ANTI-SNORING HEAD SUPPORT

Abstract

The invention relates to a head support (2) for stopping a snoring of a sleeping individual, wherein the head support (2) has a head resting surface (K) for the head of a sleeping individual to rest on, comprising:

- an active layer (A) with an arrangement of neighboring deforming elements (21,. 21a, 21b) for controlling the height of the head support (2) section by section;
- a sensing layer (B) which is arranged between the head resting surface (K) and the active layer to detect a position of the head resting on the head resting surface (K) .

Fig. 2