

ABSTRACT

Conventionally, it has not been possible to present objective information for specifying a favorable nutrient balance, using an analysis result of gut bacteria. With an output apparatus 1 including: a learning information storage unit 111 in which learning information acquired using two or more pieces of training data is stored, the training data each having a gut bacteria analysis result and objective information that is for specifying a favorable nutrient balance; an acceptance unit 32 that accepts target information containing a gut bacteria analysis result of a user; a prediction unit 131 that acquires objective information for specifying a nutrient balance that is recommended for the user, using the target information and the learning information; and an output unit 14 that outputs the objective information acquired by the prediction unit 131, it is possible to present objective information for specifying a favorable nutrient balance, using an analysis result of gut bacteria.

[Selected Figure] FIG. 2