CLAIMS

1. A contact lens, comprising:

an optical region including a first area, a second area and a third area, concentrically arranged in such order from a lens center;

wherein the first area includes a correction zone having a nearsightedness correcting power;

wherein the second and third areas each include at least two defocusing zones and at least one correction zone, and the at least two defocusing zones and the at least one correction zone are alternatively arranged; and

wherein a first power difference between a correcting power of the at least one correction zone and the correcting power of the adjacent defocusing zone in the second area is –2.00 to –5.00 D,

a second power difference between a correcting power of the at least one correction zone and the correcting power of the adjacent defocusing zone in the third area is –3.00 to –10.00 D, and the second power difference is more negative than the first power difference.

2. The contact lens according to claim 1, wherein the first area extends outwardly from the lens center to an outer periphery of the first area, the outer periphery of the first area having a radial distance to the lens center of L1, the second area extends outwardly from the outer periphery of the first area to an outer periphery of the second area, the outer periphery of the second area having a radial distance to the lens center of L2, and the third area extends outwardly from the outer periphery of the second area to an outer periphery of the third area, the outer periphery of the third area having a radial distance to the lens center of L3; and wherein L1 is 2±0.5 mm, L2 is 3±0.5 mm, and L3 is 4.5±0.5 mm.

3. The contact lens according to claim 1, wherein the first area extends outwardly from the lens center to an outer periphery of the first area, the outer periphery of the first area having a

radial distance to the lens center of a*L3, the second area extends outwardly from the outer periphery of the first area to an outer periphery of the second area, the outer periphery of the second area having a radial distance to the lens center of b*L3, and the third area extends outwardly from the outer periphery of the second area to an outer periphery of the third area, the outer periphery of the third area having a radial distance to the lens center of L3; and wherein L3 is a radius length of the optical region, a is 0.3 to 0.56, b is 0.5 to 0.78, and a < b.

4. The contact lens according to claim 1, wherein a spacing between the at least two defocusing zones and the at least one correction zone is greater than or equal to 0.2 mm.

5. The contact lens according to claim 1, wherein a spacing between the at least two defocusing zones and the at least one correction zone is 0.2 mm or 0.25 mm.

6. The contact lens according to claim 1, wherein powers between the at least two defocusing zones and the at least one correction zone are altered continuously or discontinuously.

7. The contact lens according to claim 1, wherein the first area includes a plurality of correction zones.

8. The contact lens according to claim 7, wherein the plurality of correction zones have an adjustment correcting power ranging from –2.5 to 2.5 D.