

DESCRIPTION

CARBOHYDRATE METABOLISM-AMELIORATING AGENT

TECHNICAL FIELD

[0001] The present invention relates to a carbohydrate metabolism-ameliorating agent. More specifically, the present invention relates to a carbohydrate metabolism-ameliorating agent containing a cyclic dipeptide including amino acids as constituent units as an active ingredient, a GLP-1 secretion accelerator containing the cyclic dipeptide as an active ingredient, and use of the cyclic dipeptide for ameliorating carbohydrate metabolism.

BACKGROUND ART

[0002] "Dipeptides", which are each composed of two amino acids bonded to each other, have been paid attention as functional substances. Dipeptides can be provided with physical properties or novel functions that are not possessed by simple amino acids and are expected as materials having application ranges broader than those of amino acids. In particular, diketopiperazines, which are cyclic dipeptides, are known to have various physiological activities, and demands for diketopiperazines are predicted to increase in the medical and pharmacological fields.

[0003] For example, Patent Literature 1 reports that cyclic dipeptides having 2,5-diketopiperazine structure have an antidepressant action, a learning motivation-improving action, etc. Non Patent Literature 1 discloses that the cyclic dipeptide Cyclo(His-Pro) has various physiological activities

including central nervous system actions such as decrease in body temperature and appetite suppression and hormone-like actions such as suppression of prolactin secretion and acceleration of growth hormone secretion, and the literature also reports that the cyclic dipeptide Cyclo(Leu-Gly) has a memory function-improving action and the cyclic dipeptide Cyclo(Asp-Pro) has a suppressing action on preference for fat. Non Patent Literature 2 reports cyclic dipeptides having an antibacterial action or an antioxidant action.

[0004] Non Patent Literature 3 reports that the cyclic dipeptide Cyclo(Trp-Pro) has an anticancer action, the cyclic dipeptides Cyclo(His-Pro) and Cyclo(Gly-Pro) have an antibacterial action, the cyclic dipeptide Cyclo(His-Pro) has a neuroprotective action, the cyclic dipeptide Cyclo(Gly-Pro) has a memory function-improving action, and the cyclic dipeptides Cyclo(Tyr-Pro) and Cyclo(Phe-Pro) have a biological herbicide action. It is reported that cyclo-histidyl-proline (Cyclo(His-Pro)), which is one of cyclic dipeptides and obtained by treating a yeast suspension with protease, increases glucose tolerance and Cyclo(His-Pro) has an antioxidant activity (Non Patent Literature 4).

[0005] The glucagon-like peptide (GLP-1), which is known as a weight-loss hormone, is an incretin consisting of 30 or 31 amino acids, and is released from enteroendocrine L cells in response to fats and oils, uptake of carbohydrates, and proteins derived from diet. It has been found that release of the peptide hormone decreases in individuals with Type II diabetes and acceleration of GLP-1 release in Type II diabetes

is considered to be effective for treatment of diabetes and other related diseases (Non Patent Literature 5). In addition, the GLP-1 is known to have a function of appetite suppression through increase in insulin secretion in response to uptake of carbohydrates (uptake of glucose) to work on a specific area in the brain in normal condition (Non Patent Literature 6).

CITATION LIST

PATENT LITERATURE

[0006] Patent Literature 1: National Publication of International Patent Application No. 2012-517998

NON PATENT LITERATURE

[0007] Non Patent Literature 1: Peptides, 16(1), 151-164 (1995)

Non Patent Literature 2: Bioscience & Industry, 60(7), 454-457 (2002)

Non Patent Literature 3: Chemical Reviews, 112, 3641-3716 (2012)

Non Patent Literature 4: J of Food Science, vol 76(2) 2011

Non Patent Literature 5: Nauck et al., 1993, J Clin Invest. 1993 Jan; 91(1):301-7

Non Patent Literature 6: Zander et al., 2002, Lancet, 359, 824-830 (2002)

SUMMARY OF INVENTION

TECHNICAL PROBLEM

[0008] Although cyclic dipeptides are reported to have a physiological activity, they possibly have still unknown functions.

[0009] It is an object of the present invention to provide a safe carbohydrate metabolism-ameliorating agent having an excellent carbohydrate metabolism-ameliorating action, and a safe GLP-1 secretion accelerator having an excellent GLP-1 secretion-accelerating action.

SOLUTION TO PROBLEM

[0010] The present inventors, who have diligently studied the action of cyclic dipeptides, have found that specific cyclic dipeptides have a significant carbohydrate metabolism-ameliorating action, and further found that the carbohydrate metabolism-ameliorating action of the specific cyclic dipeptides is due to a GLP-1 secretion-accelerating action, and have arrived at the completion of the present invention. Specifically, the present invention provides the following aspects:

1) A carbohydrate metabolism-ameliorating agent containing a cyclic dipeptide including amino acids as constituent units or a salt thereof as an active ingredient, wherein the cyclic dipeptide or salt thereof is one or two or more cyclic dipeptides selected from the group consisting of cyclo-threonyl-tyrosine, cyclo-valyl-tyrosine, cyclo-glutamyl-tyrosine, cyclo-asparaginyl-isoleucine, cyclo-arginyl-proline, cyclo-asparaginyl-glycine, cyclo-methionyl-valine, cyclo-glutamyl-cysteine, cyclo-seryl-glutamic acid, cyclo-isoleucyl-lysine, cyclo-glutamyl-leucine, cyclo-isoleucyl-threonine, cyclo-threonyl-threonine, cyclo-methionyl-threonine, cyclo-alanyl-cysteine, cyclo-glycyl-cysteine, cyclo-aspartyl-serine, cyclo-arginyl-aspartic acid,

cyclo-glycyl-tryptophan, cyclo-histidyl-phenylalanine, cyclo-aspartyl-leucine, cyclo-isoleucyl-histidine, cyclo-seryl-leucine, cyclo-isoleucyl-aspartic acid, cyclo-seryl-cysteine, cyclo-phenylalanyl-tryptophan, cyclo-alanyl-leucine, cyclo-glutamyl-histidine, cyclo-arginyl-valine, cyclo-glutamyl-leucine, cyclo-leucyl-tryptophan, cyclo-tryptophanyl-tryptophan, cyclo-L-alanyl-proline, cyclo-methionyl-arginine, cyclo-lysyl-phenylalanine, cyclo-phenylalanyl-phenylalanine, cyclo-tryptophanyl-tyrosine, cyclo-asparaginyl-valine, cyclo-glutamyl-isoleucine, cyclo-alanyl-serine, cyclo-methionyl-histidine, cyclo-methionyl-proline, cyclo-arginyl-leucine, cyclo-methionyl-glutamic acid, cyclo-methionyl-alanine, cyclo-isoleucyl-glutamic acid, cyclo-isoleucyl-serine, cyclo-valyl-serine, cyclo-methionyl-glycine, cyclo-valyl-threonine, cyclo-valyl-aspartic acid, cyclo-glycyl-proline, cyclo-leucyl-proline, cyclo-glutamyl-glycine, cyclo-tryptophanyl-lysine, cyclo-glutamyl-phenylalanine, cyclo-lysyl-glycine, cyclo-seryl-lysine, cyclo-valyl-lysine, cyclo-asparaginyl-lysine, cyclo-histidyl-histidine, cyclo-threonyl-histidine, cyclo-aspartyl-histidine, cyclo-asparaginyl-histidine, cyclo-arginyl-serine, cyclo-asparaginyl-methionine, cyclo-glutamyl-methionine, cyclo-tryptophanyl-arginine, cyclo-asparaginyl-arginine, cyclo-asparaginyl-proline, and cyclo-arginyl-arginine or salts thereof.

2) The carbohydrate metabolism-ameliorating agent according to aspect 1), wherein the cyclic dipeptide or salt thereof is three or more cyclic dipeptides selected from the group defined in aspect 1) or salts thereof.

3) A GLP-1 secretion accelerator containing a cyclic dipeptide including amino acids as constituent units or a salt thereof as an active ingredient, wherein the cyclic dipeptide or salt thereof is one or two or more cyclic dipeptides selected from the group consisting of cyclo-threonyl-tyrosine, cyclo-valyl-tyrosine, cyclo-glutaminyl-tyrosine, cyclo-asparaginyl-isoleucine, cyclo-arginyl-proline, cyclo-asparaginyl-glycine, cyclo-methionyl-valine, cyclo-glutamyl-cysteine, cyclo-seryl-glutamic acid, cyclo-isoleucyl-lysine, cyclo-glutaminyl-leucine, cyclo-isoleucyl-threonine, cyclo-threonyl-threonine, cyclo-methionyl-threonine, cyclo-alanyl-cysteine, cyclo-glycyl-cysteine, cyclo-aspartyl-serine, cyclo-arginyl-aspartic acid, cyclo-glycyl-tryptophan, cyclo-histidyl-phenylalanine, cyclo-aspartyl-leucine, cyclo-isoleucyl-histidine, cyclo-seryl-leucine, cyclo-isoleucyl-aspartic acid, cyclo-seryl-cysteine, cyclo-phenylalanyl-tryptophan, cyclo-alanyl-leucine, cyclo-glutaminyl-histidine, cyclo-arginyl-valine, cyclo-glutamyl-leucine, cyclo-leucyl-tryptophan, cyclo-tryptophanyl-tryptophan, cyclo-L-alanyl-proline, cyclo-methionyl-arginine, cyclo-lysyl-phenylalanine, cyclo-phenylalanyl-phenylalanine, cyclo-tryptophanyl-tyrosine, cyclo-asparaginyl-valine, cyclo-glutaminyl-isoleucine, cyclo-alanyl-serine, cyclo-methionyl-histidine, cyclo-methionyl-proline, cyclo-arginyl-leucine, cyclo-methionyl-glutamic acid, cyclo-methionyl-alanine, cyclo-isoleucyl-glutamic acid, cyclo-isoleucyl-serine, cyclo-valyl-serine, cyclo-methionyl-glycine, cyclo-valyl-threonine, and cyclo-valyl-aspartic acid, cyclo-glycyl-proline, cyclo-leucyl-

proline, cyclo-glutaminyll-glycine, cyclo-tryptophanyl-lysine, cyclo-glutaminyll-phenylalanine, cyclo-lysyl-glycine, cyclo-seryl-lysine, cyclo-valyl-lysine, cyclo-asparaginyll-lysine, cyclo-histidyl-histidine, cyclo-threonyll-histidine, cyclo-aspartyl-histidine, cyclo-asparaginyll-histidine, cyclo-arginyl-serine, cyclo-asparaginyll-methionine, cyclo-glutaminyll-methionine, cyclo-tryptophanyl-arginine, cyclo-asparaginyll-arginine, cyclo-asparaginyll-proline, and cyclo-arginyl-arginine or salts thereof.

