CLAIMS:

1. An adjustable carrying device for carrying a plurality of substrates, comprising:

at least two first containing plates each carrying a first substrate, each of the first containing plates comprising a first top surface, a first bottom surface, at least one first upper positioning member protruding upward from the first top surface, and at least one first lower positioning member protruding downward from the first bottom surface;

at least two second containing plates arranged at intervals with the first containing plates, each of the second containing plates carrying a second substrate and comprising a second top surface, a second bottom surface, at least one second upper positioning member protruding upward from the second top surface, and at least one second lower positioning member protruding downward from the second bottom surface; and

a plurality of stretchable elements being arranged on the first containing plates and the second containing plates, wherein the plurality of stretchable elements being capable of increasing a distance between each first containing plate and the second containing plate adjacent to the first containing plate to form an extension state, or decreasing the distance to form a compression state;

wherein each first containing plate further comprises a first accommodating hole, each second containing plate further comprising a second accommodating hole; and

wherein when the first containing plates and the second containing plates are in the compression state, each of the first lower positioning members extends into the second accommodating hole located thereunder, each of the first upper positioning members extends into the second accommodating hole located

thereabove, each of the second upper positioning members extends into the first accommodating hole located thereabove, and each of the second lower positioning members extends into the first accommodating hole located thereunder.

2. The adjustable carrying device according to claim 1, wherein each of the first lower positioning members and each of the second upper positioning members are not overlapped in a vertical direction, and each of the first upper positioning members and each of the second lower positioning members are not overlapped in the vertical direction.

3. The adjustable carrying device according to claim 1, wherein when the first containing plates and the second containing plates are in the extension state, a horizontal position of a bottom edge of each of the first lower positioning members is lower than a horizontal position of a top edge of each of adjacent second upper positioning members.

4. The adjustable carrying device according to claim 1, wherein when the first containing plates and the second containing plates are in the extension state, a horizontal position of a top edge of each of the first upper positioning members is higher than a horizontal position of a bottom edge of each of adjacent second lower positioning members.

5. The adjustable carrying device according to claim 1, wherein for each first containing plate, the first accommodating hole passes through both the first top surface and the first bottom surface, and for each second containing plate, the second accommodating hole passes through both the second top surface and the second bottom surface.

6. The adjustable carrying device according to claim 1, wherein the first accommodating hole is recessed in the first upper positioning member or the first

lower positioning member, and the second accommodating hole is recessed in the second upper positioning member or the second lower positioning member.

7. The adjustable carrying device of claim 1, wherein each substrate is a semiconductor wafer or a display substrate.