

MATERIAL SAVING CLOTHING**ABSTRACT OF THE DISCLOSURE**

Disclosed is material saving clothing including a repeatedly usable general-purpose holding and looping member for replacement with a full-pad
5 type or a partial-pad type absorbent article and an absorbent article. The holding and looping member has a rear waist portion that is provided with a rear opening and a rear clamp section and a front portion that is provided with a front opening and a front clamping section. The front portion is provided, on a lower portion of each of left and right sides thereof, with a side clamp
10 section and anti-skidding glue. The absorbent article is provided, above a rear end thereof, with left and right rear pulling sections positionable into a rear opening and clamped (from opposite sides) by a rear clamp section and a front clamping section provided above a front end to be pulled through a front opening for clamping by a front clamping section.

15 FIG. 1-4