4) The GLP-1 secretion accelerator according to aspect 3), wherein the cyclic dipeptide or salt thereof is three or more cyclic dipeptides selected from the group defined in 3) or salts thereof.

5) The GLP-1 secretion accelerator according to any one of aspects 1) to 4), wherein the cyclic dipeptide including amino acids as constituent units is derived from soybean.

6) The GLP-1 secretion accelerator according to any one of aspects 1) to 4), wherein the cyclic dipeptide including amino acids as constituent units is derived from tea.

7) Use of a cyclic dipeptide including amino acids as constituent units or a salt thereof for ameliorating carbohydrate metabolism, wherein the cyclic dipeptide or salt thereof is one or two or more cyclic dipeptides selected from the group consisting of cyclo-threonyll-tyrosine, cyclo-valyl-tyrosine, cyclo-glutaminyll-tyrosine, cyclo-asparaginyll-isoleucine, cyclo-arginyl-proline, cyclo-asparaginyll-glycine, cyclo-methionyl-valine, cyclo-glutamyl-cysteine, cyclo-seryl-glutamic acid, cyclo-isoleucyl-lysine, cyclo-glutaminyll-

leucine, cyclo-isoleucyl-threonine, cyclo-threonyl-threonine, cyclo-methionyl-threonine, cyclo-alanyl-cysteine, cyclo-glycyl-cysteine, cyclo-aspartyl-serine, cyclo-arginyl-aspartic acid, cyclo-glycyl-tryptophan, cyclo-histidyl-phenylalanine, cyclo-aspartyl-leucine, cyclo-isoleucyl-histidine, cyclo-seryl-leucine, cyclo-isoleucyl-aspartic acid, cyclo-seryl-cysteine, cyclo-phenylalanyl-tryptophan, cyclo-alanyl-leucine, cyclo-glutaminy-l-histidine, cyclo-arginyl-valine, cyclo-glutamyl-leucine, cyclo-leucyl-tryptophan, cyclo-tryptophanyl-tryptophan, cyclo-L-alanyl-proline, cyclo-methionyl-arginine, cyclo-lysyl-phenylalanine, cyclo-phenylalanyl-phenylalanine, cyclo-tryptophanyl-tyrosine, cyclo-asparaginy-l-valine, cyclo-glutaminy-l-isoleucine, cyclo-alanyl-serine, cyclo-methionyl-histidine, cyclo-methionyl-proline, cyclo-arginyl-leucine, cyclo-methionyl-glutamic acid, cyclo-methionyl-alanine, cyclo-isoleucyl-glutamic acid, cyclo-isoleucyl-serine, cyclo-valyl-serine, cyclo-methionyl-glycine, cyclo-valyl-threonine, and cyclo-valyl-aspartic acid, cyclo-glycyl-proline, cyclo-leucyl-proline, cyclo-glutaminy-l-glycine, cyclo-tryptophanyl-lysine, cyclo-glutaminy-l-phenylalanine, cyclo-lysyl-glycine, cyclo-seryl-lysine, cyclo-valyl-lysine, cyclo-asparaginy-l-lysine, cyclo-histidyl-histidine, cyclo-threonyl-histidine, cyclo-aspartyl-histidine, cyclo-asparaginy-l-histidine, cyclo-arginyl-serine, cyclo-asparaginy-l-methionine, cyclo-glutaminy-l-methionine, cyclo-tryptophanyl-arginine, cyclo-asparaginy-l-arginine, cyclo-asparaginy-l-proline, and cyclo-arginyl-arginine or salts thereof.

8) The use according to aspect 7), wherein the cyclic dipeptide or salt thereof is three or more cyclic dipeptides selected from the group defined in aspect 7) or salts thereof.

9) The use according to aspect 7) or 8), wherein the cyclic dipeptide including amino acids as constituent units is derived from soybean.

10) The use according to aspect 7) or 8), wherein the cyclic dipeptide including amino acids as constituent units is derived from tea.

ADVANTAGEOUS EFFECTS OF INVENTION

[0011] The carbohydrate metabolism-ameliorating agent according to the present invention is advantageous in that it has an excellent carbohydrate metabolism-ameliorating action, and that it is safe and can be ingested for a long period.

BRIEF DESCRIPTION OF DRAWINGS

[0012] Fig. 1 shows the plasma active GLP-1 level after administration of a heat-treated soybean peptide.

Fig. 2 shows the results of a glucose-loading test after administration of a heat-treated soybean peptide and a soybean peptide.

Fig. 3 shows the results of a glucose-loading test after administration of a heat-treated tea peptide.

DESCRIPTION OF EMBODIMENTS

[0013] One aspect of the present invention is a carbohydrate metabolism-ameliorating agent containing a cyclic dipeptide including amino acids as constituent units or a salt thereof as an active ingredient. Throughout the specification,

cyclic dipeptides or salts thereof are occasionally referred to as cyclic dipeptides in a collective and simple manner.

[0014] The carbohydrate metabolism-ameliorating agent according to the present invention contains one or two or more cyclic dipeptides selected from group A consisting of cyclo-threonyl-tyrosine [Cyclo(Thr-Tyr)], cyclo-valyl-tyrosine [Cyclo(Val-Tyr)], cyclo-glutaminyl-tyrosine [Cyclo(Gln-Tyr)], cyclo-asparaginyl-isoleucine [Cyclo(Asn-Ile)], cyclo-arginyl-proline [Cyclo(Arg-Pro)], cyclo-asparaginyl-glycine [Cyclo(Asn-Gly)], cyclo-methionyl-valine [Cyclo(Met-Val)], cyclo-glutamyl-cysteine [Cyclo(Glu-Cys)], cyclo-seryl-glutamic acid [Cyclo(Ser-Glu)], cyclo-isoleucyl-lysine [Cyclo(Ile-Lys)], cyclo-glutaminyl-leucine [Cyclo(Gln-Leu)], cyclo-isoleucyl-threonine [Cyclo(Ile-Thr)], cyclo-threonyl-threonine [Cyclo(Thr-Thr)], cyclo-methionyl-threonine [Cyclo(Met-Thr)], cyclo-alanyl-cysteine [Cyclo(Ala-Cys)], cyclo-glycyl-cysteine [Cyclo(Gly-Cys)], cyclo-aspartyl-serine [Cyclo(Asp-Ser)], cyclo-arginyl-aspartic acid [Cyclo(Arg-Asp)], cyclo-glycyl-tryptophan [Cyclo(Gly-Trp)], cyclo-histidyl-phenylalanine [Cyclo(His-Phe)], cyclo-aspartyl-leucine [Cyclo(Asp-Leu)], cyclo-isoleucyl-histidine [Cyclo(Ile-His)], cyclo-seryl-leucine [Cyclo(Ser-Leu)], cyclo-isoleucyl-aspartic acid [Cyclo(Ile-Asp)], cyclo-seryl-cysteine [Cyclo(Ser-Cys)], cyclo-phenylalanyl-tryptophan [Cyclo(Phe-Trp)], cyclo-alanyl-leucine [Cyclo(Ala-Leu)], cyclo-glutaminyl-histidine [Cyclo(Gln-His)], cyclo-arginyl-valine [Cyclo(Arg-Val)], cyclo-glutamyl-leucine [Cyclo(Glu-Leu)], cyclo-leucyl-tryptophan [Cyclo(Leu-Trp)], cyclo-tryptophanyl-tryptophan

[Cyclo(Trp-Trp)], cyclo-L-alanyl-proline [Cyclo(L-Ala-Pro)], cyclo-methionyl-arginine [Cyclo(Met-Arg)], cyclo-lysyl-phenylalanine [Cyclo(Lys-Phe)], cyclo-phenylalanyl-phenylalanine [Cyclo(Phe-Phe)], cyclo-tryptophanyl-tyrosine [Cyclo(Trp-Tyr)], cyclo-asparaginyl-valine [Cyclo(Asn-Val)], cyclo-glutaminy-l-iso-leucine [Cyclo(Gln-Ile)], cyclo-alanyl-serine [Cyclo(Ala-Ser)], cyclo-methionyl-histidine [Cyclo(Met-His)], cyclo-methionyl-proline [Cyclo(Met-Pro)], cyclo-arginyl-leucine [Cyclo(Arg-Leu)], cyclo-methionyl-glutamic acid [Cyclo(Met-Glu)], cyclo-methionyl-alanine [Cyclo(Met-Ala)], cyclo-iso-leucyl-glutamic acid [Cyclo(Ile-Glu)], cyclo-iso-leucyl-serine [Cyclo(Ile-Ser)], cyclo-valyl-serine [Cyclo(Val-Ser)], cyclo-methionyl-glycine [Cyclo(Met-Gly)], cyclo-valyl-threonine [Cyclo(Val-Thr)], cyclo-valyl-aspartic acid [Cyclo(Val-Asp)], cyclo-glycyl-proline [Cyclo(Gly-Pro)], cyclo-leucyl-proline [Cyclo(Leu-Pro)], cyclo-glutaminy-l-glycine [Cyclo(Gln-Gly)], cyclo-tryptophanyl-lysine [Cyclo(Trp-Lys)], cyclo-glutaminy-l-phenylalanine [Cyclo(Gln-Phe)], cyclo-lysyl-glycine [Cyclo(Lys-Gly)], cyclo-seryl-lysine [Cyclo(Ser-Lys)], cyclo-valyl-lysine [Cyclo(Val-Lys)], cyclo-asparaginyl-lysine [Cyclo(Asn-Lys)], cyclo-histidyl-histidine [Cyclo(His-His)], cyclo-threonyl-histidine [Cyclo(Thr-His)], cyclo-aspartyl-histidine [Cyclo(Asp-His)], cyclo-asparaginyl-histidine [Cyclo(Asn-His)], cyclo-arginyl-serine [Cyclo(Arg-Ser)], cyclo-asparaginyl-methionine [Cyclo(Asn-Met)], cyclo-glutaminy-l-methionine [Cyclo(Gln-Met)], cyclo-tryptophanyl-arginine [Cyclo(Trp-Arg)], cyclo-asparaginyl-arginine [Cyclo(Asn-Arg)], cyclo-asparaginyl-

