**[CLAIMS]**

【Claim 1】

A composition for recovering skin barrier function or moisturizing skin in a human, which comprises 0.01 wt%-100 wt% of ~~catechin-free~~green tea water based on the total weight of the composition, wherein the composition comprises~~comprising~~ 0.0001 wt% or less of catechins based on the total weight of the composition~~tea water~~ and wherein the green tea water is a water extract of a tea juice of raw green tea leaves steamed to inactivate enzymes.

【Claim 2】

The composition~~catechin-free tea water~~ according to claim 1, wherein the tea water composition is a cosmetic or pharmaceutical composition~~is derived from raw tea leaf in which enzymes are inactivated~~.

【Claim 3】

The ~~catechin-free tea water~~composition according to claim 1, wherein the green tea water promotes differentiation of keratinocytes~~is obtained by steaming raw tea leaf, thereby inactivating enzymes~~.

【Claim 4】

The ~~catechin-free tea water~~composition according to claim 1~~2~~, wherein the inactivated enzyme is~~comprises~~ polyphenol oxidase.

【Claim 5】

The ~~catechin-free tea water~~composition according to claim 1, wherein the green tea water is partially~~a tea water~~ obtained by removing catechins ~~comprised~~ in the raw green tea leaf by adsorbing catechins followed by filtering.

~~【Claim 6】~~

~~A composition for external application to skin, which comprises the catechin-free tea water according to claim 1.~~

~~【Claim 7】~~

~~A composition for recovering skin barrier function or moisturizing skin, which comprises the catechin-free tea water according to claim 1.~~

~~【Claim 8】~~

~~The composition according to claim 6 or 7, wherein the composition comprises 0.01-100 wt% of the catechin-free tea water based on the total weight of the composition.~~

~~【Claim 9】~~

~~The composition according to claim 6 or 7, wherein the catechin-free tea water promotes differentiation of keratinocytes.~~

~~【Claim 10】~~

~~The composition according to claim 6, wherein the composition is a cosmetic or pharmaceutical composition.~~

~~【Claim 11】~~

~~The composition according to claim 7, wherein the composition is a cosmetic, pharmaceutical or food composition.~~

【Claim 6~~12~~】

A method for preparing the catechins~~-~~ free green tea water according to ~~any of~~ claim~~s~~ 1~~ to 5~~, which comprises:

obtaining a green tea juice by steaming raw green tea leaf, thereby inactivating enzymes, and juice-extracting the same; and

obtaining a catechins~~-~~ free tea water by removing catechins from the extracted green tea juice to produce the composition of claim 1.

【Claim 7~~13~~】

The method for preparing the catechins ~~-~~free green tea water according to claim 6~~12~~, wherein the removing of catechins comprises:

a deodorization and decoloration step of adsorbing ingredients causing offensive odor generation and discoloration comprising catechins from the extracted green tea juice; and

a filtration step of filtering the green tea juice that has passed through the deodorization and decoloration step through a filter, thereby removing the adsorbed ingredients causing offensive odor generation and discoloration comprising catechins and residual solids to produce the composition of claim 1.

【Claim 8~~14~~】

The method for preparing the catechins -free green tea water according to claim 713, wherein the deodorization and decoloration step comprises adsorbing the ingredients causing offensive odor generation and discoloration comprising catechins with one or more of diatomaceous earth and activated carbon.

【Claim 915】

The method for preparing the catechins -free green tea water according to claim 713, wherein the ingredients causing offensive odor generation and discoloration comprise chlorophyll.

【Claim 1016】

The method for preparing the catechins -free tea water according to claim 612, wherein, in the obtaining the green tea juice, the steaming is performed at 90 ºC -110 ºC for 0.1 minutes-3 minutes.

【Claim 11】

The method for preparing the catechins free green tea water according to claim 6, wherein the inactivated enzyme is polyphenol oxidase.

【Claim 12】

A method for recovering skin barrier function or moisturizing skin in a human, comprising administering the catechins free green tea water according to claim 1 to a human in need thereof, wherein the method is a cosmetic method.