

**REGULATION OF FIBROBLASTIC GROWTH FACTOR-2 (FGF-2) GENE
EXPRESSION IN LIVING CELLS WITH THE APPLICATION OF SPECIFIC AND
SELECTIVE ELECTRIC AND ELECTROMAGNETIC FIELDS**

CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] The present patent application is the international filing claiming priority to U.S. Patent Application Serial No. 12/028,530 filed February 8, 2008 which is a continuation-in-part patent application of U.S. Patent Application Serial No. 10/257,126, filed October 8, 2002, which is the U.S. national phase patent application of PCT/US01/05991, filed February 23, 2001, which, in turn, claims the benefit of the filing date of U.S. Provisional Patent Application Serial No. 60/184,491, filed February 23, 2000.

FIELD OF THE INVENTION

[0002] The present invention is directed to a method of up-regulating transforming fibroblastic growth factor-2 (FGF-2) gene expression in living cells via the application of electric and electromagnetic fields generated by the application of specific and selective electric and electromagnetic signals to coils, electrodes, or other field generating devices for the treatment of injured or diseased tissues and bones, as well as devices for generating such signals.

BACKGROUND OF THE INVENTION

[0003] The bioelectrical interactions and activity believed to be present in a variety of biological tissues and cells are one of the least understood of the physiological processes. However, there has recently been much research into these interactions and activity regarding the growth and repair of certain tissues and cells. In particular, there has been much research into stimulation by electric and electromagnetic fields and its effect on the growth and repair of bone, cartilage, and various growth factors. Researchers believe that such research may be useful in the development of new treatments for a variety of medical problems.

[0004] Fibroblastic growth factor-2 (FGF-2) is one of the growth factors that is important in promotion of bone formation and maintenance, from proliferation of pre-osteoblasts, to differentiation of pre-osteoblasts to mature osteoblasts, and to maintenance of the osteoblast throughout its life span. FGF-2 has been shown to have a positive anabolic effect on bone formation in intact animals and to reduce bone loss in experimental models of osteoporosis (Fromiguet, O., Modrowski, D., and Marie, P.J: *Curr. Pharmaceut. Design*, 10: 2593-2603, 2004.). FGF-2 (also termed basic fibroblastic growth or bFGF) stimulates bone formation,

decreases osteoclast surface, and induces new bone spicules within the marrow cavity of the tibia in ovariectomized rats (Liang H., Pun S., and Wronski, T.J.: *Endocrinology*, 140: 5780-88, 1999). FGF-2 has a strong stimulatory effect on new bone formation in ovariectomized rats by inducing the conversion of bone lining cells to osteoblasts (Power, R.A., Iwaniec, U.T., Magee, K.A., Mitova-Caneva, N.G., and Wronski, T.J.: *Osteoporosis Int.*, 15: 716-23, 2004). FGF-2 increases peak bone mass in a murine model of low turnover osteoporosis by stimulating osteoprogenitor cells to proliferate and differentiate into osteoblasts, thereby enhancing endocortical bone remodeling (Nagai, H., Tsukuda, H., and Mayahara, H.: *J. Vet. Med. Sci.*, 61: 869-75, 1999). In another study, FGF-2 improved bone mechanical properties (maximum force and work to failure) and increased the number, thickness, and connections of trabeculae in a small animal osteoporosis model (Yao, W., Hadi, T., Jiang, Y., Lotz, J., Wronski, T.J., and Lane, N.E.: *Osteoporosis Int.*, 16: 1939-47, 2005).

[0005] Thus, up-regulation of FGF-2 may be useful in the treatment of the disease commonly known as osteoporosis, where bone demineralizes and becomes abnormally rarefied. Bone comprises an organic component of cells and matrix as well as an inorganic or mineral component. The cells and matrix comprise a framework of collagenous fibers that is impregnated with the mineral component of calcium phosphate (85%) and calcium carbonate (10%) that imparts rigidity to the bone. In healthy bone, bone formation and bone resorption are in balance. In osteoporosis, bone resorption exceeds bone formation, leading to bone weakening and possible vertebral body fracture and collapse. While osteoporosis is generally thought as afflicting the elderly, certain types of osteoporosis may affect persons of all ages whose bones are not subject to functional stress. In such cases, patients may experience a significant loss of cortical and cancellous bone during prolonged periods of immobilization. Elderly patients are known to experience bone loss due to disuse when immobilized after fracture of a bone, and such bone loss may ultimately lead to a secondary fracture in an already osteoporotic skeleton. Diminished bone density may lead not only to vertebrae collapse, but also to fractures of hips, lower arms, wrists, ankles as well as incapacitating pains. Alternative non-surgical therapies for such diseases are needed.