proline [Cyclo(Asn-Pro)], and cyclo-arginyl-arginine [Cyclo(Arg-Arg)] or salts thereof as an active ingredient. Alternatively, the carbohydrate metabolism-ameliorating agent according to the present invention contains three or more cyclic dipeptides or salts thereof selected from the above group of cyclic dipeptides or salts thereof as an active ingredient. Throughout the specification, the order of amino acids in a cyclic dipeptide may be inverse as long as the constitution is unchanged, and for example, Cyclo(Trp-Tyr) and Cyclo(Tyr-Trp) represent an identical cyclic dipeptide.

[0015] The carbohydrate metabolism-ameliorating agent according to the present invention is only required to contain one or two or more cyclic dipeptides of the above-mentioned 71 cyclic dipeptides or salts thereof as an active ingredient. Among them, one or two or more cyclic dipeptides selected from group B consisting of cyclo-threonyl-tyrosine, cyclo-valyl-tyrosine, cyclo-glutaminyl-tyrosine, cyclo-asparaginyl-isoleucine, cyclo-arginyl-proline, cyclo-asparaginyl-glycine, cyclo-methionyl-valine, cyclo-glutamyl-cysteine, cyclo-seryl-glutamic acid, cyclo-isoleucyl-lysine, cyclo-glutaminyl-leucine, cyclo-isoleucyl-threonine, cyclo-threonyl-threonine, cyclo-methionyl-threonine, cyclo-alanyl-cysteine, cyclo-glycyl-cysteine, cyclo-aspartyl-serine, cyclo-arginyl-aspartic acid, cyclo-glycyl-tryptophan, cyclo-histidyl-phenylalanine, cyclo-aspartyl-leucine, cyclo-isoleucyl-histidine, cyclo-seryl-leucine, cyclo-isoleucyl-aspartic acid, cyclo-seryl-cysteine, cyclo-phenylalanyl-tryptophan, cyclo-alanyl-leucine, cyclo-glutaminyl-histidine, cyclo-arginyl-valine, cyclo-

glutamyl-leucine, cyclo-leucyl-tryptophan, cyclo-tryptophanyl-tryptophan, cyclo-L-alanyl-proline, cyclo-methionyl-arginine, cyclo-lysyl-phenylalanine, cyclo-phenylalanyl-phenylalanine, cyclo-tryptophanyl-tyrosine, cyclo-asparaginyl-valine, and cyclo-glutamyl-iso-leucine or salts thereof are preferably at least contained. More preferably, one or two or more cyclic dipeptides selected from group C consisting of cyclo-threonyl-tyrosine, cyclo-valyl-tyrosine, cyclo-glutamyl-tyrosine, cyclo-asparaginyl-iso-leucine, cyclo-arginyl-proline, cyclo-asparaginyl-glycine, cyclo-methionyl-valine, cyclo-glutamyl-cysteine, cyclo-seryl-glutamic acid, and cyclo-iso-leucyl-lysine or salts thereof are at least contained.

[0016] Let two amino acids constituting the cyclic dipeptide according to the present invention be amino acid A and amino acid B. The cyclic dipeptide according to the present invention has a structure in which the carboxy group of amino acid A and the amino group of amino acid B have undergone dehydration condensation and the amino group of amino acid A and the carboxy group of amino acid B have undergone dehydration condensation. At least one of the constituent amino acids is preferably a basic amino acid, and more preferably arginine, but is not limited thereto.

[0017] The carbohydrate metabolism-ameliorating agent according to the present invention can accelerate GLP-1 secretion to ameliorate carbohydrate metabolism due to a feature of containing the cyclic dipeptide or salt thereof in an effective amount, and thus can be suitably used for diseases for which amelioration of carbohydrate metabolism is

required. Examples of such diseases include diabetes and obesity, and the composition according to the present invention is effective for prevention and treatment of them.

[0018] The carbohydrate metabolism-ameliorating agent according to the present invention can be provided, for example, with a label indicating that this product is for prevention and/or amelioration of hyperglycemia and obesity, and is thus extremely useful for individuals with a high blood glucose level, slightly obese individuals, individuals with a tendency of metabolic syndrome, or the like.

[0019] One aspect of the present invention is a GLP-1 secretion accelerator containing a cyclic dipeptide including amino acids as constituent units or a salt thereof as an active ingredient. Most of the above descriptions regarding the carbohydrate metabolism-ameliorating agent is also applied to the GLP-1 secretion accelerator.

[0020] The carbohydrate metabolism-ameliorating agent according to the present invention is only required to contain one or two or more cyclic dipeptides of the above-mentioned 71 cyclic dipeptides or salts thereof in an amount which allows the effect to be exerted. The content of the cyclic dipeptide or salt thereof can be measured in accordance with a known method, for example, by using LC-MS/MS.

[0021] Throughout the specification, a salt of a cyclic dipeptide refers to any pharmacologically acceptable salt (including inorganic salts and organic salts), and examples thereof include sodium salts, potassium salts, calcium salts, magnesium salts, ammonium salts, hydrochlorides, sulfates,

nitrates, phosphates, and organic acid salts (acetate, citrates, maleates, malates, oxalates, lactates, succinate, fumarates, propionates, formates, benzoates, picrates, and benzenesulfonates) of the cyclic dipeptide.

[0022] Cyclic dipeptides used in the present invention can be prepared by using a method known in the art. For example, a cyclic dipeptide may be produced by using chemical synthesis, an enzymatic method, or microbial fermentation, or may be synthesized by using a dehydration and cyclization reaction of a linear peptide, or may be prepared in accordance with a method described in Japanese Patent Laid-Open No. 2003-252896 or J. Peptide Sci., 10, 737-737 (2004). For example, a heat-treated product obtained by subjecting a soybean peptide or tea peptide obtained through enzyme treatment or heat treatment to further heat treatment can be preferably used. In other words, the cyclic dipeptide including amino acids as constituent units in the present invention may be derived from soybean or tea.

[0023] Specifically, a heat-treated product obtained by subjecting a solution containing a soybean peptide to heat treatment can be prepared, for example, by dissolving a soybean peptide in water to a concentration of 20 to 500 g/mL and heating the resultant under a condition of 40 to 150°C for 5 minutes to 120 hours. As desired, the heat-treated product obtained may be subjected to a process such as filtration, centrifugation, concentration, ultrafiltration, freeze-drying, and pulverization.

[0024] Specifically, a heat-treated product obtained by subjecting a solution containing a tea peptide to heat treatment can be prepared, for example, by dissolving a tea peptide in water to a concentration of 20 to 500 g/mL and heating the resultant under a condition of 40 to 150°C for 5 minutes to 120 hours. As desired, the heat-treated product obtained may be subjected to a process such as filtration, centrifugation, concentration, ultrafiltration, freeze-drying, and pulverization.

[0025] Those skilled in the art could easily prepare a salt of a cyclic dipeptide by using a method known in the art.

[0026] The cyclic dipeptide or salt thereof obtained as described above can be used for accelerating GLP-1 secretion to ameliorate carbohydrate metabolism. Accordingly, the present invention further provides a GLP-1 secretion accelerator containing the cyclic dipeptide or salt thereof according to the present invention as an active ingredient.

[0027] The carbohydrate metabolism-ameliorating agent or a GLP-1 secretion accelerator according to the present invention can be ingested by using an appropriate method in accordance with its form. The method of ingestion is not particularly limited and may be any method which allows the cyclic dipeptide or salt thereof according to the present invention to be transferred into the circulating blood. Throughout the specification, ingestion includes all modes of eating, administration, and drinking.

[0028] For example, a solvent, a dispersant, an emulsifier, a buffer, a stabilizer, a diluent, a binder, a disintegrator,

a lubricant, etc., can be added to a raw material containing the cyclic dipeptide or salt thereof of the carbohydrate metabolism-ameliorating agent according to the present invention, as desired, to formulate a solid preparation such as a tablet, a granule, a powder(sanzai), a powder(funmatsuzai), and a capsule, or a solution such as a common solution, a suspension, and an emulsion by using a known method. Each of these compositions can be ingested as it is together with water or the like. In addition, the carbohydrate metabolism-ameliorating agent according to the present invention can be prepared in a form capable of being mixed easily (e.g., form of a powder or a granule) and used for a raw material of a drug.

