

ABSTRACT

The present invention provides a composition capable of inhibiting reduction of lactic acid bacteria of the genus *Lactobacillus* in the intestine in a subject to whom an antimicrobial agent is administered and an inhibition method thereof.

More specifically, the composition of the present invention is a composition for inhibiting reduction of lactic acid bacteria of the genus *Lactobacillus* in the intestine in a subject to whom an antimicrobial agent is administered, and includes a fermented whey product by a propionic acid bacterium.

FIGURE 3