[0006] Pulsed electromagnetic fields (PEMF) and capacitive coupling (CC) have been used widely to treat nonhealing fractures (nonunion) and related problems in bone healing since approval by the Food and Drug Administration in 1979. The original basis for the trial of this form of therapy was the observation that physical stress on bone causes the appearance of tiny electric currents that, along with mechanical strain, were thought to be the mechanisms underlying transduction of the physical stresses into a signal that promotes bone formation.

Along with direct electric field stimulation that was successful in the treatment of nonunion, noninvasive technologies using PEMF and capacitive coupling (where the electrodes are placed on the skin in the treatment zone) were also found to be effective. PEMFs generate small, induced currents (Faraday currents) in the highly-conductive extracellular fluid, while capacitive coupling directly causes currents in the tissues; both PEMFs and CC thereby mimic endogenous electrical currents.

[0007] The endogenous electrical currents, originally thought to be due to phenomena occurring at the surface of crystals in the bone, have been shown to be due primarily to movement of fluid containing electrolytes in channels of the bone containing organic constituents with fixed negative charges, generating what are called “streaming potentials.” Studies of electrical phenomena in bone have demonstrated a mechanical-electrical transduction mechanism that appears when bone is mechanically compressed, causing movement of fluid and electrolytes over the surface of fixed negative charges on the surface of bone cells, thus producing streaming potentials. These electrical potentials serve a purpose in bone, and, along with mechanical strain, lead to signal transduction that is capable of stimulating bone cell synthesis of a calcifiable matrix, and, hence, the formation of bone.

[0008] The main application of direct current, capacitive coupling, and PEMFs has been in orthopedics in healing of nonunion bone fractures (Brighton et al., *J. Bone Joint Surg.* 63: 2–13, 1981; Brighton and Pollack, *J. Bone Joint Surg.* 67: 577–585, 1985; Bassett et al., *Crit. Rev. Biomed. Eng.* 17: 451–529, 1989; Bassett et al., *J. Am. Med. Assoc.* 247: 623–628, 1982). Clinical responses have been reported in avascular necrosis of hips in adults and Legg-Perthes’s disease in children (Bassett et al., *Clin. Orthop.* 246: 172–176, 1989; Aaron et al., *Clin. Orthop.* 249: 209–218, 1989; Harrison et al., *J. Pediatr. Orthop.* 4: 579–584, 1984). It has also been shown that PEMFs (Mooney, *Spine* 15: 708–712, 1990) and capacitive coupling (Goodwin, Brighton et al., *Spine* 24: 1349–1356, 1999) can significantly increase the success rate of lumbar fusions. There are also reports of augmentation of peripheral nerve regeneration and function and promotion of angiogenesis (Bassett, *Bioessays* 6: 36–42, 1987). Patients with persistent rotator cuff tendonitis refractory to steroid injection and other conventional measures, showed significant benefit compared with placebo-treated patients (Binder et al., *Lancet* 695–698, 1984). Finally, Brighton et al. have shown in rats the ability of an appropriate capacitive coupling electric field to both prevent and reverse vertebral osteoporosis in the lumbar spine (Brighton et al., *J. Orthop. Res.* 6: 676–684, 1988; Brighton et al., *J. Bone Joint Surg.* 71: 228–236, 1989).

[0009] Research in this area has focused on the effects stimulation has on tissues and cells. For example, it has been conjectured that direct currents do not penetrate cellular

membranes, and that control is achieved via extracellular matrix differentiation (Grodzinsky, *Crit. Rev. Biomed. Eng.* 9:133–199, 1983). In contrast to direct currents, it has been reported that PEMFs can penetrate cell membranes and either stimulate them or directly affect intracellular organelles. An examination of the effect of PEMFs on extracellular matrices and *in vivo* endochondral ossification found increased synthesis of cartilage molecules and maturation of bone trabeculae (Aaron et al., *J. Bone Miner. Res.* 4: 227–233, 1989). More recently, Lorch et al. (*Clin. Orthop. Related Res.* 350: 246–256, 1998) and Brighton et al. (*J. Bone Joint Surg.* 83-A, 1514–1523, 2001) reported that signal transduction of a capacitively coupled electric signal is via voltage gated calcium channels, whereas signal transduction of PEMFs or combined electromagnetic fields is via the release of calcium from intracellular stores. In all three types of electrical stimulation there is an increase in cytosolic calcium with a subsequent increase in activated (cytoskeletal) calmodulin.