[0029] The content of the cyclic dipeptide or salt thereof in the above form is not particularly limited and may be any content such that a desired effect of the present invention is exerted in view of form of administration, an administration method, etc. For example, the total amount of cyclic dipeptides including amino acids as constituent units of group A or salts thereof, more preferably the total content of cyclic dipeptides of group B or salts thereof, further preferably the total content of cyclic dipeptides of group C or salts thereof is preferably 0.2×10 ppm or more, more preferably 0.2×10^2 ppm or more, further preferably 0.4×10^2 ppm or more and preferably 1.0×10^6 ppm or less, more preferably 1.0×10^5 ppm or less, further preferably 0.5×10^5 ppm or less. In the case of a solution or the like, the total amount of cyclic dipeptides including amino acids as

constituent units of group A or salts thereof, more preferably the total content of cyclic dipeptides of group B or salts thereof, further preferably the total content of cyclic dipeptides of group C or salts thereof may be preferably 0.2×10^{-2} mg/100 mL or more, more preferably 0.2×10^{-1} mg/100 mL or more, further preferably 0.2 mg/100 mL or more and preferably 1.0×10^3 mg/100 mL or less, more preferably 1.0×10^2 mg/100 mL or less, further preferably 0.5×10^2 mg/100 mL or less. The fraction of the total amount of cyclic dipeptides of group B or group C, each of which has a high GLP-1 secretion-accelerating action, in the cyclic dipeptide in Embodiment 1 is preferably 5% by weight or more, more preferably 10% by weight or more, and further preferably 15% by weight or more, from the viewpoint of a GLP-1 secretion-accelerating effect. The upper limit is not particularly limited, but preferably 90% by weight or less and more preferably 60% by weight or less. For example, the content of each cyclic dipeptide or salt thereof is as follows:

- (1) cyclo-threonyl-tyrosine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.
- (2) cyclo-valyl-tyrosine or a salt thereof, content: 0.30×10 to 0.50×10^5 ppm, preferably 0.30×10^2 to 0.50×10^4 ppm.
- (3) cyclo-glutaminyl-tyrosine or a salt thereof, content: 0.20×10 to 0.40×10^5 ppm, preferably 0.20×10^2 to 0.40×10^4 ppm.
- (4) cyclo-asparaginylyl-isoleucine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

- (5) cyclo-arginyl-proline or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.
- (6) cyclo-asparaginyll-glycine or a salt thereof, content: 0.20×10 to 0.50×10^5 ppm, preferably 0.20×10^2 to 0.50×10^4 ppm.
- (7) cyclo-methionyl-valine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.
- (8) cyclo-glutamyl-cysteine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.
- (9) cyclo-seryl-glutamic acid or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.
- (10) cyclo-isoleucyl-lysine or a salt thereof, content: 0.50×10 to 0.90×10^5 ppm, preferably 0.50×10^2 to 0.90×10^4 ppm.
- (11) cyclo-glutaminyll-leucine or a salt thereof, content: 0.80×10 to 1.30×10^5 ppm, preferably 0.80×10^2 to 1.30×10^4 ppm.
- (12) cyclo-isoleucyl-threonine or a salt thereof, content: 0.20×10 to 0.50×10^5 ppm, preferably 0.20×10^2 to 0.50×10^4 ppm.
- (13) cyclo-threonyll-threonine or a salt thereof, content: 0.30×10 to 0.50×10^5 ppm, preferably 0.30×10^2 to 0.50×10^4 ppm.
- (14) cyclo-methionyl-threonine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.
- (15) cyclo-alanyl-cysteine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.
- (16) cyclo-glycyl-cysteine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.
- (17) cyclo-aspartyl-serine or a salt thereof, content: 1.00×10 to 1.60×10^5 ppm, preferably 1.00×10^2 to 1.60×10^4 ppm.

(18) cyclo-arginyl-aspartic acid or a salt thereof, content: 0.90×10 to 1.50×10^5 ppm, preferably 0.90×10^2 to 1.50×10^4 ppm.

(19) cyclo-glycyl-tryptophan or a salt thereof, content: 0.10×10 to 0.30×10^5 ppm, preferably 0.10×10^2 to 0.30×10^4 ppm.

(20) cyclo-histidyl-phenylalanine or a salt thereof, content: 0.20×10 to 0.40×10^5 ppm, preferably 0.20×10^2 to 0.40×10^4 ppm.

(21) cyclo-aspartyl-leucine or a salt thereof, content: 0.40×10 to 0.80×10^5 ppm, preferably 0.40×10^2 to 0.80×10^4 ppm.

(22) cyclo-isoleucyl-histidine or a salt thereof, content: 0.70×10 to 1.20×10^5 ppm, preferably 0.70×10^2 to 1.20×10^4 ppm.

(23) cyclo-seryl-leucine or a salt thereof, content: 0.70×10 to 1.10×10^5 ppm, preferably 0.70×10^2 to 1.10×10^4 ppm.

(24) cyclo-isoleucyl-aspartic acid or a salt thereof, content: 0.70×10 to 1.10×10^5 ppm, preferably 0.70×10^2 to 1.10×10^4 ppm.

(25) cyclo-seryl-cysteine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

(26) cyclo-phenylalanyl-tryptophan or a salt thereof, content: 0.07×10 to 0.20×10^5 ppm, preferably 0.07×10^2 to 0.20×10^4 ppm.

(27) cyclo-alanyl-leucine or a salt thereof, content: 1.40×10 to 2.30×10^5 ppm, preferably 1.40×10^2 to 2.30×10^4 ppm.

(28) cyclo-glutaminy-l-histidine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

(29) cyclo-arginyl-valine or a salt thereof, content: 0.60×10 to 1.00×10^5 ppm, preferably 0.60×10^2 to 1.00×10^4 ppm.

(30) cyclo-glutamyl-leucine or a salt thereof, content: 0.70×10 to 1.10×10^5 ppm, preferably 0.70×10^2 to 1.10×10^4 ppm.

(31) cyclo-leucyl-tryptophan or a salt thereof, content: 0.10×10 to 0.30×10^5 ppm, preferably 0.10×10^2 to 0.30×10^4 ppm.

(32) cyclo-tryptophanyl-tryptophan or a salt thereof, content: 0.04×10 to 0.07×10^5 ppm, preferably 0.04×10^2 to 0.07×10^4 ppm.

(33) cyclo-L-alanyl-proline or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

(34) cyclo-methionyl-arginine or a salt thereof, content: 0.20×10 to 0.50×10^5 ppm, preferably 0.20×10^2 to 0.50×10^4 ppm.

(35) cyclo-lysyl-phenylalanine or a salt thereof, content: 1.00×10 to 1.60×10^5 ppm, preferably 1.00×10^2 to 1.60×10^4 ppm.

(36) cyclo-phenylalanyl-phenylalanine or a salt thereof, content: 0.30×10 to 0.60×10^5 ppm, preferably 0.30×10^2 to 0.60×10^4 ppm.

(37) cyclo-tryptophanyl-tyrosine or a salt thereof, content: 0.10×10 to 0.20×10^5 ppm, preferably 0.10×10^2 to 0.20×10^4 ppm.

(38) cyclo-asparaginyl-valine or a salt thereof, content: 0.30×10 to 0.50×10^5 ppm, preferably 0.30×10^2 to 0.50×10^4 ppm.

(39) cyclo-glutamyl-isoleucine or a salt thereof, content: 0.50×10 to 0.80×10^5 ppm, preferably 0.50×10^2 to 0.80×10^4 ppm.

- (40) cyclo-alanyl-serine or a salt thereof, content: 0.40×10 to 0.80×10^5 ppm, preferably 0.40×10^2 to 0.80×10^4 ppm.
- (41) cyclo-methionyl-histidine or a salt thereof, content: 0.10×10 to 0.30×10^5 ppm, preferably 0.10×10^2 to 0.30×10^4 ppm.
- (42) cyclo-methionyl-proline or a salt thereof, content: 0.10×10 to 0.30×10^5 ppm, preferably 0.10×10^2 to 0.30×10^4 ppm.
- (43) cyclo-arginyl-leucine or a salt thereof, content: 1.50×10 to 2.30×10^5 ppm, preferably 1.50×10^2 to 2.30×10^4 ppm.
- (44) cyclo-methionyl-glutamic acid or a salt thereof, content: 0.10×10 to 0.30×10^5 ppm, preferably 0.10×10^2 to 0.30×10^4 ppm.
- (45) cyclo-methionyl-alanine or a salt thereof, content: 0.20×10 to 0.50×10^5 ppm, preferably 0.20×10^2 to 0.50×10^4 ppm.
- (46) cyclo-isoleucyl-glutamic acid or a salt thereof: 0.50×10 to 0.90×10^5 ppm, preferably 0.50×10^2 to 0.90×10^4 ppm.
- (47) cyclo-isoleucyl-serine or a salt thereof, content: 0.50×10 to 0.90×10^5 ppm, preferably 0.50×10^2 to 0.90×10^4 ppm.
- (48) cyclo-valyl-serine or a salt thereof, content: 0.50×10 to 0.90×10^5 ppm, preferably 0.50×10^2 to 0.90×10^4 ppm.
- (49) cyclo-methionyl-glycine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.
- (50) cyclo-valyl-threonine or a salt thereof, content: 0.30×10 to 0.60×10^5 ppm, preferably 0.30×10^2 to 0.60×10^4 ppm.
- (51) cyclo-valyl-aspartic acid or a salt thereof, content: 0.50×10 to 0.90×10^5 ppm, preferably 0.50×10^2 to 0.90×10^4 ppm.

(52) cyclo-glycyl-proline or a salt thereof, content: 0.30×10 to 0.50×10^5 ppm, preferably 0.30×10^2 to 0.50×10^4 ppm.

(53) cyclo-leucyl-proline or a salt thereof, content: 0.50×10 to 0.90×10^5 ppm, preferably 0.50×10^2 to 0.90×10^4 ppm.

