

ABSTRACT

In a grasping device and a grasping method, provided are a grasping device body, an upper-surface suction portion that is removably mounted to the grasping device body and has a first suction surface that is capable of holding an upper surface of an item by suction; a side-surface grasp portion that is removably mounted to the grasping device body and has a first grasp portion and a second grasp portion that are capable of grasping an outside surface of the item; and a control device that selects any one of the upper-surface suction portion and the side-surface grasp portion based on transport target data of the item.