[0010] It was reported in 1996 by the present inventors that a cyclic biaxial 0.17% mechanical strain produces a significant increase in TGF- β_1 mRNA in cultured MC3T3-E1 bone cells in a Cooper dish (Brighton et al., *Biochem. Biophys. Res. Commun.* 229: 449–453, 1996). Several significant studies followed in 1997. In one study it was reported that the same cyclic biaxial 0.17% mechanical strain produced a significant increase in PDGF-A mRNA in similar bone cells (Brighton et al., *Biochem. Biophys. Res. Commun.* 43: 339–346, 1997). It was also reported that a 60 kHz capacitively coupled electric field of 20 mV/cm produced a significant increase in TGF- β_1 in similar bone cells in a Cooper dish (Brighton et al., *Biochem. Biophys. Res. Commun.* 237: 225–229, 1997). It has also been reported that chondrocyte matrix genes and proteins can be up-regulated by specific and selective electric fields (Wang, W., Wang, Z., Zhang, G., Clark, C.C., and Brighton, C.T., *Clin. Orthop. and Related Res.*, 427S: S163-173, 2004; Brighton, C.T., Wang, W., and Clark, CC, *Biochem. Biophys. Res. Commun.*, 342: 556-561, 2006). Further, it has been shown that the gene expression of bone morphogenetic proteins (BMPs) can also be up-regulated by specific and selective electric fields that differ from the electric fields in various signal aspects from those signals that are specific and selective for articular cartilage (Wang, Z., Clark, C.C. and Brighton, C.T., *J. Bone Joint Surg.*, 88: 1053-1065, 2006).

[0011] In the above-referenced parent patent application, entitled *Regulation of Genes Via Application of Specific and Selective Electrical and Electromagnetic Signals*, methods were disclosed for determining the specific and selective electrical and electromagnetic signals for use in creating fields for regulating target genes of diseased or injured tissues. The present invention builds upon the technique described therein by describing the method of regulating expression of

one targeted gene family, namely, fibroblastic growth factor-2 (FGF-2) gene expression, through application of a field generated by a specific and selective electrical and electromagnetic signal, for the treatment of bone diseases and injuries including osteoporosis, osteopenia, osteonecrosis, bone defects, fresh fractures, fractures at risk, delayed union, nonunion, bone defects, and as an adjunct in spinal fusion.

SUMMARY OF THE INVENTION

[0012] The present invention relates to regulating fibroblastic growth factor-2 (FGF-2) gene expression in bone cells (as an example) via the application of specific and selective electric and/or electromagnetic fields generated by the application of specific and selective signals to coils, electrodes, or other field generating devices adjacent the bone or tissue cells of interest. By performing sequential dose-response curves on the signal duration, amplitude, frequency, and duty cycle in which the effects of the resultant electric field are measured, the optimal signal for up-regulating FGF-2 mRNA in bone cells was discovered. The optimal signal generated a capacitively coupled electric field with an amplitude of 20–40 mV/cm, a duration of 24 hours, a frequency of 60 kHz, and a duty cycle of 50-100%. In particular, the present invention relates to up-regulating FGF-2 gene expression in bone cells via the application of fields generated by such signals.

[0013] In an exemplary embodiment of the invention, methods are provided to specifically and selectively up-regulate the gene expression (as measured by FGF-2 mRNA) with capacitively coupled electric fields, electromagnetic fields, or combined fields. Osteoporosis, osteopenia, osteonecrosis, fresh fractures, fractures at risk, delayed unions, nonunion fractures, bone defects, as an adjunct in spinal fusion and the like are treated with a capacitively coupled electric field of about 20–40 mV/cm with a field duration of about 24 hours, a frequency of 60 kHz, a duty cycle of 50%-100%, and a sine wave configuration that causes the expression of FGF-2 to be up-regulated. In accordance with the method of the invention, a “specific and selective” signal is a signal that has predetermined characteristics of amplitude, duration, duty-cycle, frequency, and waveform that up-regulates the expression of the FGF-2 gene (specificity). This allows one to choose different signals to up-regulate FGF-2 gene expressions in order to achieve a given biological or therapeutic response (selectivity). The invention further relates to devices employing the methods described herein to generate specific and selective signals that create electric and/or electromagnetic fields to up-regulate the expression of the FGF-2 gene.

[0014] In related aspects, the invention relates to methods and devices for the treatment of osteoporosis, osteopenia, osteonecrosis, fresh fractures, fractures at risk, delayed unions, nonunion fractures, bone defects, as an adjunct in spinal fusion and other therapies treating one

or more of the above conditions. The method of the invention also includes the methodology for determining the “specific and selective” signal for FGF-2 gene expression by methodically varying the duration of a starting signal known to increase, or suspected to increase, cellular production of FGF-2. After finding the optimal duration, the amplitude of the signal is varied for the optimal duration of time as determined by the gene expression of FGF-2. The duty cycle, frequency, and waveform are varied methodically in the same dose response manner while keeping the other signal characteristics constant. This process is repeated until the optimal signal is determined that produces the greatest increase in the expression of FGF-2.

[0015] These and other aspects of the present invention will be elucidated in the following detailed description of the invention.

