Claims

1. A sterilizer comprising hydrogen peroxide and a catalase activity inhibitor for use in performing sterilization by bringing the hydrogen peroxide and the catalase activity inhibitor into contact with a sterilization target and then irradiating the sterilization target with light having a wavelength of 350 nm to 500 nm, wherein the catalase activity inhibitor comprises scutellaria or green tea.

2. An oral cavity sterilizer comprising hydrogen peroxide and a catalase activity inhibitor for use in performing sterilization by bringing the hydrogen peroxide and the catalase activity inhibitor into contact with a sterilization target and then irradiating the sterilization target with light having a wavelength of 350 nm to 500 nm, wherein the catalase activity inhibitor comprises scutellaria or green tea.

3. A sterilization method comprising bringing hydrogen peroxide and a catalase activity inhibitor into contact with a sterilization target and irradiating the irradiation target with light having a wavelength of 350 nm to 500 nm, wherein the catalase activity inhibitor comprises scutellaria or green tea.

4. A sterilization apparatus comprising:

hydrogen peroxide, a catalase activity inhibitor, and

a light emitting device which is configured to irradiate a sterilization target after being brought into contact with the hydrogen peroxide and the catalase activity inhibitor with light having a wavelength of 350 nm to 500 nm, wherein the catalase activity inhibitor comprises scutellaria or green tea.

CLAIMS

1. A sterilization method comprising bringing hydrogen peroxide and a catalase activity inhibitor into contact with a sterilization target and irradiating the irradiation target with light having a wavelength of 350nm to 500nm, wherein the catalase activity inhibitor comprises scutellaria or green tea.

2. A sterilization apparatus comprising:

hydrogen peroxide, a catalase activity inhibitor, and

a light emitting device which is configured to irradiate a sterilization target after being brought into contact with the hydrogen peroxide, and the catalase activity inhibitor with light having a wavelength of 350nm to 500nm, wherein the catalase activity inhibitor comprises scutellaria or green tea.