THE CLAIMS DEFINING THE INVENTION ARE AS FOLLOWS:

1. A delivery device for deploying an insertable into an orifice guided by digit, the delivery device comprising:
   a. insertable orientation means adapted to orient the insertable in a deployment orientation;
   b. digit orientation means adapted to orient a portion of at least one digit in a navigation orientation,

   the insertable orientation means and the digit orientation means adjoined across a partition with a partition cross-section, and the deployment orientation and the navigation orientation arranged for digit guided deployment of the insertable into the orifice.

2. The delivery device of claim 1 wherein the insertable orientation means further comprises a proximal portion adjacent the partition, the proximal portion adapted to temporarily accommodate at least a portion of the insertable.

3. The delivery device of claim 1 or 2 wherein the insertable orientation means further comprises a sheath member with proximal and distal ends defining a sheath member length and having a sheath member thickness defined by inner and outer surfaces, the sheath member extends distally from, or adjacent, the insertable orientation means proximal portion such that the sheath member inner surface substantially surrounds the insertable in a surrounding configuration.

4. The delivery device of claim 3 wherein the insertable orientation means further comprises an orifice facing member with a thickness and a perimeter defining an orifice facing member surface area and having a radial perimeter width interposed between the perimeter and an inner side of the radial perimeter width, the orifice facing member adapted to substantially cover the sheath member distal end such that the insertable in the deployment orientation is in a housed configuration interposed between the insertable orientation means proximal portion and the orifice facing member.

5. The delivery device of claim 4 wherein the orifice facing member is adapted to removably engage the sheath member distal end, the removable engagement comprising a frangible join of the orifice facing member perimeter and a perimeter of the inner surface of the sheath member adjacent a distal end of the sheath member and adapted to permit forced disengagement along at least a portion of the frangible join.

6. The delivery device of claim 4 or 5 wherein at least one fragility means spans at least a portion of the orifice facing member thickness, the fragility means adapted to permit forced penetration of the orifice facing member.

7. The delivery device of any one of claims 4 to 6 wherein the orifice facing member radial perimeter width has a region structural resilience and the sheath member has a sheath structural resilience, and a soft resilience measure of the region structural resilience exceeds the soft resilience measure of the sheath structural resilience.

8. The delivery device of any one of claims 3 to 7 wherein the sheath member is adapted to have a tapered configuration along the sheath member length from substantially widest at the sheath member distal end to substantially narrowest at the sheath member proximal end.

9. The delivery device of any one of claims 3 to 8 wherein the sheath member thickness is adapted to accommodate a change in the sheath member from the surrounding configuration to an insertable exposing configuration, wherein the sheath member distal end is extended beyond the sheath member proximal end, the partition, and at least a portion of the digit orientation means.

10. The delivery device of claim 9 wherein as the sheath member is changed from the surrounding configuration to the insertable exposing configuration, the sheath member inner surface is increasingly exposed and the sheath member outer surface is increasingly covered.

11. The delivery device of claim 9 or 10 wherein movement of the sheath member distal end in the direction of the sheath member proximal end causes a distal portion of the insertable to apply increasing pressure to the orifice facing member until the orifice facing member is forcibly disengaged from the sheath member distal end, and/or at least one fragility means is forcibly penetrated, allowing the insertable distal end to be exposed from within the surrounding configuration.

12. The delivery device of any one of claims 1 to 11 wherein the digit orientation means further comprises a distal portion adjacent the partition, the digit orientation means distal portion adapted to fittingly maintain the portion of the at least one digit in the navigation orientation.

13. The delivery device of any one of claims 2 to 12 wherein the partition is formed of any one or more of: the insertable orientation means proximal portion, the distal portion of the digit orientation means, or a partition member.

14. The delivery device of any one of claims 1 to 13 wherein the navigation orientation is an orientation in which the portion of the least one digit is oriented for application of at least one directional force to the insertable in the deployment orientation for deployment through physical structures defining the orifice.

15. The delivery device of any one of claims 1 to 14 wherein the deployment orientation has a longitudinal axis and the navigation orientation has a longitudinal axis and the arrangement of the deployment orientation and the navigation orientation is such that the deployment

orientation longitudinal axis and the navigation orientation longitudinal axis are substantially parallel, substantially aligned, or intersect at an angle adapted to facilitate deployment of the insertable into the orifice.

16. The delivery device of any one of claims 1 to 15 adapted so that advancement of the insertable through physical structures defining the orifice transmits proprioceptive cues through the partition to the portion of the at least one digit enabling informed selection of a directional force or forces necessary to navigate the insertable through physical structures defining the orifice and/or into the orifice.
17. The delivery device of any one of claims 1 to 16 formed as two pieces, wherein a first piece comprises the insertable orientation means and the second piece comprises the digit orientation means.
18. The delivery device of any one of claims 1 to 17 wherein the orifice is an opening into a vagina, an opening into an anus, an opening into a urinary tract, and opening into a penis, a nostril, an opening into an ear, and a mouth.
19. The delivery device of any one of claims 1 to 18 wherein the insertable is a tampon, pessary, suppository, clinical screening device, swab, cream, lubricant, pellet, tablet, capsule, supplement, implantable, medical or surgical device, therapeutic, or other insertable adapted to be of therapeutic or diagnostic benefit.
20. A method for deploying an insertable into an orifice guided by digit, the method comprising:

    a. providing a delivery device according to any device aspect of the invention wherein the insertable is temporarily accommodated in a deployment orientation;
    b. inserting a portion of at least one digit into the digit orientation means in a navigation orientation;
    c. optionally exposing the insertable;
    d. using the digit, guiding deployment of the insertable into the orifice from a distal end of the insertable to a proximal end of the insertable; and
    e. withdrawing the delivery device,

    leaving the insertable deployed in the orifice.