments of Claim 2 or a second food package of Claim 3 comprises a protein product and a third food cartridge of Claim 1 or Claim 6 or a third food compartment of Claim 2 or a third food package of Claim 3 comprises a fruit product.

12. The packaged food product of any one of Claims 1 to 4 or the method of Claim 6, wherein the food cartridges of Claim 1 or Claim 6 or the food compartments of Claim 2 or Claim 4 or the food packages of Claim 3 comprise a complete meal.

~~13. The packaged food product of Claim 1, wherein a shape of the food cartridges comprise the same shape as the compartments.~~

~~14. The packaged food product of Claim 3, wherein the container comprises transparent walls.~~

~~15. The packaged food product of Claim 5, wherein a portion of the lid positioned over each compartment includes a corresponding color, shape or symbol that is representative of a food category in that compartment.~~

7. The packaged food product of Claim 1, wherein a shape of the food cartridges comprise the same shape as the compartments.

8. A packaged food product comprising:

at least three food containers each comprising a lid and a food compartment comprising food product sealed in the food compartment;

wherein each of the lids comprises at least one snap element attachable to a bottom portion of the food compartment;

wherein the food containers comprise a complete meal; and

wherein each food container and compartment is associated with a distinct classification that is representative of a food category.

9. The packaged food product of Claim 8, wherein each lid of the food container is associated with a corresponding color, shape or symbol that is representative of the food category.

10. The packaged food product of Claim 8, wherein a first food container comprises a vegetable product, a second food container comprises a protein product and a third food container comprises a fruit product.

11. The packaged food product of Claim 8, wherein the food containers comprise a complete meal.

12. A packaged food product comprising:

a container having a lid removably attached to the container; and

at least three food packages located within the container, wherein each food package comprises a food product sealed in the food package and further comprises a snap-in element that connects to a corresponding receiving aperture in the container;

wherein the food packages comprise a complete meal;

and wherein each food package is associated with a distinct classification that is representative of a food category.

13. The packaged food product of Claim 12, wherein each food package is associated with a corresponding color that is representative of the food category.

14. The packaged food product of Claim 12, wherein each food package is associated with a corresponding shape that is representative of the food category.

15. The packaged food product of Claim 12, wherein each food package is associated with a corresponding symbol that is representative of the food category.

~~16. A method of generating revenue, the method comprising:~~

~~providing a tray defining at least three compartments;~~

~~selling individual food cartridges located in each of the compartments and comprising a food product sealed in the food cartridges, wherein each food cartridge and compartment is associated with a corresponding color, shape or symbol that is representative of a food category.~~

~~17. The method of Claim 16, wherein the individual food cartridges are sold together in a bundle with the tray.~~

16. The packaged food product of Claim 12, wherein a first food package comprises a vegetable product, a second food package comprises a protein product and a third food package comprises a fruit product.

17. The packaged food product of Claim 12, wherein the container comprises transparent walls.

~~18. The method of Claim 16, wherein each of the food cartridges comprises a snap-in element that connects to a corresponding receiving aperture in the compartments.~~

~~19. The method of Claim 16, wherein the snap-in element comprises a shape selected from the group consisting of square, triangle, circle, oval, star and rectangle.~~

~~20. The method of Claim 16, wherein a first food cartridge comprises a vegetable product, a second food cartridge comprises a protein product and a third food cartridge comprises a fruit product.~~

~~21. The method of Claim 16, wherein the food cartridges comprise a complete meal.~~

18. The packaged food product of Claim 12, wherein the lid is constructed and arranged to snap onto the container.

19. The packaged food product of Claim 12, wherein the container comprises a thumb indent.

20. The packaged food product of Claim 12 further comprising a utensil attached to the lid.

21. A packaged food product comprising:

a tray defining at least three food compartments and having a peelable lid;

a removable food cartridge located in each of the compartments and each cartridge comprising a food product sealed therein,

wherein the food cartridges comprise a complete meal,

wherein each of the food cartridges comprises a snap-in element that connects to a corresponding receiving aperture in the compartments,

wherein each food compartment is associated with a distinct classification that is representative of a food category; and

wherein a first food compartment comprises a vegetable product, a second food compartment comprises a protein product and a third food compartment comprises a fruit product.

22. A packaged food product comprising:

a tray defining at least two food compartments and having a lid removably attached to the tray;

a removable food cartridge located in each of the compartments and each cartridge comprising a food product sealed therein,

wherein the food cartridges comprise a complete meal,

wherein each of the food cartridges comprises a snap-in element that connects to a corresponding receiving aperture in the compartments,

wherein each food compartment is associated with a distinct classification that is representative of a food category; and

wherein a first food compartment comprises at least one of a vegetable product, a protein product and a fruit product, and a second food compartment comprises at least one of a vegetable product, a protein product and a fruit product that is different that of the first food compartment.

23. The packaged food product of Claim 22, wherein a portion of the lid positioned over each compartment includes a corresponding color, shape or symbol that is representative of the food category in that compartment.

24. The packaged food product of Claim 22 further comprising a utensil attached to the lid.

25. A method of customizing children's nutrition, the method comprising:

providing a tray defining at least three compartments;

providing individual food cartridges located in each of the compartments and comprising a food product sealed in the food cartridges,

wherein the food cartridges comprise a complete meal; and

wherein each food cartridge is associated with a distinct classification that is representative of a food category.

26. The method of Claim 25, wherein each of the food cartridges comprises a snap-in element that connects to a corresponding receiving aperture in the compartments.

27. The method of Claim 25, wherein each food cartridge is associated with a corresponding shape.

28. The method of Claim 25, wherein each food cartridge is associated with a corresponding colour.

29. The method of Claim 25, wherein each food cartridge is associated with a corresponding symbol.

30. The method of Claim 27, wherein the snap-in element comprises a shape selected from the group consisting of square, triangle, circle, oval, star and rectangle.

31. The method of any one of Claims 25 to 30, wherein a first food cartridge comprises a vegetable product, a second food cartridge comprises a protein product and a third food cartridge comprises a fruit product.