

ABSTRACT

The present invention relates to a composition for improving intestinal barrier function, the composition
5 containing a compound having a gallic acid residue as an active ingredient, wherein the compound having a gallic acid residue is at least one compound selected from the group consisting of the following (A1) to (A3): (A1) a flavan-3-ol polymer having a galloyl group; (A2) a
10 hydrolyzable tannin; and (A3) at least one compound selected from the group consisting of catechin gallate, epicatechin gallate, and gallocatechin gallate.