BRIEF DESCRIPTION OF THE DRAWINGS

[0016] **Figure 1** is a graphic representation of the mRNA expression of FGF-2 when bone cells are exposed to various capacitively coupled electric field amplitudes. As indicated, the maximum expression for FGF-2 mRNA occurred with a signal of 20 mV/cm to 40 mV/cm.

[0017] **Figure 2** is a graphic representation of the mRNA expression of FGF-2 when bone cells are exposed a capacitively coupled electric field with an amplitude of 20 mV/cm for various time durations. As indicated, the maximum expression for FGF-2 mRNA occurred with a duration of 24 hours.

[0018] **Figure 3** is a graphic representation of the mRNA expression of FGF-2 when bone cells are exposed to various capacitively coupled electric field frequencies with a field amplitude of 20 mV/cm and a signal duration of 24 hours. As indicated, the maximum expression for FGF-2 mRNA occurred with a frequency of 60 kHz.

[0019] **Figure 4** is a graphic representation of the mRNA expression of FGF-2 when bone cells are exposed to various capacitively coupled electric field duty cycles with a frequency of 60 kHz, a field amplitude of 20 mV/cm, and a signal duration of 24 hours. As indicated, the maximum expression for FGF-2 mRNA occurred with a 50% to 100% duty cycle with a sine wave configuration.

[0020] **Figure 5** is a graphic representation of FGF-2 protein production when bone cells are exposed 24 hours to a capacitively coupled electric field of a 50% duty cycle with a field amplitude of 10 to 40 mV/cm, a frequency of 60 kHz, and a sine wave configuration. As indicated, the amount of FGF-2 protein increase was greatest with 20 mV/cm to 40 mV/cm fields.

[0021] **Figure 6** is a diagram illustrating a device for the treatment of osteoporosis of the knee, for example, in accordance with an exemplary application of the present invention.

DETAILED DESCRIPTION OF ILLUSTRATIVE EMBODIMENTS

[0022] The invention will be described in detail below with reference to **Figures 1–6**. Those skilled in the art will appreciate that the description given herein with respect to those figures is for exemplary purposes only and is not intended in any way to limit the scope of the invention. All questions regarding the scope of the invention may be resolved by referring to the appended claims.

[0023] The present invention is based on the discovery that the expression of certain genes can be regulated by the application of fields generated by specific and selective electric and/or electromagnetic signals applied to coils, electrodes, or other field generating devices in the vicinity of the genes. In other words, it has been discovered by the present inventor that there is a specific electric and/or electromagnetic signal that generates a field for regulating each gene in bone, cartilage and other tissue cells and that these specific signals are capable of specifically and selectively regulating the genes in such cells. In particular, gene expression governing the growth, maintenance, repair, and degeneration or deterioration of tissues or cells can be regulated in accordance with the invention via the application of fields generated by application of specific and selective electric and/or electromagnetic signals to field generating devices so as to produce a salutary clinical effect. Such discoveries are useful in the development of treatment methods that target certain medical conditions including osteoporosis, osteopenia, osteonecrosis, fresh bone fractures, fractures at risk, delayed union, nonunion, bone defects, spine fusion, and as an adjunct in the treatment of any one or more of the above conditions.

[0024] As used herein, the phrase “signal” is used to refer to a variety of signals including mechanical signals, ultrasound signals, electromagnetic signals and electric signals output by a device. It is to be understood that the term “field” as used herein refers to an electrical field within targeted tissue, whether it is a combined field or a pulsed electromagnetic field or generated by direct current, capacitive coupling or inductive coupling.

[0025] The phrase “remote” is used to mean acting, acted on or controlled from a distance. “Remote” regulation refers to controlling the expression of a gene from a distance. To provide “remotely” refers to providing from a distance. For example, providing a specific and selective signal from a remote source can refer to providing the signal from a source at a distance from a tissue or a cell, or from a source outside of or external to the body.

[0026] The phrase “specific and selective” signal means a signal that produces an electric field that has predetermined characteristics of amplitude, duration, duty cycle, frequency, and waveform that up-regulate or down-regulate a targeted gene or targeted functionally complementary genes (specificity). This allows one to choose different “specific and selective”

signals to up-regulate or down-regulate expression of various genes in order to achieve a given biological or therapeutic response (selectivity).

[0027] The term “regulate” means to control gene expression. Regulate is understood to include both up-regulate and down-regulate. Up-regulate means to increase expression of a gene, while down-regulate means to inhibit or prevent expression of a gene.

[0028] “Functionally complementary” refers to two or more genes whose expressions are complementary or synergistic in a given cell or tissue.

[0029] “Tissue” refers to an aggregate of cells together with their extracellular substances that form one of the structural materials of a patient. As used herein, the term “tissue” is intended to include any tissue of the body including muscle and organ tissue, tumor tissue as well as bone or cartilage tissue. Also, the term “tissue” as used herein may also refer to an individual cell.

