CLAIMS

1. A combination meal comprising:

a packaged soft food comprising a container body having an opening, a first food item contained in the container body and composed of molded first soft food or of the first soft food and a first flavoring liquid, and a lid covering the opening, wherein a ratio D/R of a depth D of the container body to an opening diameter R of the container body is within a range of 0.35 to 0.56, and a ratio V1/V2 of a volume V1 of the first food item to a capacity V2 of the container body is 0.7 or less; and

a packaged food including a container and a second food item contained in the container,

wherein the second food item is composed of second soft food having a hardness of 5×10^4 N/m^2 or lower, of a second flavoring liquid having a viscosity in a range of 0.5 to 10.0 Pa·s, or of the second soft food and the second flavoring liquid, or the second food item is rice porridge, or the second food item includes tofu.

2. The combination meal according to claim 1, wherein

the second food item is composed of the second soft food having a hardness of 5×10^4 N/m^2 or lower, of the second flavoring liquid having a viscosity in a range of 0.5 to

10.0 Pa·s, or of the second soft food and the second flavoring liquid.

3. The combination meal according to claim 1 or 2, wherein the second food item is rice porridge.

4. The combination meal according to claim 1 or 2, wherein the second food item includes tofu.

5. The combination meal according to any one of claims 1 to 4, wherein the ratio V1/V2 is 0.4 or higher.

6. The combination meal according to any one of claims 1 to 5, wherein the first soft food has a hardness of 5×10^4 N/m^2 or lower.

7. The combination meal according to any one of claims 1 to 6, wherein the first food item is composed of the first soft food and the first flavoring liquid, and the first flavoring liquid has a viscosity of 0.5 to 20.0 Pa·s.

8. The combination meal according to any one of claims 1 to 7, wherein an indicator is provided on a sidewall portion of the container body in such a manner as to be positioned between a top surface of the first food item and the opening if the packaged soft food is placed such that

the opening is positioned above a bottom portion of the container body and also such that the bottom portion is horizontally laid.

9. The combination meal according to claim 8, wherein the indicator includes a linear portion that extends in a direction parallel to the bottom portion.

10. The combination meal according to any one of claims 1 to 4, wherein an indicator is provided on a sidewall portion of the container body to serve as a reference for an adding amount of the second food item at a time of adding the second food item into the container body containing the first food item.

11. A lookup-table-attached combination meal comprising:

the combination meal according to any one of claims 8 to 10; and

a lookup table representing a relationship between the amount of the second food item indicated by the indicator, and a caloric amount or ingredient amounts of the second food item added or a total value of the caloric amount or the ingredient amounts of the second food item and a caloric amount or ingredient amounts of the first food item.

12. A lookup-table-attached combination meal comprising:

a packaged soft food comprising

a container body having an opening, a ratio D/R of a depth D of the container body to an opening diameter R of the container body being within a range of 0.35 to 0.56,

a first food item contained in the container body and composed of molded first soft food or of the first soft food and a first flavoring liquid, and

a lid covering the opening,

wherein the packaged soft food is for putting a second food item into the container body containing the first food item thereby allowing the first food item to be eaten together with the second food item,

a ratio V1/V2 of a volume V1 of the first food item to a capacity V2 of the container body is 0.7 or less, and

an indicator is provided on a sidewall portion of the container body, the indicator serving as a reference for an adding amount of the second food item at a time of adding the second food item into the container body containing the first food item; and

a lookup table representing a relationship between a type of the second food item, the amount of the second food item indicated by the indicator, and a caloric amount or ingredient amounts of the second food item added or a total value of the caloric amount or the ingredient amounts of the

second food item and a caloric amount or ingredient amounts of the first food item, wherein the lookup table represents as the type of the second food item, at least one of a food item composed of second soft food having a hardness of 5×10^4 N/m^2 or lower; a food item composed of a second flavoring liquid having a viscosity in a range of 0.5 to 10.0 Pa·s; a food item composed of the second soft food and the second flavoring liquid; rice porridge; and tofu.

13. The lookup-table-attached combination meal according to claim 12, wherein the second food item is composed of the second soft food having a hardness of 5×10^4 N/m^2 or lower, of the second flavoring liquid having a viscosity in a range of 0.5 to 10.0 Pa·s, or of the second soft food and the second flavoring liquid.

14. The lookup-table-attached combination meal according to claim 12 or 13, wherein the second food item is rice porridge.

15. The lookup-table-attached combination meal according to claim 12 or 13, wherein the second food item includes tofu.

16. The lookup-table-attached combination meal according to any one of claims 12 to 15, wherein the ratio V1/V2 is 0.4 or higher.

17. The lookup-table-attached combination meal according to any one of claims 12 to 16, wherein the first soft food has a hardness of 5×10^4 N/m^2 or lower.

18. The lookup-table-attached combination meal according to any one of claims 12 to 17, wherein the first food item is composed of the first soft food and the first flavoring liquid, and the first flavoring liquid has a viscosity of 0.5 to 20.0 Pa·s.

19. The lookup-table-attached combination meal according to any one of claims 12 to 18, wherein the indicator is provided on a sidewall portion of the container body in such a manner as to be positioned between a top surface of the first food item and the opening if the packaged soft food is placed such that the opening is positioned above a bottom portion of the container body and also such that the bottom portion is horizontally laid.

20. The lookup-table-attached combination meal according to claim 19, wherein the indicator includes a

linear portion that extends in a direction parallel to the bottom portion.