Claims

1. A food in a liquid form packaged in a container, which is to be diluted with diluent comprising cow's milk and/or soy milk for preparing a beverage, the food comprising:

(a) a liquid composition containing more than 70 wt.% of an oil and/or fat; and

(b) a liquid composition, different from the liquid composition of (a) set forth above, having a viscosity from 1 to 2000 mPa·s,

wherein the container comprises at least two or more liquid storage compartments,

wherein each of the liquid compositions is individually packaged in the liquid storage compartments of the container, and

wherein the container is configured to release the liquid compositions of (a) and (b) simultaneously from the container by one action.

2. The food according to claim 1, which is a single-use food.

3. The food according to claim 1 or 2, wherein a volume of each of the liquid storage compartments is 50 mL or less.

4. The food according to claim 1 or 2, wherein a liquid ratio (a)/(b) is from 0.1 to 10.

5. The food according to claim 1 or 2, wherein (a) comprises a safflower oil, a sunflower oil, or an MCT oil.

6. The food according to claim 1 or 2, wherein (a) comprises a glycerin fatty acid ester.

7. The food according to claim 1 or 2, wherein a viscosity of (a) is from 1 to 2000 mPa·s.

8. The food according to claim 1 or 2, wherein a peroxide value of (a) is 10 or less.

9. The food according to claim 1 or 2, wherein the liquid composition of (b) comprises a flavoring and/or a fruit juice.

10. The food according to claim 1 or 2, wherein a pH of (b) is 4 or less.