[0030] “Patient” refers to an animal, preferably a mammal, more preferably a human.

[0031] The present invention provides treatment methods and devices that target certain tissues, cells or diseases. In particular, the gene expression associated with the repair process in injured or diseased tissues or cells can be regulated by the application of fields generated by electric signals that are specific and selective for the genes to be regulated in the target tissues or cells. Gene expression can be up-regulated or down-regulated by the application of signals that are specific and selective for each gene or each set of complementary genes so as to produce a beneficial clinical effect. For example, a particular specific and selective signal may create an electric field that up-regulates a certain desirable gene expression, while the same or another particular specific and selective signal may create an electric field that down-regulates a certain undesirable gene expression. A certain gene may be up-regulated by a field generated by one particular specific and selective signal and down-regulated by a field generated by another specific and selective signal. Those skilled in the art will understand that certain diseased or injured tissues can be targeted for treatment by regulating those genes governing the growth, maintenance, repair, and degeneration or deterioration of the tissues.

[0032] The methods and devices of the present invention are based on identifying those signals that generate fields that are specific and selective for the gene expression associated with certain targeted diseased or injured tissue. For example, fields of electricity applied in various forms (e.g., capacitive coupling, inductive coupling, or combined fields) can specifically and selectively regulate gene expression in targeted tissues or cells in a patient’s body by varying the frequency, amplitude, waveform or duty cycle of the signal applied to the field generating device for generation of the applied field for each selected gene. The duration of time exposed to electric field can also influence the capability of the electric field to specifically and selectively

regulate gene expression in targeted tissues or cells in a patient's body. Specific and selective signals may generate electric fields for application to each gene systematically until the proper combination of frequency, amplitude, waveform, duty cycle, and duration is found that provides the desired effect on gene expression.

[0033] It is to be understood that a variety of diseased or injured tissues or disease states can be targeted for treatment because the specificity and selectivity of an electric field for a certain gene expression can be influenced by several factors. In particular, an electrical field generated from an electrical signal having the appropriate frequency, amplitude, waveform and/or duty cycle can be specific and selective for the expression of certain genes and thus provide for targeted treatments. Temporal factors (e.g., duration of time exposed to the electrical field) can also influence the specificity and selectivity of an electric field for a particular gene expression. The regulation of gene expression may be more effective (or made possible) via the application of an electrical field for a particular duration of time. Therefore, those skilled in the art will understand that the present invention provides for varying the frequency, amplitude, waveform, duty cycle and/or duration of application of an electric signal that generates an electric field until the electric field is found to be specific and selective for certain gene expressions in order to provide for treatments targeting a variety of diseased or injured tissue or diseases.

[0034] Thus, the present invention can provide for targeted treatments because it is possible to regulate expression of certain genes associated with a particular diseased or injured tissue via the application of electric fields generated by specific and selective signals of appropriate frequency, amplitude, waveform and/or duty cycle for an appropriate duration of time. The specificity and selectivity of a signal generating an electrical field may thus be influenced so as to regulate the expression of certain genes in order to target certain diseased or injured tissue or disease states for treatment. In particular, the present invention provides for the targeted treatment of osteoporosis, osteopenia, osteonecrosis, fresh bone fractures, fractures at risk, nonunion, bone defects, spine fusion, and as an adjunct in the treatment of one or any of the above conditions.

[0035] The devices of the present invention are capable of applying specific and selective signals to a field generating device for the generation of a specific and selective field that is applied directly to diseased or injured tissue and/or to the skin of a patient. The devices of the present invention may also provide for the remote application of specific and selective fields (e.g., application of a field at a distance from diseased or injured tissue yet which yields the desired effect within the targeted cells), although it will be appreciated that capacitively coupled

devices must touch the subject's skin. The devices of the present invention may include means for attaching the electrodes to the body of a patient in the vicinity of injured or diseased tissue in the case of capacitive coupling. For example, self-adherent conductive electrodes may be attached to the skin of the patient on both sides of a fractured bone. As shown in **Figure 6**, the device 10 of the present invention may include self-adherent electrodes 12 for attaching the device to the body of a patient. For example, the device 10 of the present invention may include electrodes attached to a power unit 14 that has a VELCRO[®] patch 16 on the reverse side such that the power unit 14 can be attached to a VELCRO[®] strap (not shown) fitted around a cast on the patient. In the case of inductive coupling, the device of the present invention may include coils attached to a power unit in place of electrodes. The self-adherent strip electrodes also may be attached to the back of a patient, with each electrode of a pair of electrodes running parallel to the spine, with one electrode of the pair of electrodes placed longitudinally on one side of the spine and the other electrode of the pair placed longitudinally on the opposite side of the spine. In this case, the VELCRO[®] patch may be part of a garment worn by the patient.

