

Abstract

Disclosed are a massage device comprising a body composition measurement module for body composition measurement, and a method of controlling same. An embodiment of the present disclosure provides a massage device comprising: a
5 massage module for providing mechanical stimulation to at least a part of the body of a user; a first body composition measurement module disposed at a leg massage part to measure the body composition of the user; and a control part for controlling operation of the massage module and the first body composition measurement module.

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FIG. 1