

ABSTRACT

This application provides a communication method and a communication apparatus. This application may be applied to a wireless local area network system that supports 802.11 series protocols, for example, a next-generation Wi-Fi protocol of IEEE 802.11ax like 802.11be, Wi-Fi 5 7, or EHT, and a next generation of 802.11be like Wi-Fi 8 or UHR. In the method, a first user information field in a control frame carries control frame protection information. An association identifier in the first user information field indicates that the first user information field carries the control frame protection information. The method specifies a control frame protection mechanism, and can effectively prevent attacks on control frames.