[0036] The device 10 of the present invention can be employed in a variety of ways. The device 10 may be portable or may be temporarily or permanently attached to a patient's body. The device 10 of the present invention is preferably non-invasive. For example, the device 10 of the present invention may be applied to the skin of a patient by application of electrodes adapted for contact with the skin of a patient for the application of electric fields generated by the predetermined specific and selective electric signals. Such signals may also be applied via coils in which time varying currents flow, thus producing specific and selective electromagnetic fields that penetrate the tissue and create the specific and selective electric fields in the target tissue. For example, the coils may be incorporated into the patient's clothing and placed adjacent the patient's spine and/or hip as described in US Patent No. 7,158,835. The device 10 of the present invention may also be capable of implantation in a patient, including implantation under the skin of a patient.

[0037] Those skilled in the art will further understand that the devices of the present invention can be provided in a variety of forms including a capacitively coupled power unit with programmed, multiple, switchable, specific and selective signals for application to one pair or to multiple pairs of electrodes, electromagnetic coils or a solenoid attached to a power unit with switchable, multiple, specific and selective signals, and an ultrasound stimulator with a power supply for generating specific and selective signals. Generally speaking, device preference is based on patient acceptance and patient compliance. The smallest and most portable unit available in the art at the present time is a capacitive coupling unit; however, patients with

extremely sensitive skin may prefer to use inductive coupling units. On the other hand, ultrasound units require the most patient cooperation, but may be desirable for use by certain patients.

Example

[0038] The invention is demonstrated in the following example, which is for purposes of illustration and is not intended to limit the scope of the present invention.

Materials and Methods

[0039] MC3T3-E1 bone cells (5×10^5 cells/cm²) were plated onto specially-modified Cooper dishes. The cells were grown for seven days with the medium changed just prior to beginning of the experimental condition. The experimental cell cultures throughout these studies were subjected to a capacitively coupled 60 kHz sine wave signal with an output of 44.81 V peak-to-peak. This produced a calculated-field strength in the culture medium in the dishes of 20 mV/cm with a current density of 300 μ A/cm². Control cell culture dishes were identical to those of the stimulated dishes except that the electrodes were not connected to a function generator.

[0040] At the end of the experiment, total RNA was isolated using TRIzol, according to the manufacturer's instructions, and reversed transcription (RT) using SuperScript II reverse transcriptase was performed. Oligonucleotide primers to be used in the real time RT-PCR technique were selected from published cDNA sequences or designed using the Primer Express software program. Quantitative real-time analysis of RT-PCR products was performed using an ABI Prism[®] 7000 Sequence Detection System.

[0041] The optimal signal for the desired up-regulation of the FGF-2 gene—among others—was found systematically as follows. An electrical signal known to cause creation of an electric field that increases (or even just suspected to increase) cellular production of a given protein is taken as the starting signal for determining the specific signal for generating the electric field in the targeted tissue for the gene expression (mRNA) of that protein. A dose-response curve is first performed by varying the amplitude of the signal while holding all the other signal characteristics constant (duration, duty cycle, frequency, and waveform) (**Figure 1**). This determines the optimal amplitude of the starting signal for the gene expression of that protein. A second dose-response curve is then performed, this time varying the duration of the electric field in the targeted tissue (in mV/cm) while holding the optimal amplitude and other signal characteristics constant (**Figure 2**). A third dose response is performed, this time varying the signal frequency while holding constant the optimal amplitude and optimal duration as found previously (**Figure 3**). A fourth dose-response is performed varying the duty cycle from 100%

(constant) to 10% or less while holding constant the optimal amplitude, duration, and frequency as found previously (**Figure 4**). By this method, an optimal signal is determined for producing the greatest increase in the gene expression of FGF-2. Of course, as evidence by the figures, other signals induce an increase in gene expression of FGF-2 as well; however, such signals are less preferable as they do not induce the identified optimized response.

[0042] A fifth experiment is performed using a continuous 50% duty cycle (capacitive coupling, 60 kHz, sine wave) to compare a 10 mV/cm field to a 20 mV/cm field to a 40 mV/cm field in the targeted tissue in the production of the FGF-2 protein. As indicated, the FGF-2 protein increased significantly in the 20 mV/cm and 40 mV/cm fields but not in the 10 mV/cm field (**Figure 5**).

[0043] The present invention clearly shows that the optimal electric field described in the example can very significantly up-regulate FGF-2 mRNA and, hence, increase bone formation in osteoporosis, osteopenia, osteonecrosis, fresh bone fractures, fractures at risk, nonunion, bone defects, spine fusion, and as an adjunct in the treatment of one or any of the above. Those skilled in the art will appreciate that an appropriate electric field, as described herein with capacitive coupling, is also equally effective with inductive coupling and all electromagnetic systems that produce equivalent, or nearly equivalent, electric field characteristics. Those skilled in the art will also appreciate that more unique signal characteristics may be discovered through more experimentation with more data points (e.g., a $100 \pm 3\%$ duty cycle for 30 ± 3 min), but such relatively minor variations in each of the signal characteristics are believed to be within the level of those skilled in the art given the teachings herein.

