

TRADITIONAL CHINESE MEDICINE COMPOSITION FOR TREATING METABOLIC SYNDROME AND PREPARATIONS THEREOF

(57) Abstract: Disclosed are a traditional Chinese medicine composition and a traditional Chinese medicine extract composition for treating metabolic syndrome. The traditional Chinese medicine composition consists of the following raw materials in the following weight ratio: 5-80% of *Coptidis Rhizoma*, 5-70% of *Aurantii Fructus Immaturus*, 0-60% of *Pinelliae Rhizoma*, 0-40% of *Trichosanthis Fructus*, 0-12% of *Cinnamomi Cortex*, and 10-60% of red yeast rice. The traditional Chinese medicine extract composition consists of the following raw materials in the following weight ratio: 2-30% of *Coptidis Rhizoma* extract, and 70-98% of a mixed extract from five traditional Chinese medicines comprising *Aurantii Fructus Immaturus*, *Pinelliae Rhizoma*, red yeast rice, *Trichosanthis Fructus*, and *Cinnamomi Cortex*. The traditional Chinese medicine composition or the traditional Chinese medicine extract composition contains the following active ingredients (mg/g): 6-122 mg/g of total alkaloids, which comprises 4-89 mg/g of berberine; 30-315 mg/g of total flavonoids, which comprises 20-186 mg/g of neohesperidin; and 0.5-9 mg/g of lovastatin. Further provided are preparation methods and applications of the above compositions.

[No Available Figure]