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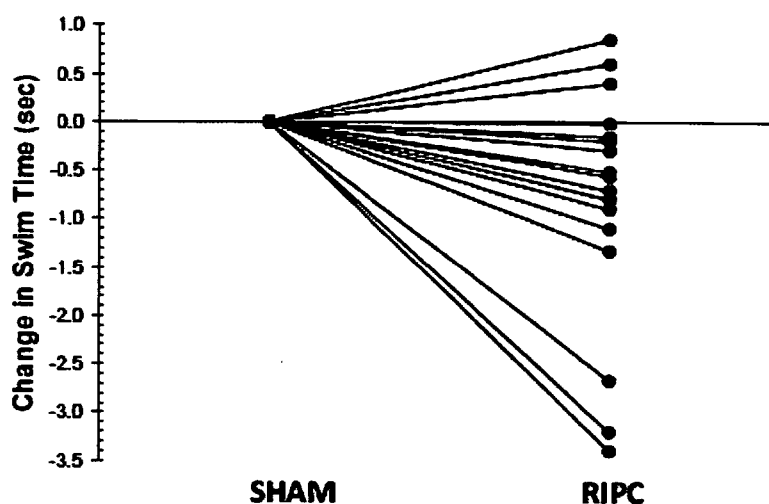
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(54) Title: PERFORMANCE ENHANCEMENT

FIG. 9



(57) Abstract: The invention provides methods for enhancing physical performance without requiring repetitive training.



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