[0044] Those skilled in the art will also appreciate that numerous other modifications to the invention are possible within the scope of the invention. For example, the optimal field described herein can be applied to any bone via two or more appropriate surface electrodes, in pairs or strips, incorporated in braces, wraps, or casts, and delivered by means of capacitive coupling. Also, the optimal field described here can be applied to any bone via coil(s) or solenoid incorporated into braces, wraps, or casts, and delivered by means of inductive coupling. Accordingly, the scope of the invention is not intended to be limited to the preferred embodiment described above, but only by the appended claims.

What is Claimed:

1. A method of up-regulating the gene expression of fibroblastic growth factor-2 (FGF-2 mRNA) or FGF-2 protein production in targeted tissue, comprising:

generating at least one specific and selective signal having a frequency of approximately 60 kHz that when applied to electrodes, one or more coils, or other field generating devices operatively disposed with respect to said targeted tissue causes the generation of an electric and/or electromagnetic field having an amplitude of approximately 20 to 40 mV/cm in the targeted tissue that is specific and selective for the up-regulation of the gene expression of FGF-2 and/or the up-regulation of FGF-2 protein in the targeted tissue as measured by mRNA when said field is applied to the targeted tissue containing said FGF-2; and

exposing said targeted tissue to the specific and selective field generated by said electrodes, one or more coils, or other field generating devices upon application of said at least one specific and selective signal thereto for a duration of approximately 24 hours per 24 hour period at a predetermined duty cycle of 50% to 100% so as to selectively up-regulate the gene expression of FGF-2 as measured by mRNA and/or up-regulate FGF-2 protein in said targeted tissue.

2. The method of claim 1 wherein the generating step comprises the step of selectively varying the amplitude, duration, duty cycle, frequency, and waveform of the applied specific and selective signal until the gene expression of FGF-2 as measured by mRNA and/or FGF-2 protein in said targeted tissue as a result of exposure to the resultant specific and selective field in the targeted tissue is substantially increased.

3. The method of claim 1 wherein the generating step comprises the step of generating an electric signal having a sine wave configuration where the resultant specific and selective field in the targeted tissue has an amplitude of approximately 20 to 40 mV/cm.

4. The method of claim 1 wherein said generating step comprises the step of generating the specific and selective signal at a remote source and said exposing step comprises the step of applying the specific and selective field to targeted bone tissue.

5. The method of claim 4 wherein the exposing step comprises the step of applying the specific and selective field in the targeted tissue generated by the electrodes, one or more coils, or other field generating devices upon application of said at least one specific and selective signal thereto to the targeted bone tissue through capacitive coupling or inductive coupling.

6. The method of claim 5 wherein the specific and selective signal applied to said electrodes causes the electrodes to generate a capacitive coupling electric field, and the specific and selective signal applied to said one or more coils causes said one or more coils to generate an electromagnetic field or a combined field.

7. A method for treating conditions including osteoporosis, osteopenia, osteonecrosis, fresh bone fractures, fractures at risk, nonunion, bone defects, spine fusion, and as an adjunct in the treatment of one or any of said conditions to increase bone formation for conditions in which FGF-2 mRNA and/or FGF-2 protein has been implicated in a patient, comprising:

generating at least one specific and selective signal having a frequency of approximately 60 kHz that when applied to electrodes, one or more coils, or other field generating devices operatively disposed with respect to said targeted tissue causes the generation of an electric and/or electromagnetic field having an amplitude of approximately 20 to 40 mV/cm in the targeted tissue that is specific and selective for the up-regulation of the gene expression of FGF-2 and/or the up-regulation of FGF-2 protein in the targeted tissue as measured by mRNA when said field is applied to the targeted tissue containing said FGF-2; and

exposing said targeted tissue to the specific and selective field generated by said electrodes, one or more coils, or other field generating devices upon application of said at least one specific and selective signal thereto for a duration of approximately 24 hours per 24 hour period at a predetermined duty cycle of 50% to 100% so as to selectively up-regulate the gene expression of FGF-2 as measured by mRNA and/or up-regulate FGF-2 protein in said targeted tissue.

8. The method of claim 7 wherein the exposing step comprises the step of capacitively coupling or inductively coupling the specific and selective field to the targeted tissue.

9. The method of claim 7 wherein the exposing step comprises the step of applying either an electromagnetic field or a combined field to the targeted tissue.