(54) cyclo-glutaminy-l-glycine or a salt thereof, content: 0.05×10 to 0.09×10^5 ppm, preferably 0.05×10^2 to 0.09×10^4 ppm.

(55) cyclo-tryptophanyl-lysine or a salt thereof, content: 0.20×10 to 0.40×10^5 ppm, preferably 0.20×10^2 to 0.40×10^4 ppm.

(56) cyclo-glutaminy-l-phenylalanine or a salt thereof, content: 0.30×10 to 0.60×10^5 ppm, preferably 0.30×10^2 to 0.60×10^4 ppm.

(57) cyclo-lysyl-glycine or a salt thereof, content: 1.00×10 to 1.60×10^5 ppm, preferably 1.00×10^2 to 1.60×10^4 ppm.

(58) cyclo-seryl-lysine or a salt thereof, content: 1.60×10 to 2.60×10^5 ppm, preferably 1.60×10^2 to 2.60×10^4 ppm.

(59) cyclo-valyl-lysine or a salt thereof, content: 0.90×10 to 1.50×10^5 ppm, preferably 0.90×10^2 to 1.50×10^4 ppm.

(60) cyclo-asparaginy-l-lysine or a salt thereof, content: 0.60×10 to 1.10×10^5 ppm, preferably 0.60×10^2 to 1.10×10^4 ppm.

(61) cyclo-histidyl-histidine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

(62) cyclo-threony-l-histidine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

(63) cyclo-aspartyl-histidine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

(64) cyclo-asparaginyl-histidine or a salt thereof, content: 0.10×10 to 0.30×10^5 ppm, preferably 0.10×10^2 to 0.30×10^4 ppm.

(65) cyclo-arginyl-serine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

(66) cyclo-asparaginyl-methionine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

(67) cyclo-glutaminy-methionine or a salt thereof, content: 0.10×10 to 0.20×10^5 ppm, preferably 0.10×10^2 to 0.20×10^4 ppm.

(68) cyclo-tryptophanyl-arginine or a salt thereof, content: 0.10×10 to 0.30×10^5 ppm, preferably 0.10×10^2 to 0.30×10^4 ppm.

(69) cyclo-asparaginyl-arginine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

(70) cyclo-asparaginyl-proline or a salt thereof, content: 0.05×10 to 0.09×10^5 ppm, preferably 0.05×10^2 to 0.09×10^4 ppm.

(71) cyclo-arginyl-arginine or a salt thereof, content: 0.40×10 to 0.70×10^5 ppm, preferably 0.40×10^2 to 0.70×10^4 ppm.

[0030] The carbohydrate metabolism-ameliorating agent according to the present invention is administered in a suitable administration method in accordance with its form. The administration method is not particularly limited and may be any method which allows the cyclic dipeptide or salt thereof according to the present invention to be transferred

into the circulating blood. For example, the carbohydrate metabolism-ameliorating agent may be administered in internal administration, external administration, intradermal administration, etc., and may be administered in a suitable administration method, for example, in an external preparation such as a suppository in the case of external administration.

[0031] The dose of the carbohydrate metabolism-ameliorating agent or GLP-1 secretion accelerator according to the present invention is not constant, and is set appropriately in accordance with its form, administration method, intended use, and the age, body weight, and symptoms of a patient or patient animal as a subject for administration of the carbohydrate metabolism-ameliorating agent. In the present invention, for example, the effective amount of ingestion of the cyclic dipeptide or salt thereof according to the present invention for a human is, in the case of a human with a body weight of 50 kg, preferably 0.2 mg or more, more preferably 2 mg or more, further preferably 20 mg or more and preferably 10 g or less, more preferably 5 g or less, further preferably 2 g or less per day. Administration may be performed in a single administration or multiple administrations in a day, within a desired dose range. Any duration may be used for the administration. Here, the effective amount of ingestion of the cyclic dipeptide or salt thereof according to the present invention for a human refers to the total amount of ingestion of the cyclic dipeptide or salt thereof which provides an effective action on a human, and the type of the cyclic dipeptide is not particularly limited.

[0032] Throughout the specification, the subject to ingest the carbohydrate metabolism-ameliorating agent or a GLP-1 secretion accelerator according to the present invention is preferably a human, but may be a domestic animal such as a cattle, a horse, and a goat, a pet animal such as a dog, a cat, and a rabbit, or a laboratory animal such as a mouse, a rat, a guinea pig, and a monkey.

[0033] The present invention further provide a method for ameliorating carbohydrate metabolism including administering a therapeutically effective amount of the cyclic dipeptide or salt thereof according to the present invention or a composition containing the cyclic dipeptide or salt thereof according to the present invention to an individual in need of amelioration of carbohydrate metabolism. Here, an individual in need of amelioration of carbohydrate metabolism refers to the above subject for administration of the carbohydrate metabolism-ameliorating agent according to the present invention.

[0034] Throughout the specification, a therapeutically effective amount refers to an amount at which carbohydrate metabolism in the individual administered with the cyclic dipeptide or salt thereof according to the present invention is ameliorated compared to the case of an individual without administration. A specific effective amount is not constant, and is set appropriately in accordance with form of administration, an administration method, intended use, and the age, body weight, and symptoms of an individual.

[0035] In the therapeutic method according to the present invention, the cyclic dipeptide or salt thereof according to the present invention may be administered as it is, or may be administered as a composition containing the cyclic dipeptide or salt thereof according to the present invention. The administration method is not limited, and administration may be carried out orally, for example.

[0036] The therapeutic method according to the present invention enables amelioration of carbohydrate metabolism without any side effect.

EXAMPLES

[0037] The present invention will now be described with reference to Examples, but is not limited to the following Examples.

[0038] <Reagents>

Cyclic dipeptides were synthesized by KNC Laboratories Co., Ltd. Used were a Poly-L-Lysine 96-well plate manufactured by BD Biosciences; PBS(+), an antibiotic, a Dulbecco's Modified Eagle's Medium (DMEM), glucose, and sodium carboxymethylcellulose (CMC-Na) manufactured by NACALAI TESQUE, INC.; TPA manufactured by Cell Signaling Technology, Inc.; an active GLP-1 ELISA kit manufactured by Merck Millipore Corporation; Fetal bovine serum (FBS) manufactured by Sigma-Aldrich Co., LLC.; Sitagliptin phosphate manufactured by Santa Cruz Biotechnology, Inc.; a Glutest Neo Super and a Glutest Neo Sensor manufactured by SANWA KAGAKU KENKYUSHO CO., LTD.; soybean peptides (HINUTE AM) manufactured by Fuji Oil Co., Ltd.; and NCI-H716 cells donated by ATCC.

[0039] <Statistical analysis>

In the Test Examples below, data were represented as average value $\pm$ standard error. In Test Examples 1, 2, and 3, a Student's t-test was used for a statistical test, and in other Test Examples, one-way ANOVA was carried out for dispersion analysis followed by a multiple comparison test by using a Dunnet's test. "*" and "#" in the results indicate the presence of a significant difference at $p < 0.05$ and the presence of a significant difference at $p < 0.1$, respectively. All of these analyses were carried out by using an SPSS for Windows release 17.0 (manufactured by SPSS Inc.).

[0040] Test Example 1 (Study of in vitro GLP-1 secretion-accelerating action by using cyclic dipeptide)

Among the cyclic dipeptides, 92 highly water-soluble cyclic dipeptides were used in the following experiment. In each well of a Poly-L-Lysine 96-well plate, NCI-H716 cells suspended in 100 μ L of a DMEM (with 10% FBS, 2 mM glutamine, and 1% antibiotics added in advance) were seeded at 0.5×10^5 cells/well, and cultured in a CO₂ incubator (manufactured by ESPEC CORP.) for 48 hours. After washing with PBS(+), 100 μ L of a PBS(+) solution with each cyclic dipeptide at a final concentration of 10 mM and 10 μ M of Sitagliptin phosphate added therein was added to the cells. After 1 hour, the resultant solution was recovered, and the amount of active GLP-1 in the solution was measured by using the ELISA kit. In the analysis, the amount of active GLP-1 for a group with no cyclic dipeptide added was defined as 100, and relative values thereto were used.

[0041] Tables 1 to 5 show the results. In each Table, cyclic dipeptides for which an in vitro active GLP-1 secretion-accelerating activity was found and was not found are listed.

[0042]

[Table 1]

Experiment 1

No.	Compound	Amount of active GLP-1 secreted (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	23		
1	Cyclo(Ser-Ser)	124	17	0.221	No
3	Cyclo(Ala-Ala)	95	7	0.418	No
5	Cyclo(D-Ala-Pro)	113	19	0.347	No
6	Cyclo(Pro-Pro)	87	20	0.348	No
7	Cyclo(Phe-Ser)	106	24	0.435	No
10	Cyclo(Val-Pro)	95	21	0.440	No
18	Cyclo(Met-Pro)	338	45	0.005	Yes
19	Cyclo(Leu-Pro)	173	16	0.031	Yes
25	Cyclo(Ala-Ser)	257	56	0.031	Yes
31	Cyclo(Pro-Thr)	204	32	0.029	Yes
34	Cyclo(Ala-His)	211	56	0.070	No
37	Cyclo(His-Pro)	231	88	0.113	No
40	Cyclo(Lys-Lys)	164	73	0.225	No
43	Cyclo(Arg-Leu)	226	24	0.010	Yes
45	Cyclo(Glu-Pro)	145	5	0.066	No

[0043]

[Table 2]

