CLAIMS

1. Use of *Bifidobacterium lactis* in the manufacture of a composition for suppressing intestinal inflammation, wherein the *Bifidobacterium lactis* has the deposit number CGMCC 15650.

2. The use according to claim 1, wherein the *Bifidobacterium lactis* is to be used in a form of solid or liquid bacterial preparation of viable and/or dead bacteria to manufacture the composition.

3. The use according to claim 1, wherein the composition comprises a food composition, or a pharmaceutical composition.

4. The use according to claim 1, wherein the composition is for use in reducing inflammatory factors IL-6 and/or TNF-α.

5. The use according to claim 4, wherein the *Bifidobacterium lactis* is to be used in an amount of 3.88×10^{6} CFU to 3.88×10^{13} CFU/day or 0.01 μg to 100 mg/day.

6. The use according to claim 1, wherein the composition is for use in promoting anti-inflammatory factor IL-10.

7. The use according to claim 6, wherein the *Bifidobacterium lactis* is to be used in an amount of 3.88×10^{6} CFU to 3.88×10^{13} CFU/day or 0.01 μg to 100 mg/day.

8. The use according to claim 1, wherein the composition is for use in reducing tissue damage in colitis.

9. The use according to claim 8, wherein the *Bifidobacterium lactis* is to be used in an amount of 3.88×10^{6} CFU to 3.88×10^{13} CFU/day or 0.01 μg to 100 mg/day.

10. The use according to any one of claims 4-9, wherein the composition is a food composition, the food is a fermented dairy product, cheese, a dairy-containing beverage, a solid beverage, or dairy powder.