The claims are:

1. An assembly comprising:

a core;

an elongate sheet of a base material having a first surface and a second surface, wherein the elongate sheet of base material is disposed about the core and is in a substantially spiraled configuration;

first adhesive disposed on the first surface of the base material in a repeating, discrete pattern of a particular geometric shape, wherein the particular geometric shape has a length from about 6 mm to about 15 mm and a width from about 6 mm to about 15 mm; and

adsorbent beads coupled to the adhesive, wherein the base layer comprises knit polyester.