Experiment 2

No.	Compound	Amount of active GLP-1 secreted (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	6		
46	Cyclo(Ser-Pro)	139	36	0.173	No
47	Cyclo(Ile-Pro)	79	16	0.146	No
48	Cyclo(Asp-Pro)	199	15	0.002	Yes
57	Cyclo(Trp-Pro)	81	11	0.111	No
58	Cyclo(Lys-Pro)	91	14	0.288	No
59	Cyclo(Trp-Lys)	239	48	0.022	Yes
60	Cyclo(Trp-His)	260	32	0.004	Yes
63	Cyclo(Lys-Phe)	220	20	0.002	Yes
65	Cyclo(Gln-Phe)	227	41	0.019	Yes
68	Cyclo(Leu-Lys)	208	51	0.053	No
69	Cyclo(Ala-Lys)	161	56	0.168	No
73	Cyclo(Hyp-Gly)	121	18	0.171	No
74	Cyclo(Hyp-Pro)	115	30	0.325	No
78	Cyclo(Trp-Ser)	119	32	0.301	No

[0044]

[Table 3]

Experiment 3

No.	Compound	Amount of active GLP-1 secreted (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	7		
96	Cyclo(Lys-Gly)	133	13	0.046	Yes
97	Cyclo(Glu-Lys)	66	25	0.131	No
98	Cyclo(Ser-Lys)	71	7	0.023	Yes
99	Cyclo(Val-Lys)	532	21	0.000	Yes
100	Cyclo(Asp-Lys)	116	42	0.360	No
101	Cyclo(Asn-Lys)	250	64	0.040	Yes
102	Cyclo(Gln-Lys)	112	12	0.228	No
107	Cyclo(His-His)	182	14	0.003	Yes
109	Cyclo(Thr-His)	290	7	0.000	Yes
110	Cyclo(Asp-His)	340	7	0.000	Yes
111	Cyclo(Asn-His)	341	33	0.001	Yes
112	Cyclo(Arg-His)	106	47	0.450	No
113	Cyclo(Glu-Ala)	157	36	0.100	No
114	Cyclo(Thr-Ala)	89	18	0.300	No
116	Cyclo(Thr-Gly)	146	36	0.140	No
117	Cyclo(Arg-Gly)	98	16	0.466	No
121	Cyclo(Gly-Ala)	153	61	0.221	No
124	Cyclo(Asn-Ala)	116	9	0.122	No
126	Cyclo(Gln-Gly)	210	48	0.044	Yes
129	Cyclo(Asn-Glu)	118	9	0.109	No
130	Cyclo(Gln-Glu)	120	8	0.078	No
136	Cyclo(Gln-Ser)	251	79	0.066	No
143	Cyclo(Thr-Lys)	105	21	0.413	No
153	Cyclo(Asp-Ala)	94	14	0.362	No
154	Cyclo(Ser-Gly)	116	2	0.053	No
157	Cyclo(Thr-Glu)	139	25	0.108	No
159	Cyclo(Arg-Ser)	135	14	0.048	Yes
164	Cyclo(Thr-Thr)	162	23	0.032	Yes
165	Cyclo(Asp-Thr)	140	28	0.121	No
166	Cyclo(Asn-Thr)	149	52	0.200	No
167	Cyclo(Gln-Thr)	156	61	0.204	No
168	Cyclo(Arg-Thr)	142	58	0.255	No
170	Cyclo(Asn-Asp)	125	13	0.089	No
171	Cyclo(Gln-Asp)	120	21	0.214	No

[0045]

[Table 4]

Experiment 4

No.	Compound	Amount of active GLP-1 secreted (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	27		
172	Cyclo(Met-Asp)	141	40	0.220	No
173	Cyclo(Asn-Asn)	255	19	0.005	Yes
174	Cyclo(Gln-Asn)	305	64	0.021	Yes
175	Cyclo(Asn-Met)	218	53	0.059	Yes
176	Cyclo(Gln-Gln)	111	22	0.379	No
182	Cyclo(Gln-Ile)	445	51	0.002	Yes
186	Cyclo(Gln-Met)	191	7	0.015	Yes
187	Cyclo(L-Ala-Pro)	1186	171	0.002	Yes
188	Cyclo(Gln-Pro)	132	5	0.153	No
189	Cyclo(Trp-Arg)	314	39	0.005	Yes
191	Cyclo(Gln-His)	743	102	0.002	Yes
192	Cyclo(Ser-Glu)	993	77	0.000	Yes
193	Cyclo(Asp-Ser)	509	40	0.001	Yes
194	Cyclo(Arg-Val)	498	45	0.001	Yes
197	Cyclo(Asn-Arg)	359	73	0.015	Yes
199	Cyclo(Met-Arg)	652	73	0.001	Yes
201	Cyclo(Asn-Pro)	430	73	0.007	Yes
207	Cyclo(Arg-Asp)	1255	61	0.000	Yes
209	Cyclo(Arg-Pro)	441	29	0.000	Yes
212	Cyclo(Arg-Arg)	1050	58	0.000	Yes
215	Cyclo(Asn-Gly)	611	49	0.000	Yes

[0046]

[Table 5]

Experiment 5

No.	Compound	Amount of active GLP-1 secreted (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	6	0.086	No
2	Cyclo(Gly-Gly)	151	32	0.095	No
4	Cyclo(Gly-Pro)	157	125	0.044	Yes
21	Cyclo(Gly-Leu)	131	24	0.141	No
23	Cyclo(Ala-Gln)	99	26	0.480	No
24	Cyclo(Glu-Gly)	89	15	0.267	No
27	Cyclo(Gly-His)	82	20	0.216	No
32	Cyclo(Asp-Gly)	12	3	0.000	Yes
36	Cyclo(Gln-Gly)	75	15	0.099	No

[0047] Test Example 2 (Study of in vivo plasma GLP-1 level-increasing action by using cyclic dipeptide)

Among the cyclic dipeptides, cyclic dipeptides for which an in vitro GLP-1 secretion-accelerating action was found and highly lipid-soluble cyclic dipeptides were used in the following experiment. Seven-week-old male C57/BL6J mice were purchased from CLEA Japan, Inc. for use, and they were subjected to an experiment after 1 week of a habituation period. Each animal was grown in an animal room with an air conditioning system (temperature: $23.5 \pm 1.0^{\circ}\text{C}$, humidity: $55 \pm 10\text{RH}\%$, air ventilation: 12 to 15 times/hour, illumination: from 7:00 to 19:00/day). During the habituation period, the mice had a free access to a commercially available feed (CE-2, manufactured by CLEA Japan, Inc.) and tap water.

[0048] After the habituation period, the mice were subjected to 5.5 hours of food deprivation and 2 hours of water deprivation. Thereafter, a cyclic dipeptide dissolved or suspended in a 0.5% CMC-Na aqueous solution in 10 mg/kg was

orally administered to each mouse forcibly. After 30 minutes, the blood was collected from the abdominal vena cava under anesthesia, and 1 μ L of heparin sodium and 1 μ L of 10 mM Sitagliptin phosphate were added to each collected blood, which was then subjected to centrifugation at 8000 rpm for 10 minutes to recover the plasma, and the plasma active GLP-1 level was measured by using the ELISA kit. In the analysis, the active GLP-1 level for a group administered with 0.5% CMC-Na aqueous solution was defined as 100, and relative values thereto were used.

[0049] Tables 6 to 15 show the results. In each Table, cyclic dipeptides for which an in vivo plasma active GLP-1 level-increasing action was found and was not found are listed.

[0050]

[Table 6]

Experiment 1

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	10		
18	Cyclo(Met-Pro)	138	10	0.024	Yes
25	Cyclo(Ala-Ser)	158	10	0.007	Yes
31	Cyclo(Pro-Thr)	129	10	0.051	No
34	Cyclo(Ala-His)	100	67	0.500	No
37	Cyclo(His-Pro)	62	0	0.008	Yes
43	Cyclo(Arg-Leu)	138	10	0.024	Yes
48	Cyclo(Asp-Pro)	110	10	0.259	No
54	Cyclo(Trp-Lys)	119	0	0.058	No
60	Cyclo(Trp-His)	129	10	0.051	No
63	Cyclo(Lvs-Phe)	206	44	0.039	Yes

[0051]

[Table 7]

Experiment 2

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	10		
182	Cyclo(Gln-Ile)	188	10	0.002	Yes
187	Cyclo(L-Ala-Pro)	217	10	0.001	Yes
191	Cyclo(Gln-His)	247	10	0.000	Yes
192	Cyclo(Ser-Glu)	286	17	0.000	Yes
193	Cyclo(Asp-Ser)	266	10	0.000	Yes
194	Cyclo(Arg-Val)	237	20	0.002	Yes
199	Cyclo(Met-Arg)	217	10	0.001	Yes
207	Cyclo(Arg-Asp)	266	26	0.002	Yes
209	Cyclo(Arg-Pro)	315	29	0.001	Yes
215	Cyclo(Asn-Gly)	305	10	0.000	Yes

[0052]

[Table 8]

Experiment 3

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	17		
17	Cyclo(Phe-Phe)	203	9	0.003	Yes
22	Cyclo(Trp-Tyr)	203	9	0.003	Yes
26	Cyclo(Gly-Trp)	264	17	0.001	Yes
28	Cyclo(Phe-Trp)	255	17	0.002	Yes
38	Cyclo(His-Phe)	264	9	0.001	Yes
39	Cyclo(Leu-Trp)	229	9	0.001	Yes
44	Cyclo(Ala-Leu)	255	9	0.001	Yes
61	Cyclo(Trp-Val)	117	0	0.187	No
62	Cyclo(Trp-Ile)	178	71	0.173	No
75	Cyclo(Trp-Trp)	229	34	0.014	Yes

[0053]

[Table 9]

Experiment 4

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	10		
8	Cyclo(Gly-Phe)	85	5	0.125	No
11	Cyclo(Val-Val)	100	13	0.500	No
12	Cyclo(Met-Met)	110	10	0.259	No
13	Cyclo(Phe-Pro)	120	9	0.103	No
14	Cyclo(Ile-Ile)	105	17	0.407	No
15	Cyclo(Leu-Leu)	95	10	0.371	No
16	Cyclo(Leu-Phe)	105	15	0.398	No
29	Cyclo(Ser-Tyr)	95	5	0.339	No
30	Cyclo(Pro-Tyr)	95	10	0.371	No
33	Cyclo(Asp-Phe)	90	9	0.246	No