10. The method of claim 7 wherein the generating step comprises the step of generating an electric signal having a sine wave configuration where the resultant specific and selective field has an amplitude of approximately 20 to 40 mV/cm in the targeted tissue.

11. The method of claim 7 wherein the generating step comprises the steps of starting with any electric signal that when applied to said electrodes, one or more coils, or other field

generating devices generates an electric and/or electromagnetic field that is known or thought to be effective on living cells, performing a first dose-response curve on the duration of stimulation of the field to determine an optimal duration; performing a second dose-response curve on the amplitude of the applied electric signal using the optimal duration as previously found to determine an optimal amplitude; performing a third dose-response curve on the frequency of the applied electric signal keeping the optimal duration and optimal amplitude as previously found to determine an optimal frequency; performing a fourth dose-response curve varying the duty cycle of the applied electric signal and keeping the optimal duration, amplitude, and frequency as previously found to determine an optimal duty cycle, and keeping the optimal duration, amplitude, frequency and duty cycle constant while varying the wave form until an optimal wave form for the up-regulation of the gene expression of FGF-2 as measured by mRNA and up-regulation of the FGF-2 protein in the tissue is found.

12. A device for the treatment of increase bone formation in osteoporosis, osteopenia, osteonecrosis, fresh bone fractures, fractures at risk, nonunion, bone defects, spine fusion, and as an adjunct in the treatment osteoporosis, osteopenia, osteonecrosis, fresh bone fractures, fractures at risk, nonunion, bone defects, spine fusion, and/or other conditions in which FGF-2 mRNA and/or FGF-2 protein has been implicated in a patient, comprising:

a signal source that generates at least one specific and selective signal having a frequency of approximately 60 kHz, said signal source controlling and varying duration of time of application of said at least one specific and selective signal for a duration of approximately 24 hours per 24 hour period at a predetermined duty cycle of 50% to 100%; and

electrodes, one or more coils, or other field generating devices connected to the signal source so as to receive said at least one specific and selective signal and that are operatively disposed with respect to targeted tissue, said electrodes, one or more coils, or other field generating devices upon receipt of said at least one specific and selective signal causing the generation of a specific and selective electric and/or electromagnetic field having an amplitude of approximately 20 to 40 mV/cm in the targeted tissue that is specific and selective for the up-regulation of the gene expression of FGF-2 and/or the up-regulation of FGF-2 protein in the targeted tissue as measured by mRNA when said field is applied to the targeted tissue containing said FGF-2.

13. The device of claim 12 further comprising a portable power unit that drives said signal source.

14. The device of claim 12 further comprising means for attaching the field generating device to the body of a patient in the vicinity of targeted bone tissue.

15. The device of claim 12 further comprising means for attaching the signal source to the body of a patient.

16. The device of claim 12 wherein the field generated by application of said at least one specific and selective signal to the electrodes, coils, or other field generating devices is applied to said targeted tissue via capacitive coupling or inductive coupling.

17. The device of claim 16 wherein the specific and selective signal has a sine wave configuration.

18. A method of increasing bone formation in patients having conditions including osteoporosis, osteopenia, osteonecrosis, fresh bone fractures, fractures at risk, nonunion, bone defects, spine fusion, and as an adjunct in the treatment of one or any of the such conditions in which FGF-2 protein has been implicated in a patient, comprising the step of exposing targeted bone tissue to the specific and selective field generated by the device of claim 12 so as to up-regulate gene expression of FGF-2 by measuring mRNA and increasing FGF-2 protein in the targeted bone tissue.

19. A method of determining a specific and selective signal that when applied to an electrode, one or more coils or other field generating device causes the generation of a field in targeted tissue that up-regulates FGF-2 mRNA and FGF-2 protein in the targeted tissue, comprising the steps of starting with a starting electric signal with a signal shape and frequency that when applied to said electrodes, one or more coils, or other field generating devices generates an electric and/or electromagnetic field that is known or thought to affect cellular production of FGF-2 mRNA and/or FGF-2 protein, selectively varying a duration of application of said starting signal until a duration that provides a most significant increase in production of FGF-2 mRNA and/or FGF-2 protein is found, selectively varying an amplitude of the starting signal until an amplitude that provides a most significant increase in production of FGF-2 mRNA and/or FGF-2 protein is found, selectively varying a duty cycle of the starting signal until a duty cycle that provides a most significant increase in production of FGF-2 mRNA and/or FGF-2 protein is found, and selectively varying an on-off interval of the duty cycle of the signal until an on-off interval that provides a most significant increase in production of FGF-2 mRNA and/or FGF-2 protein is found.

20. A method as in claim 19, comprising the further steps of selectively varying a frequency and waveform of said starting signal, keeping other signal characteristics constant, until a most significant increase in production of FGF-2 mRNA and/or FGF-2 protein is found.