

**WEARING ARTICLE AND FOOTWEAR**

## ABSTRACT

A wearing article includes a first band part 102, a second band part 104, and a connecting band part 106, which each have stretching properties so as to come into contact with a certain region respectively when the wearing article is worn on a human foot. The first band part 102 is formed to be in contact with a region extending from the base of a big toe 131 on the sole side through an inner side part 137 of the foot to the vicinity of a malleolus. The second band part 104 is formed to be in contact with a region extending from the base of the big toe 131 on an instep 129 side through the inner side part 137 of the foot, the sole, and an outer side part 138 of the foot to the vicinity of the other malleolus. The connecting band part 106 is formed to be in contact with a region extending from the vicinity of the first band part 102 on its extended line through the rear side of the foot to the vicinity of the second band part 104 on its extended line.

[No figure]