[0054]

[Table 10]

Experiment 5

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	6		
42	Cyclo(Tyr-Gly)	97	3	0.322	No
49	Cyclo(Tyr-Tyr)	100	0	0.500	No
52	Cyclo(Ala-Phe)	93	3	0.187	No
53	Cyclo(Glu-Phe)	93	3	0.187	No
54	Cyclo(Val-Phe)	93	9	0.281	No
55	Cyclo(Ile-Phe)	90	6	0.144	No
56	Cyclo(Thr-Phe)	87	3	0.058	No
64	Cyclo(Asn-Phe)	93	3	0.187	No
67	Cyclo(Met-Phe)	93	9	0.281	No
70	Cyclo(Met-Lys)	93	3	0.187	No

[0055]

[Table 11]

Experiment 6

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	0		
71	Cyclo(Ile-Leu)	79	10	0.058	No
72	Cyclo(Met-Leu)	90	10	0.187	No
76	Cyclo(Trp-Ala)	110	10	0.187	No
77	Cyclo(Trp-Glu)	110	21	0.322	No
79	Cyclo(Trp-Thr)	100	18	0.500	No
81	Cyclo(Trp-Asn)	100	0	1.000	No
82	Cyclo(Trp-Gln)	90	10	0.187	No
83	Cyclo(Trp-Met)	110	10	0.187	No
85	Cyclo(His-Tyr)	90	10	0.187	No
86	Cyclo(Ala-Tyr)	90	21	0.322	No

[0056]

[Table 12]

Experiment 7

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	81		
87	Cyclo(Glu-Tyr)	141	71	0.362	No
88	Cyclo(Val-Tyr)	385	71	0.029	Yes
89	Cyclo(Ile-Tyr)	222	108	0.208	No
90	Cyclo(Thr-Tyr)	466	108	0.027	Yes
91	Cyclo(Asp-Tyr)	181	81	0.259	No
92	Cyclo(Asn-Tyr)	181	41	0.211	No
93	Cyclo(Gln-Tyr)	344	41	0.028	Yes
94	Cyclo(Arg-Tyr)	222	41	0.125	No

[0057]

[Table 13]

Experiment 8

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group		100	10		
103	Cyclo(His-Leu)	94	12	0.362	No
105	Cyclo(Thr-Leu)	94	6	0.322	No
106	Cyclo(Asn-Leu)	94	6	0.322	No
108	Cyclo(Val-His)	118	18	0.218	No
118	Cyclo(Val-Glu)	112	16	0.281	No
119	Cyclo(Met-Ile)	106	6	0.322	No
120	Cyclo(Met-His)	154	18	0.030	Yes
122	Cyclo(Val-Ala)	94	6	0.322	No

[0058]

[Table 14]

Experiment 9

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group	None	100	7		
123	Cyclo(Ile-Ala)	120	11	0.095	No
125	Cyclo(Met-Ala)	133	11	0.032	Yes
127	Cyclo(Met-Gly)	124	0	0.013	Yes
128	Cyclo(Ile-Glu)	133	4	0.008	Yes
131	Cyclo(Met-Glu)	137	0	0.003	Yes
132	Cyclo(Val-Ser)	129	4	0.012	Yes
133	Cyclo(Ile-Ser)	133	8	0.020	Yes
138	Cyclo(Ile-Val)	96	4	0.322	No
139	Cyclo(Val-Thr)	120	4	0.033	Yes
140	Cyclo(Val-Asp)	120	4	0.033	Yes

[0059]

[Table 15]

Experiment 10

No.	Compound	Plasma active GLP-1 level (relative value to control group as 100)		p value (vs control group)	Significant difference (p<0.05)
		Average value	Standard error		
Control group		100	23		
141	Cyclo(Asn-Val)	191	23	0.024	Yes
145	Cyclo(Glu-Leu)	236	23	0.007	Yes
146	Cyclo(Asp-Leu)	259	23	0.004	Yes
148	Cyclo(Ile-His)	259	23	0.004	Yes
150	Cyclo(Ile-Lys)	282	0	0.001	Yes
151	Cyclo(Ser-Leu)	259	23	0.004	Yes
152	Cyclo(Gln-Leu)	282	0	0.001	Yes
155	Cyclo(Val-Gly)	55	91	0.326	No
156	Cyclo(Ile-Gly)	145	39	0.187	No
160	Cyclo(Met-Val)	304	60	0.017	Yes
161	Cyclo(Ile-Thr)	282	0	0.001	Yes
162	Cyclo(Ile-Asp)	259	45	0.018	Yes
163	Cyclo(Asn-Ile)	327	23	0.001	Yes
164	Cyclo(Thr-Thr)	282	0	0.001	Yes
169	Cyclo(Met-Thr)	282	0	0.001	Yes
173	Cyclo(Asn-Asn)	123	45	0.339	No
174	Cyclo(Gln-Asn)	168	23	0.051	No
177	Cyclo(Ala-Cys)	282	39	0.008	Yes
178	Cyclo(Gly-Cys)	282	0	0.001	Yes
179	Cyclo(Glu-Cys)	304	45	0.008	Yes
180	Cyclo(Ser-Cys)	259	23	0.004	Yes

[0060] Test Example 3 (Study of in vivo plasma GLP-1 level-increasing action by using heat-treated soybean peptide)

A heat-treated soybean peptide was used in the following experiment. Seven-week-old male C57/BL6J mice were purchased from CLEA Japan, Inc. for use, and they were subjected to an experiment after 1 week of a habituation period. Each animal was grown in an animal room with an air conditioning system (temperature: $23.5 \pm 1.0^{\circ}\text{C}$, humidity: $55 \pm 10\text{RH}\%$, air ventilation: 12 to 15 times/hour, illumination: from 7:00 to 19:00/day). During the habituation period, the mice had a

free access to a commercially available feed (CE-2, manufactured by CLEA Japan, Inc.) and tap water.

[0061] After the habituation period, the mice were subjected to 5.5 hours of food deprivation and 2 hours of water deprivation. Thereafter, a heat-treated soybean peptide dissolved in distilled water in 1 g/kg was orally administered to each mouse forcibly. After 15 minutes, 30 minutes, and 60 minutes, the blood was collected from the abdominal vena cava under anesthesia, and 1 μ L of heparin sodium and 1 μ L of 10 mM Sitagliptin phosphate were added to each collected blood, which was then subjected to centrifugation at 8000 rpm for 10 minutes to recover the plasma, and the plasma active GLP-1 level was measured by using the ELISA kit.

[0062] Fig. 1 shows the results.

[0063] Test Example 4 (Study of in vivo carbohydrate metabolism-enhancing action by using heat-treated soybean peptide)

A heat-treated soybean peptide and a soybean peptide were used in the following experiment. Seven-week-old male C57/BL6J mice were purchased from CLEA Japan, Inc. for use, and they were subjected to an experiment after 1 week of a habituation period. Each animal was grown in an animal room with an air conditioning system (temperature: $23.5 \pm 1.0^{\circ}\text{C}$, humidity: $55 \pm 10\text{RH}\%$, air ventilation: 12 to 15 times/hour, illumination: from 7:00 to 19:00/day). During the habituation period, the mice had a free access to a commercially available feed (CE-2, manufactured by CLEA Japan, Inc.) and tap water.

[0064] After the habituation period, the mice were subjected to 5.5 hours of food deprivation and 2 hours of water deprivation. Thereafter, a heat-treated soybean peptide or a soybean peptide dissolved in distilled water in 1 g/kg was orally administered to each mouse forcibly. To a control group, the equivalent amount of distilled water was orally administered forcibly. After 30 minutes, 1 g/kg of glucose was intraperitoneally administered to all of the groups. The blood was collected from the tail vein before the intraperitoneal administration of glucose and 30 minutes, 60 minutes, 90 minutes, and 120 minutes after the intraperitoneal administration of glucose, and the blood glucose level was measured by using a Glucose Neo Super and a Glucose Neo Sensor.

[0065] Fig. 2 shows the results.

[0066] Test Example 5 (Study of in vivo carbohydrate metabolism-enhancing action by using heat-treated tea peptide)

A heat-treated tea peptide was used in the following experiment. Seven-week-old male C57/BL6J mice were purchased from CLEA Japan, Inc. for use, and they were subjected to an experiment after 1 week of a habituation period. Each animal was grown in an animal room with an air conditioning system (temperature: $23.5 \pm 1.0^{\circ}\text{C}$, humidity: $55 \pm 10\text{RH}\%$, air ventilation: 12 to 15 times/hour, illumination: from 7:00 to 19:00/day). During the habituation period, the mice had a free access to a commercially available feed (CE-2, manufactured by CLEA Japan, Inc.) and tap water.

[0067] After the habituation period, the mice were subjected to 5.5 hours of food deprivation and 2 hours of

water deprivation. Thereafter, a heat-treated tea peptide dissolved in distilled water in 1 g/kg was orally administered to each mouse forcibly. To a control group, the equivalent amount of distilled water was orally administered forcibly. After 30 minutes, 1 g/kg of glucose was intraperitoneally administered to all of the groups. The blood was collected from the tail vein before the intraperitoneal administration of glucose and 30 minutes, 60 minutes, 90 minutes, and 120 minutes after the intraperitoneal administration of glucose, and the blood glucose level was measured by using a Glucose Neo Super and a Glucose Neo Sensor.

[0068] Fig. 3 shows the results.

