7. A method according to claim 5 or 6, wherein the at least one kneading section extends over a length of at least 10 times the screw diameter.

8. A reconstituted tobacco sheet having a basis weight of less than about 230 grams per square metre and comprising tobacco stem or tobacco stalk refined fibres having an average length of at least about 200 micrometres and tobacco cast leaf material.

9. A reconstituted tobacco sheet according to claim 8, the sheet having a basis weight of at least about 80 grams per square metre.

10. A reconstituted tobacco sheet according to claim 8 or 9, wherein the tobacco stem or tobacco stalk refined fibres have an average length of less than about 1200 micrometres.

11. A reconstituted tobacco sheet according to any one of claims 8 to 10, wherein the tobacco stem or tobacco stalk refined fibres account for at least about 10 percent by weight of the sheet.

12. A reconstituted tobacco sheet according to any one of the claims 8 to 11, the reconstituted tobacco sheet having a tensile strength of at least about 245 Newtons per metre.

13. A smoking article comprising reconstituted tobacco sheet material, wherein the reconstituted tobacco sheet material has a basis weight of less than about 230 grams per square metre and comprises tobacco stem or tobacco stalk refined fibres having an average length of at least about 200 micrometres and tobacco cast leaf material.

14. A smoking article according to claim 13, wherein the reconstituted tobacco sheet material has a tensile strength of at least about 245 Newtons per metre.