CLAIMS

1. A carbohydrate metabolism-ameliorating agent comprising a cyclic dipeptide including amino acids as constituent units or a salt thereof as an active ingredient, wherein the cyclic dipeptide or salt thereof is one or two or more cyclic dipeptides selected from the group consisting of cyclo-threonyl-tyrosine, cyclo-valyl-tyrosine, cyclo-glutaminy-tyrosine, cyclo-asparaginy-tyrosine, cyclo-arginyl-proline, cyclo-asparaginy-glycine, cyclo-methionyl-valine, cyclo-glutamyl-cysteine, cyclo-seryl-glutamic acid, cyclo-isoleucyl-lysine, cyclo-glutaminy-leucine, cyclo-isoleucyl-threonine, cyclo-threonyl-threonine, cyclo-methionyl-threonine, cyclo-alanyl-cysteine, cyclo-glycyl-cysteine, cyclo-aspartyl-serine, cyclo-arginyl-aspartic acid, cyclo-glycyl-tryptophan, cyclo-histidyl-phenylalanine, cyclo-aspartyl-leucine, cyclo-isoleucyl-histidine, cyclo-seryl-leucine, cyclo-isoleucyl-aspartic acid, cyclo-seryl-cysteine, cyclo-phenylalanyl-tryptophan, cyclo-alanyl-leucine, cyclo-glutaminy-histidine, cyclo-arginyl-valine, cyclo-glutamyl-leucine, cyclo-leucyl-tryptophan, cyclo-tryptophanyl-tryptophan, cyclo-L-alanyl-proline, cyclo-methionyl-arginine, cyclo-lysyl-phenylalanine, cyclo-phenylalanyl-phenylalanine, cyclo-tryptophanyl-tyrosine, cyclo-asparaginy-valine, cyclo-glutaminy-isoleucine, cyclo-alanyl-serine, cyclo-methionyl-histidine, cyclo-methionyl-proline, cyclo-arginyl-leucine, cyclo-methionyl-glutamic acid, cyclo-methionyl-alanine, cyclo-isoleucyl-glutamic acid, cyclo-isoleucyl-serine, cyclo-valyl-

serine, cyclo-methionyl-glycine, cyclo-valyl-threonine, cyclo-valyl-aspartic acid, cyclo-glycyl-proline, cyclo-leucyl-proline, cyclo-glutaminyl-glycine, cyclo-tryptophanyl-lysine, cyclo-glutaminyl-phenylalanine, cyclo-lysyl-glycine, cyclo-seryl-lysine, cyclo-valyl-lysine, cyclo-asparaginyl-lysine, cyclo-histidyl-histidine, cyclo-threonyl-histidine, cyclo-aspartyl-histidine, cyclo-asparaginyl-histidine, cyclo-arginyl-serine, cyclo-asparaginyl-methionine, cyclo-glutaminyl-methionine, cyclo-tryptophanyl-arginine, cyclo-asparaginyl-arginine, cyclo-asparaginyl-proline, and cyclo-arginyl-arginine or salts thereof.

2. The carbohydrate metabolism-ameliorating agent according to claim 1, wherein the cyclic dipeptide or salt thereof is three or more cyclic dipeptides selected from the group defined in claim 1 or salts thereof.

3. A GLP-1 secretion accelerator comprising a cyclic dipeptide including amino acids as constituent units or a salt thereof as an active ingredient, wherein the cyclic dipeptide or salt thereof is one or two or more cyclic dipeptides selected from the group consisting of cyclo-threonyl-tyrosine, cyclo-valyl-tyrosine, cyclo-glutaminyl-tyrosine, cyclo-asparaginyl-isoleucine, cyclo-arginyl-proline, cyclo-asparaginyl-glycine, cyclo-methionyl-valine, cyclo-glutamyl-cysteine, cyclo-seryl-glutamic acid, cyclo-isoleucyl-lysine, cyclo-glutaminyl-leucine, cyclo-isoleucyl-threonine, cyclo-threonyl-threonine, cyclo-methionyl-threonine, cyclo-alanyl-cysteine, cyclo-glycyl-cysteine, cyclo-aspartyl-serine, cyclo-arginyl-aspartic acid,

cyclo-glycyl-tryptophan, cyclo-histidyl-phenylalanine, cyclo-aspartyl-leucine, cyclo-isoleucyl-histidine, cyclo-seryl-leucine, cyclo-isoleucyl-aspartic acid, cyclo-seryl-cysteine, cyclo-phenylalanyl-tryptophan, cyclo-alanyl-leucine, cyclo-glutaminy-l-histidine, cyclo-arginyl-valine, cyclo-glutamyl-leucine, cyclo-leucyl-tryptophan, cyclo-tryptophanyl-tryptophan, cyclo-L-alanyl-proline, cyclo-methionyl-arginine, cyclo-lysyl-phenylalanine, cyclo-phenylalanyl-phenylalanine, cyclo-tryptophanyl-tyrosine, cyclo-asparaginy-l-valine, cyclo-glutaminy-l-isoleucine, cyclo-alanyl-serine, cyclo-methionyl-histidine, cyclo-methionyl-proline, cyclo-arginyl-leucine, cyclo-methionyl-glutamic acid, cyclo-methionyl-alanine, cyclo-isoleucyl-glutamic acid, cyclo-isoleucyl-serine, cyclo-valyl-serine, cyclo-methionyl-glycine, cyclo-valyl-threonine, and cyclo-valyl-aspartic acid, cyclo-glycyl-proline, cyclo-leucyl-proline, cyclo-glutaminy-l-glycine, cyclo-tryptophanyl-lysine, cyclo-glutaminy-l-phenylalanine, cyclo-lysyl-glycine, cyclo-seryl-lysine, cyclo-valyl-lysine, cyclo-asparaginy-l-lysine, cyclo-histidyl-histidine, cyclo-threonyl-histidine, cyclo-aspartyl-histidine, cyclo-asparaginy-l-histidine, cyclo-arginyl-serine, cyclo-asparaginy-l-methionine, cyclo-glutaminy-l-methionine, cyclo-tryptophanyl-arginine, cyclo-asparaginy-l-arginine, cyclo-asparaginy-l-proline, and cyclo-arginyl-arginine or salts thereof.

4. The GLP-1 secretion accelerator according to claim 3, wherein the cyclic dipeptide or salt thereof is three or more cyclic dipeptides selected from the group defined in claim 3 or salts thereof.

5. The GLP-1 secretion accelerator according to any one of claims 1 to 4, wherein the cyclic dipeptide including amino acids as constituent units is derived from soybean.
6. The GLP-1 secretion accelerator according to any one of claims 1 to 4, wherein the cyclic dipeptide including amino acids as constituent units is derived from tea.
7. Use of a cyclic dipeptide including amino acids as constituent units or a salt thereof for ameliorating carbohydrate metabolism, wherein the cyclic dipeptide or salt thereof is one or two or more cyclic dipeptides selected from the group consisting of
cyclo-threonyl-tyrosine, cyclo-valyl-tyrosine, cyclo-glutaminyl-tyrosine, cyclo-asparaginyl-isoleucine, cyclo-arginyl-proline, cyclo-asparaginyl-glycine, cyclo-methionyl-valine, cyclo-glutamyl-cysteine, cyclo-seryl-glutamic acid, cyclo-isoleucyl-lysine, cyclo-glutaminyl-leucine, cyclo-isoleucyl-threonine, cyclo-threonyl-threonine, cyclo-methionyl-threonine, cyclo-alanyl-cysteine, cyclo-glycyl-cysteine, cyclo-aspartyl-serine, cyclo-arginyl-aspartic acid, cyclo-glycyl-tryptophan, cyclo-histidyl-phenylalanine, cyclo-aspartyl-leucine, cyclo-isoleucyl-histidine, cyclo-seryl-leucine, cyclo-isoleucyl-aspartic acid, cyclo-seryl-cysteine, cyclo-phenylalanyl-tryptophan, cyclo-alanyl-leucine, cyclo-glutaminyl-histidine, cyclo-arginyl-valine, cyclo-glutamyl-leucine, cyclo-leucyl-tryptophan, cyclo-tryptophanyl-tryptophan, cyclo-L-alanyl-proline, cyclo-methionyl-arginine, cyclo-lysyl-phenylalanine, cyclo-phenylalanyl-phenylalanine, cyclo-tryptophanyl-tyrosine, cyclo-asparaginyl-valine, cyclo-

glutaminyl-isoleucine, cyclo-alanyl-serine, cyclo-methionyl-histidine, cyclo-methionyl-proline, cyclo-arginyl-leucine, cyclo-methionyl-glutamic acid, cyclo-methionyl-alanine, cyclo-isoleucyl-glutamic acid, cyclo-isoleucyl-serine, cyclo-valyl-serine, cyclo-methionyl-glycine, cyclo-valyl-threonine, and cyclo-valyl-aspartic acid, cyclo-glycyl-proline, cyclo-leucyl-proline, cyclo-glutaminyl-glycine, cyclo-tryptophanyl-lysine, cyclo-glutaminyl-phenylalanine, cyclo-lysyl-glycine, cyclo-seryl-lysine, cyclo-valyl-lysine, cyclo-asparaginyl-lysine, cyclo-histidyl-histidine, cyclo-threonyl-histidine, cyclo-aspartyl-histidine, cyclo-asparaginyl-histidine, cyclo-arginyl-serine, cyclo-asparaginyl-methionine, cyclo-glutaminyl-methionine, cyclo-tryptophanyl-arginine, cyclo-asparaginyl-arginine, cyclo-asparaginyl-proline, and cyclo-arginyl-arginine or salts thereof.

8. The use according to claim 7, wherein the cyclic dipeptide or salt thereof is three or more cyclic dipeptides selected from the group defined in claim 7 or salts thereof.

9. The use according to claim 7 or 8, wherein the cyclic dipeptide including amino acids as constituent units is derived from soybean.

10. The use according to claim 7 or 8, wherein the cyclic dipeptide including amino acids as constituent units is derived from tea.